

JUNIOR HIGH

menu

2025

BREAKFAST: Student \$2.25 • Adult: a la carte **LUNCH:** Student \$3.75 • Adult: \$5.75

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk. **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.

 <p>NO SCHOOL</p>	<p>4 BREAKFAST Chocolate Filled Crescent OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Oven Fried Chicken Drumstick w/ Garlic Toast OR Blueberry Yogurt Parfait w/ Muffin California Blend French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>5 BREAKFAST Mini Cinnis OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Tenders OR Chicken Fried Steak Wheat Roll OR Strawberry Yogurt Parfait w/ Muffin OR Italian Sub Sandwich Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>6 BREAKFAST Chicken Biscuit Sandwich OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Soft Beef Tacos w/ Mexican Rice OR Crispy Chicken Sandwich OR Grilled Cheese Sandwich OR Turkey/Cheese Wrap Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>7 BREAKFAST Bagel filled w/ Cream Cheese OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Sweet Red Chili Crispy Chicken Bites w/ Wheat Roll OR Cold Cut Sub Sandwich OR Buffalo Chicken Wrap Whole Kernel Corn French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>
<p>10 BREAKFAST Cinnamon Crumb Loaf OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Beef/Cheese Nachos OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>11 BREAKFAST Breakfast Pizza OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/Cheeseburger OR Cheese Pizza Crunchers w/ Marinara Dip OR Buffalo Chicken Salad w/ Flatbread OR *Turkey Club Wrap Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>12 BREAKFAST Glazed Donut & String Cheese OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Nuggets OR Steak Fingers Wheat Roll OR Ham/Cheese Sub Sandwich OR Fruit/Cheese Plate w/ Muffin Mashed Potatoes w/Cream Gravy Green Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>13 BREAKFAST Waffles w/ Strawberries/Cream OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Chicken Alfredo OR Turkey/Ham & Cheese Salad Wheat Roll OR BBQ Beef Rib Sandwich OR Blueberry Yogurt Parfait w/ Muffin Bahama Blend French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p>14 BREAKFAST French Toast w/ Sausage Link OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Pepperoni Pizza/Cheese Pizza OR Chili Frito Pie w/ Garlic Toast OR Crispy Chicken Wrap OR Italian Sub Sandwich Corn on the Cob Tater Tots Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>

*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability

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<p>17 BREAKFAST Cinnamon Roll & String Cheese OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Chicken Tamales w/ Mexican Rice OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>18 BREAKFAST Breakfast Taco w/ Scr. Eggs & Bacon Tater Tots OR Pop Tart & Cereal Raisels, Fruit Juice</p> <p>LUNCH Hamburger/ Cheeseburger OR Breaded Mozzarella Cheese Sticks w/ Dip OR Crispy Chicken Caesar Salad w/ Flatbread OR Cold Cut Sub Sandwich California Blend French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p>19 BREAKFAST Sliced Breakfast Pumpkin Bread OR Toast & Cereal Raisels, Fruit Juice</p> <p>LUNCH Spaghetti w/ Meat Sauce & Garlic Breadstick OR Crispy Chicken Sandwich OR *Turkey Club Wrap OR Grilled Cheese Sandwich Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p>20 BREAKFAST Fruited Frudel OR Toast & Cereal Raisels Fruit Juice</p> <p>LUNCH Oven Roasted Turkey Breast OR Chicken Tenders Wheat Roll OR Blueberry Yogurt Parfait w/ Muffin Cornbread Stuffing Mashed Potatoes and Gravy Green Beans Fruit Cup Fruit Juice Holiday Treat</p>	<p>21 BREAKFAST Pancakes & Sausage Link OR Pop Tart & Cereal Raisels Fruit Juice</p> <p>LUNCH Pepperoni Pizza/ Cheese Pizza OR Corn Dogs OR Turkey/Cheese Sub Sandwich Whole Kernel Corn French Fries Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>
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CHILD NUTRITION SERVICES IS HIRING
for Cafeteria Specialist

• COMPETITIVE PAY • FLEXIBLE WORK HOURS



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