

Parental Controls That Work: A Guide for Grand Island Families

Snapchat Safety Tips

1. Enable 'Ghost Mode' in Snap Map to prevent location tracking.
2. Set 'Who Can Contact Me' to 'My Friends' under Privacy Settings.
3. Turn off 'Quick Add' to prevent being suggested to strangers.
4. Review 'My Eyes Only' - used to hide snaps with a PIN code.
5. Discuss 'disappearing messages' and the risk of screenshotting without permission.
6. Report/block suspicious or unknown contacts directly from the chat screen.

TikTok Safety Tips

1. Set the account to Private under Profile > Settings > Privacy.
2. Use 'Family Pairing' to link parent and teen accounts for control.
3. Limit who can comment, duet, stitch, or message to 'Friends' or 'No one'.
4. Use Digital Wellbeing to enable screen time limits and Restricted Mode.
5. Talk about viral challenges and the importance of using sound judgment.

Instagram Safety Tips

1. Set the account to Private (Settings > Privacy > Account Privacy).
2. Review who can tag or mention the child.
3. Restrict who can message your child or react to their stories.
4. Enable comment filters to block harmful language.
5. Use 'Supervision' tools to monitor time and activity with linked accounts.
6. Discuss 'finstas' (fake Instagrams) and maintaining honesty about online identity.