

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/05/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Mini Pizza Bagels - TR1665 (3 ea.)	40	195.00	6.75	3.75	0.00	15.00	420.00	18.00	3.00	3.00	0.00	15.75	1.35	262.50	562.50	4.50	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	5	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	5	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Apple Red Delicoius - TR1420 (1 ea.)	5	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	15	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/05/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Mini Pizza Bagels - TR1665 (3 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Apple Red Delicoius - TR1420 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Generated on: 10/28/2025 11:46:29 AM by Kevin White

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/05/2025																			
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	75	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/06/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chicken & Waffles - TR2047 (1 serv.)	20	210.00	9.50	1.50	0.00	40.00	335.00	22.00	1.00	3.00	0.00(M)	12.00	1.36	31.00	43.00	47.00	0.01(M)	180.00 (M)	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00

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Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/05/2025	
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/06/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chicken & Waffles - TR2047 (1 serv.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/06/2025																			
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00

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Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/06/2025	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/06/2025																			
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/07/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	25	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/06/2025	
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/07/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/07/2025																			
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	15	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Chilled Peaches - TR1504 (1/2 c.)	15	67.83	0.00	0.00	0.00	0.00	11.30	15.83	0.00	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/10/2025																			
Whole Grain Biscuit - TR1006 (1 ea.)	40	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/07/2025	
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/10/2025	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/10/2025																			
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Turkey Sausage - TR1283 (1 ea.)	40	58.54	3.90	0.98	0.00	29.27	78.05	0.00	0.00	0.00	(M)	5.85	0.70	19.51	0.00	0.00	(M)	(M)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	15	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Chilled Peaches - TR1505 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	75	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese American sliced - TR1209 (1 ea.)	20	35.00	2.00	1.00	0.00	5.00	105.00	2.00	0.00	1.00	(M)	7.00	0.00	200.00	300.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/10/2025	
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Turkey Sausage - TR1283 (1 ea.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Cheese American sliced - TR1209 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/10/2025																			
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/11/2025																			
Croissant - TR1953 (1 ea.)	0	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Egg Patty - TR2020 (1 ea.)	0	60.00	4.00	1.00	0.00	0.00	110.00	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR1805 (1 ea.)	0	103.83	8.07	2.43	0.00	137.50	204.83	2.73	0.00	0.83	0.00(M)	9.03	0.00	166.67	250.00	0.00	0.00(M)	0.00(M)	0.00(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/10/2025	
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/11/2025	
Croissant - TR1953 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Egg Patty - TR2020 (1 ea.)	0.00
Egg Patty - TR1805 (1 ea.)	0.00(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/11/2025																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	20	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	5.42	13.00	2.17	13.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese American sliced - TR1209 (1 ea.)	0	35.00	2.00	1.00	0.00	5.00	105.00	2.00	0.00	1.00	(M)	7.00	0.00	200.00	300.00	0.00	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/11/2025	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Chilled Pears - TR1508 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Cheese American sliced - TR1209 (1 ea.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/12/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Mini Pizza Bagels - TR1665 (3 ea.)	40	195.00	6.75	3.75	0.00	15.00	420.00	18.00	3.00	3.00	0.00	15.75	1.35	262.50	562.50	4.50	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	5	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	5	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Apple Red Delicoius - TR1420 (1 ea.)	5	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	15	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/12/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Mini Pizza Bagels - TR1665 (3 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Apple Red Delicioius - TR1420 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/12/2025																			
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	75	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/13/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chicken & Waffles - TR2047 (1 serv.)	20	210.00	9.50	1.50	0.00	40.00	335.00	22.00	1.00	3.00	0.00(M)	12.00	1.36	31.00	43.00	47.00	0.01(M)	180.00 (M)	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/12/2025	
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/13/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chicken & Waffles - TR2047 (1 serv.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/13/2025																			
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/13/2025	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/13/2025																			
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/14/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	25	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/13/2025	
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/14/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/14/2025																			
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	15	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Chilled Peaches - TR1504 (1/2 c.)	15	67.83	0.00	0.00	0.00	0.00	11.30	15.83	0.00	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/17/2025																			
Whole Grain Biscuit - TR1006 (1 ea.)	40	210.00	10.00	6.00	0.00	0.00	370.00	26.00	2.00	3.00	(M)	4.00	1.44	100.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/14/2025	
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/17/2025	
Whole Grain Biscuit - TR1006 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/17/2025																			
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Turkey Sausage - TR1283 (1 ea.)	40	58.54	3.90	0.98	0.00	29.27	78.05	0.00	0.00	0.00	(M)	5.85	0.70	19.51	0.00	0.00	(M)	(M)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	15	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Chilled Peaches - TR1505 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	75	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese American sliced - TR1209 (1 ea.)	20	35.00	2.00	1.00	0.00	5.00	105.00	2.00	0.00	1.00	(M)	7.00	0.00	200.00	300.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/17/2025	
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Turkey Sausage - TR1283 (1 ea.)	(M)
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Cheese American sliced - TR1209 (1 ea.)	(M)

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Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/17/2025																			
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/18/2025																			
Croissant - TR1953 (1 ea.)	0	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Egg Patty - TR2020 (1 ea.)	0	60.00	4.00	1.00	0.00	0.00	110.00	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Egg Patty - TR1805 (1 ea.)	0	103.83	8.07	2.43	0.00	137.50	204.83	2.73	0.00	0.83	0.00(M)	9.03	0.00	166.67	250.00	0.00	0.00(M)	0.00(M)	0.00(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Monday Biscuit - ServingDate: 11/17/2025	
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/18/2025	
Croissant - TR1953 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Egg Patty - TR2020 (1 ea.)	0.00
Egg Patty - TR1805 (1 ea.)	0.00(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/18/2025																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	20	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Chilled Pears - TR1508 (1/2 c.)	15	65.00	0.00	0.00	0.00	0.00	5.42	13.00	2.17	13.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Cheese American sliced - TR1209 (1 ea.)	0	35.00	2.00	1.00	0.00	5.00	105.00	2.00	0.00	1.00	(M)	7.00	0.00	200.00	300.00	0.00	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Tuesday HASH - ServingDate: 11/18/2025	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Banana - TR1056 (1 ea.)	0.00
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Chilled Pears - TR1508 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Cheese American sliced - TR1209 (1 ea.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/19/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Mini Pizza Bagels - TR1665 (3 ea.)	40	195.00	6.75	3.75	0.00	15.00	420.00	18.00	3.00	3.00	0.00	15.75	1.35	262.50	562.50	4.50	0.00	0.00	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	5	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	5	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Apple Red Delicoius - TR1420 (1 ea.)	5	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	15	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/19/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Mini Pizza Bagels - TR1665 (3 ea.)	0.00
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Apple Red Delicioius - TR1420 (1 ea.)	(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/19/2025																			
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	75	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/20/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Lucky Charms - TR1430 (1 bowl)	10	210.00	2.50	0.00	0.00	0.00	350.00	46.00	3.00	20.00	(M)	4.00	9.00	150.00	1000.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chicken & Waffles - TR2047 (1 serv.)	20	210.00	9.50	1.50	0.00	40.00	335.00	22.00	1.00	3.00	0.00(M)	12.00	1.36	31.00	43.00	47.00	0.01(M)	180.00 (M)	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Wednesday Pizza - ServingDate: 11/19/2025	
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/20/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Lucky Charms - TR1430 (1 bowl)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chicken & Waffles - TR2047 (1 serv.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/20/2025																			
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	10	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	15	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Orange Wedges - TR1057 (1 ea.)	15	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/20/2025	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/20/2025																			
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/21/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	210.00	5.00	0.50	0.00	0.00	320.00	44.00	7.00	11.00	11.00	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	5	220.00	3.00	0.00	0.00	0.00	230.00	47.00	3.00	12.00	12.00	3.00	9.00	200.00	1250.00	12.00	6.00	190.00	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	25	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	5	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	5	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	5	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Thursday Chix & Waffle - ServingDate: 11/20/2025	
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/21/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/21/2025																			
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	20	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	15	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	20	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	20	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Chilled Peaches - TR1504 (1/2 c.)	15	67.83	0.00	0.00	0.00	0.00	11.30	15.83	0.00	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	60	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: High School
Menu Line: STAR Academy Line
Serving Group: 9-12
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - November, 2025

Site: TOMBALL STAR ACADEMY
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Breakfast HS STAR Friday Donut - ServingDate: 11/21/2025	
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)