

NOVEMBER 2025



WCV Elementary

All Complete Breakfast Meals are Free of Charge for Students

Complete Breakfast includes: 1 cup Milk

1 cup Fruit and/or 100% Juice

1 to 2 Grain servings

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>3 Cereal Bar</p>	 <p>4 Warm Mini Cinni</p>	 <p>5 Cold Cereal</p>	 <p>6 Mini French Toast</p>	 <p>7 Yogurt With Graham Crackers</p>
 <p>10 Cold Cereal</p>	<p>11 NO SCHOOL</p>	<p>12 Whole Grain Glazed Donut Holes</p>	<p>13 Cream Cheese Stuffed Bagels</p>	 <p>14 Cereal Bar</p>
 <p>17 Whole Grain Muffin</p>	<p>18 Frudel</p>	<p>19 Yogurt With Graham Crackers</p>	<p>20 Warm Mini Cinni</p>	 <p>21 Cold Cereal</p>
 <p>24 Cereal Bar</p>	<p>25 Mini French Toast</p>	<p>26 NO SCHOOL</p>	<p>27 NO SCHOOL</p>	 <p>28 NO SCHOOL</p>

Meals are being provided as "Grab and Go" to Elementary students as they arrive at School

Menu is Subject to Change

WCV and USDA are equal opportunity providers and employers

Monday

Tuesday

Wednesday

Thursday

Friday



3

Breaded Chicken Drumsticks
Seasoned Rice
Cut Green Beans
Fruit of the Day

4

Taco on Crunchy Shells
Variety of toppings
Refried Beans Corn
Fruit of the Day

5

Grilled Cheese Sandwich
French Fries
Celery Sticks
Fruit of the Day

6

Big Daddy Pizza
Mixed Greens Salad
Carrot sticks
Fruit of the Day

7

Burger on WG Bun
Mini Pretzels
Mixed Vegetables
Fruit of the Day

10

Chicken Tenders
Tater Tots
Green Peas
Fruit of the Day

NO SCHOOL

11

Brunch Lunch
Mini Waffles
Hash Brown Carrot sticks
Yogurt Cup
Fruit of the Day

12

Tony's Cheese Pizza
Tossed Salad
Cucumber Slices
Fruit of the Day

13

BBQ Pork Rib on WG Bun
Sweet Potato Fries
Corn
Fruit of the Day

14

17

Chicken Ranch Wraps
w/lettuce+Cheese
Crinkle Fries
California Mixed Veggies
Fruit of the Day

18

Macaroni & Cheese
Steamed Broccoli
WG Dinner Roll
Fruit of the Day

19

Cheese Pizza Sticks
Marinara Dipping Sauce
Tossed Salad
Fruit of the Day

20

Holiday Meal
Turkey in Gravy
Mashed Potatoes
Green Beans Dinner Roll
Variety Pie

21

Burger on WG Bun
WG Chips
Celery Sticks Baked Beans
Fruit of the Day

24

**½ Day
NO LUNCH**

25

**½ Day
NO LUNCH**

26

NO SCHOOL

27

NO SCHOOL

28

NO SCHOOL

**Variety of Fresh or canned Fruits and Juices available daily
**Fresh Garden Salads offered on Tues/Wed/Thurs as available
**Peanut Butter+Jelly and rotating variety of cold sandwiches offered Daily

Snacks and A la Carte items sold separately
WCV and USDA are equal opportunity
Employers and Providers

Menu Subject to Change

Lunches that do not meet "Complete" standards will be charged as A la Carte

NOVEMBER 2025

WCV Middle/High School

All Complete Breakfast Meals are Free of Charge for Students

Complete Breakfast includes: 1 cup Milk
1 cup Fruit and/or 100% Juice
2 Grain servings

Monday

Tuesday

Wednesday

Thursday

Friday



Cereal Bar 3	Breakfast Pizza 4	Cold Cereal 5	Breakfast Sandwich 6	Yogurt With Graham Crackers 7
Cold Cereal 10	NO SCHOOL 11	Warm Donut Holes 12	Breakfast Sandwich 13	Cream Cheese Stuffed Bagel 14
Whole Grain Muffin 17	Breakfast Pizza 18	Warm Mini Cinni 19	Frudel 20	Cold Cereal 21
Cereal Bar 24	French Toast Sticks 25	NO SCHOOL 26	NO SCHOOL 27	NO SCHOOL 28

Breakfast is available from 7:25-8:00 am in High School Cafeteria

Menu is Subject to Change

WCV and USDA are equal opportunity providers and employers





NOVEMBER 2025

WCV Middle/High School

All Complete Lunches are Free of Charge for Students

Complete Lunch Includes at least 3 items

(one must be Fruit or Veg)

Choices of Fruit and Veg, Whole Grains, Meat or Meat Alt., 1% or Chocolate Fat Free Milk

Monday

Tuesday

Wednesday

Thursday

Friday

3
 Breaded Chicken Drumstick
 Seasoned Rice
 Cut Green Beans
 Fruit of the Day

4
 Taco on Crunchy Shell
 Variety of toppings
 Refried Beans Corn
 Fruit Crisp

5
 Grilled Cheese Sandwich
 French Fries
 Celery Sticks
 Fruit of the Day

6
 Homemade Pizza
 Mixed Greens Salad
 Carrot Sticks
 Fruit of the Day
 Oatmeal Raisin Cookie

7
 Burger on WG Bun
 Lettuce/Tomato Slices
 Mini Pretzels
 Mixed Vegetables
 Fruit of the Day

10
 Chicken Tenders
 Tater Tots Peas
 WG Dinner Roll
 Fruit of the Day

11
NO SCHOOL

12
Brunch Lunch
 Baked Egg/Potato Casserole
 Warm Bagel
 Carrot Sticks
 Fruit of the Day

13
 Tony's Cheese Pizza
 Tossed Salad
 Cucumber Slices
 Fruit of the Day

14
 BBQ Pork Rib
 on WG Kaiser Bun
 Sweet Potato Fries
 Corn
 Fruit of the Day

17
 Chicken Ranch Wrap
 With Lettuce/Cheese
 Seasoned Potato Wedges
 Mixed Vegetables
 Fruit of the Day

18
 Baked Macaroni & Cheese
 Steamed Broccoli
 WG Dinner Roll
 Yogurt/Fruit Parfait

19
 Cheese Pizza Sticks
 Marinara Dipping Sauce
 Tossed Salad
 Fruit of the Day

20
Holiday Meal
 Turkey in Gravy
 Mashed Potatoes
 Green Beans Dinner Roll
 Assorted Pie

21
 Burger on WG Bun
 Lettuce/Tomato Slices
 WG Chips Baked Beans
 Celery Sticks
 Fruit of the Day

24
 Popcorn Chicken Bowls
 Mashed Potatoes
 Corn WG Dinner Roll
 Fruit of the Day

25
 Ham & Cheese Melts
 Mini Pretzels
 Green Beans
 Fruit of the Day

26
NO SCHOOL

27
NO SCHOOL

28
NO SCHOOL

**Variety of Fresh or canned Fruits and Juices available daily

Snacks and A la Carte items sold separately

Menu Subject to Change

Fresh **Garden Salads offered on Tues/Wed/Thurs as available

WCV and USDA are Equal Opportunity Employers and Providers

*Peanut Butter+Jelly and rotating variety of cold **sandwiches** offered

**** LUNCHES not meeting the Complete Meal standards will be charged as A la Carte ****



2025

NOVEMBER

WCV Pre-K Breakfast and Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cereal Bar Breaded Chicken Drumstick Seasoned Rice Green beans Fruit of the Day	4 Muffin Top Taco Tortilla Chips Corn Fruit of the Day	5 Cold Cereal Grilled Cheese Sandwich Tomato Soup Fruit of the Day	6 Mini French Toast Big Daddy Pizza Tossed Salad Fruit of the Day	7 Yogurt and Graham Crackers Ham and Cheese Sticks Mini Pretzels Carrot Sticks Fruit of the Day
10 Cold Cereal Chicken Tenders Tater Tots Fruit of the Day	11 <p style="text-align: center;">NO SCHOOL</p>	12 Whole Grain Donut Holes <u>BRUNCH Lunch</u> Mini Waffles Yogurt Hash Brown Potato Fruit of the Day	13 Whole Grain Muffin Big Daddy Pizza Sliced Cucumbers Fruit of the Day	14 Cereal Bar Turkey and Cheese Sticks Dinner Roll Corn Fruit of the Day
17 Muffin Top Chicken Nuggets French Fries Fruit of the Day	18 Cold Cereal Macaroni & Cheese Broccoli Dinner Roll Fruit of the Day	19 Yogurt and Graham Crackers Ham and Turkey Roll ups WG Goldfish Pretzels Tossed Salad Fruit of the Day	20 Mini French Toast Turkey Dinner with Mashed Potatoes And Gravy Green Beans Dinner Roll Pie	21 Cold Cereal Smucker's Uncrustable PBJ French Fries Fruit of the Day
24 Cereal Bar <p style="text-align: center;">½ Day NO LUNCH</p>	25 French Toast Sticks <p style="text-align: center;">½ day NO LUNCH</p>	26 <p style="text-align: center;">NO SCHOOL</p>	27 <p style="text-align: center;">NO SCHOOL</p>	28 <p style="text-align: center;">NO SCHOOL</p>

All Complete Meals are Free of Charge for All Pre K Students **Complete Meals Include:**

Breakfast Meals: ¾ c. 1% Milk, ½ c. 100% Juice or Fruit, ½ Svg Grain

Lunch Meals: ¾ c. 1% Milk, 1.5–3 oz. Meat/meat alt, ¼ c. Vegetable, ¼ c. Fruit, ½ serving Grain

All Pre K students will be offered the meals each day.