

2025

# NOVEMBER

## Hanover



| MONDAY    | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|-----------|---|--|--|--|
| <b>3</b>  | Cereal w/ yogurt, blueberries, and milk<br><br>Hot ham and cheese sandwich w/ baked beans, fruit and milk         | <b>5</b><br>Scrambled eggs w/ sausage, biscuit, fruit and milk<br><br>Spaghetti w/ meat sauce, garlic bread, salad bar, fruit and milk | <b>6</b><br>Pancakes w/ sausage, fruit and milk<br><br>Taco chicken soup w/ tortilla strips, salad bar, fruit and milk   | <b>7</b><br>Biscuits and sausage gravy w/ fruit and milk<br><br>Chicken and cheese quesadilla w/ rice and taco bar, fruit and milk |
| <b>10</b> | <b>11</b><br>French toast w/ sausage, fruit and milk<br><br>HB or CB, fries, veggies, salad bar, fruit and milk   | <b>12</b><br>Cheese Omelet w/ sausage, fruit and milk<br><br>Corn Dog w/ macaroni and cheese, broccoli, fruit and milk                 | <b>13</b><br>Breakfast sandwich w/ fruit and milk<br><br>BBQ Chicken sandwich w/ chips, fruit, salad bar, fruit and milk | <b>14</b><br>Assorted muffins w/ yogurt, fruit and milk<br><br>Sub sandwich w/ chips, fruit and milk                               |
| <b>17</b> | <b>18</b><br>Assorted strudel w/ sausage, fruit and milk<br><br>Grilled cheese w/ soup, salad bar, fruit and milk | <b>19</b><br>Breakfast pizza, fruit and milk<br><br>Chicken Alfredo w/ garlic bread, salad bar, fruit and milk                         | <b>20</b><br>Waffles w/ sausage, fruit and milk<br><br>Chili w/ cornbread, salad bar, fruit and milk                     | <b>21</b><br>Cereal w/ yogurt, fruit and milk<br><br>Turkey w/ mashed pots and gravy, green beans, roll, salad bar, fruit and milk |
| <b>24</b> | <b>25</b><br><br>Thanksgiving Break   | <b>26</b><br><br>Thanksgiving Break  | <b>27</b><br><br>Thanksgiving Break  | <b>28</b><br><br>Thanksgiving Break  |

At breakfast, we always serve a hot meal along with a cold option of cereal, muffin, or bagel with a cheese stick, fruit, and juice. All lunches are provided with whole grains, fresh fruit, vegetables, and access to a salad bar. If your child has a severe or life-threatening allergy, please notify the school nurse and Nutrition Director. You must fill out a meal modification form and have it signed by a doctor. The top nine allergens are: milk, eggs, peanuts, soy, wheat, tree nuts, fish, shellfish, and crustaceans.