



Food Assistance Resources (Hill District & Uptown)

Reducing your food costs can be a great assistance to balancing your household budget. Various food assistance programs, including SNAP and WIC, are available to support Allegheny County and Pittsburgh residents. Numerous food pantries provide free food, groceries, and meals to households. These services are provided by faith-based organizations, government agencies, and nonprofits. For more information on locations and services, please Call 412-460-3663 ext 655 or visit pittsburghfoodbank.org/find-food/get-help

Are you connected to SNAP Benefits?

SNAP allows you to purchase fresh fruits, vegetables, meats, dairy, canned goods, etc. in most grocery and convenience stores.

- The amount of benefits you receive depends on your income and housing expenses.
- If you qualify for Social Security benefits it is likely you will qualify for SNAP.
- SNAP benefits can now be used online with several grocery retailers.

Other Resources



Women Infants and Children (WIC)

WIC provides nutrition education, breastfeeding support, and healthy food vouchers to eligible pregnant women, new mothers, and young children in Pittsburgh. For more information and eligibility, call 1-800-942-9467.



Just Harvest

Just Harvest offers assistance with applying for SNAP, accessing public benefits, filing taxes, and combatting hunger. For more details and to connect with their services, visit justharvest.org



Greater Pittsburgh Community Foodbank

The Greater Pittsburgh Community Food Bank offers food assistance through pantries, meal programs, and senior food boxes. They also provide SNAP application support and nutrition education. To connect with services, visit pittsburghfoodbank.org or call 412-460-3663 for more information.



Neighborhood Resources

Uptown Partners of Pittsburgh Food Pantry

- 370 Lawn Street, Pittsburgh, PA 15213
- Weekly Distribution: Wednesday: 11 am - 6 pm and Thursday: 3 pm - 6 pm
- Phone: (412)-246-1688

Neighborhood Resilience Project

- 2038 Bedford Avenue, Pittsburgh, PA 15219
- Emergency Food Pantry: Provides monthly food assistance.
- Weekly Hot Meals: Served on Wednesdays.
- Bagged Lunches: Available on Saturdays.
- Small Lunches: Available Monday – Friday.
- For more information, visit neighborhoodresilience.org

Bethel AME Church – Fresh Market

- 2720 Webster Avenue, Pittsburgh, PA 15219
- Serves Hill District community members
- Food Distribution Second Monday of the Month from 3pm - 4:30pm
- Phone: 412-606-7217

