



Parent Training

DCIU Teaching and Learning

Understanding Executive Function: Helping Your Child Stay Focused, Organized, and in Control

November 13, 2025

6:00-8:00 p.m.

Via Zoom

Presenter: Rebecca Sitman, Teaching and Learning Specialist

This workshop will explore the executive function challenges commonly experienced by students. Areas of focus will include attention, focus, emotional regulation, task initiation, and organization. Participants will also examine coping strategies and supports designed to address executive functioning deficits and their impact on both schoolwork and homework.

Please register for this session by **November 12, 2025 at 4:00 p.m.** by clicking the link below

Register at <https://www.dciu.org/ParentTrainings>

Zoom link will be sent the day before the training.

**** The content of this workshop is geared toward parents. There will be no Act 48 or continuing education credit offered if a professional chooses to attend this workshop.**

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