

Lakeland Hills Family YMCA

Youth Classes Ages 3 - 12 Years
October 27 - December 6

SWIM, GYM, & FUN

Ages 3-5

One-day and Two-day options

Prepare for success as staff assess each child's individual needs to help them thrive in school and make friends. Children will develop confidence, curiosity, communication skills, and a love for learning through art, music, social play, storytime, and physical activities. Please send a light snack and drink. Swimming lessons are now an optional add-on for parents who prefer not to include pool activities.

Tuesdays & Thursdays 9:00 - 11:00 am (no swim)

Members \$285 / Non-Members \$395

Add a 30-minute Swim Lesson per class for \$145

Wednesdays 8:45 - 10:45 am (no swim)

Members \$165 / Non-Members \$225

Add a 30-minute Swim Lesson per class for \$72

TUCK, TUMBLE & JUMP

Ages 3-5

Young children will be taught simple warm-ups, and then move into fun! Climb, jump, crawl, roll, and balance to improve strength, coordination, and flexibility

Wednesdays 3:45 - 4:15 PM

Wednesdays 4:15 - 4:45 PM

Members \$72 / Non-Members \$107



ROOKIE SPORTS

Ages 3-6

Learn a variety of sports and games! Sports skills, teamwork, and good sportsmanship will be taught through drills and gameplay.

Wednesdays 3:00 - 3:30 pm

Members \$72 / Non-Members \$107

ALL AROUND FUN!

