

Parental Controls That Work: A Guide for Grand Island Families

Android Devices (Google Family Link - Most Android Phones & Tablets)

1. Download Google Family Link from the Google Play Store (for both parent and child devices).
2. Link your Google Account to your child's device during setup.
3. Use the Family Link app to:
 - Set daily screen time limits for each day of the week.
 - Create a bedtime or lockout period (e.g., 9 PM - 7 AM).
 - View and approve or block app downloads from the Play Store.
 - Remotely lock your child's phone with one tap.
4. Set content filters:
 - Block explicit sites in Chrome via SafeSearch.
 - Restrict YouTube content using 'YouTube Kids' or set up Restricted Mode.
 - Set filters for Google Assistant and Play Store content ratings.
5. View daily/weekly activity reports of time spent in each app.
6. Share location through Family Link so you can see where the device is.
7. Prevent removal of Family Link by securing device admin settings and using a passcode.

Conversation Starters for Families

For Ages 8-11:

- What apps or games do you enjoy most? Can you show me how they work?
- What would you do if someone you don't know tried to chat with you online?

For Ages 12-14:

- Have you ever seen something online that made you uncomfortable?
- How do your friends talk about people they meet online?

For Ages 15+:

- Do you know anyone who hides apps or uses secret accounts? Why do you think they do that?
- What's your plan if someone online asks to meet in real life?
- How can we work together to make sure you stay safe without feeling micromanaged?