



Calhoun County Schools Choking/LifeVac Protocol



- Always follow established choking rescue protocols approved by the American Red Cross and the American Heart Association before considering other interventions, as these protocols have a high rate of success and can be carried out immediately without devices, saving valuable time.
- Choking rescue protocols should only be used when there is complete airway block or the person is unable to cough because interventions (such as back blows) could convert a partial airway block (which choking victims are usually able to clear on their own) to a complete airway block.
- If you choose to use an anti-choking device, only after established choking rescue protocols have failed. The safety and effectiveness of over-the-counter anti-choking devices have not been established.