

**BREAKFAST:** Student: Free • Adult: a la carte

**LUNCH:** Student \$3.40 • Adult: \$5.75

**BREAKFAST:** Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.



# **BREAKFAST** Swirled Breakfast Roll OR

Pop Tart & Cereal Raisels, Fruit Juice

## LUNCH Hamburger/ Cheeseburger OR

Cheese Pizza Crunchers w/ Marinara Dip **Baked Beans** French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice

#### **BREAKFAST** 5 Baked Muffin

OR Pop Tart & Cereal

Fruit, Fruit Juice

## LUNCH

Chicken Tenders

Chicken Fried Steak Wheat Roll OR

Grilled Cheese Sandwich Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice

#### 6 **BREAKFAST**

Mini French Toast OR

Pop Tart & Cereal Raisels, Fruit Juice

#### LUNCH Beef Lasagna OR

**Breaded Chicken** Drumstick Garlic Breadstick OR

Yogurt Meal Steamed Broccoli Corn on the Cob Fresh Vegetable of the Day Fruit Cup, Fruit Juice

# **BREAKFAST**

Pancake/Sausage Sandwich

OR Pop Tart & Cereal Raisels Fruit Juice

#### LUNCH

Pepperoni Pizza/ Cheese Pizza

Fish Nuggets w/ Hushpuppies Whole Kernel Corn Sidewinder Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice

#### 10 **BREAKFAST** Cinnamon Toast

Crunch Filled Bar OR Pop Tart & Cereal

Raisels, Fruit Juice

#### LUNCH

Beef/Cheese Nachos OR

**Breaded Chicken** Sandwich

OR Yogurt Meal Refried Beans **Tater Tots** Fresh Vegetable

of the Day Fruit Cup Fruit Juice

# **BREAKFAST**

Breakfast Pizza **OR** Pop Tart & Cereal

Fruit, Fruit Juice

# LUNCH

Hamburger/ Cheeseburger OR

Cheese Bites w/ Marinara Dip OR

Turkey/Cheese Lunch Pak Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice

#### 12 **BREAKFAST**

Mini Donut Rounds

OR Pop Tart & Cereal Raisels, Fruit Juice

#### LUNCH

Chicken Nuggets OR

Steak Fingers Wheat Roll

OR **Grilled Cheese** Sandwich **Mashed Potatoes** w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice

#### 13 **BREAKFAST**

**Breakfast Burrito** w/ Eggs & Sausage OR

Pop Tart & Cereal Raisels Fruit Juice

#### LUNCH

Spaghetti w/ Meat Sauce & Wheat Roll

OR Strawberry Yogurt Parfait w/ Muffin Bahama Blend Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice

#### 14 **BREAKFAST**

Chocolate Filled Crescent OR

Pop Tart & Cereal Raisels Fruit Juice

#### LUNCH

Pepperoni Pizza/ Cheese Pizza OR

Crispy Orange Chicken w/ Seasoned Rice Corn on the Cob Smile Potatoes Fresh Vegetable of the Day Fruit Cup Fruit Juice

\*Contains Pork

Menu Subject to change due to product availability



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-17-128-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agricul-Independent School District ture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax:(833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.



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# BREAKFAST Mini Waffles

Pop Tart & Cereal Raisels Fruit Juice

## LUNCH

Pepperoni Calzone/ Cheese Calzone w/ Mariniara Sauce OR

Popcorn Chicken w/ Biscuit & Cream Gravy California Blend Sidewinder Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice

#### 18 BREAKFAST Yogurt Cup

& Graham's OR Pop Tart & Cereal Raisels, Fruit Juice

## LUNCH

Hamburger/ Cheeseburger OR

Corn Dog OR

Grilled Cheese Sandwich Baked Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice

# **BREAKFAST**

Sliced Pumpkin Bread OR

Pop Tart & Cereal Raisels Fruit Juice

## LUNCH

Macaroni and Cheese w/ Garlic Toast OR

**Breaded Chicken** Sandwich Steamed Broccoli Smile Potatoes

Fresh Vegetable of the Day Fruit Cup Fruit Juice

# BREAKFAST

**Pull Apart Donut** 

Pop Tart & Cereal Raisels, Fruit Juice

## LUNCH

Oven Roasted **Turkey Breast** ÓR

Chicken Tenders Wheat Roll

OR Yogurt Meal Cornbread Stuffing Mashed Potatoes and Gravy Green Beans Fruit Cup Fruit Juice Holiday Treat

## BREAKFAST

**Breakfast** on a Stick OR

Pop Tart & Cereal Raisels Fruit Juice

#### LUNCH

Pepperoni Pizza/ Cheese Pizza

OR

**BBQ** Beef Rib Sandwich Whole Kernel Corn

Tater Tots Fresh Vegetable of the Day Fruit Cup Fruit Juice

# NOW HIPING FOR CAFETERIA SPECIALISTS

JOIN OUR TEAM TODAY! CHILD NUTRITION SERVICES IS HIRING for cafeteria specialist

· COMPETITIVE PAY · FLEXIBLE WORK HOURS



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