



NOVEMBER 2025

Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| <div>3</div> Chicken Fajitas with Soft Tortilla Sauteed Onions & Peppers (V) Mexican Rice Or Sunny Bar Fun Lunch (V) | <div>4</div> Marvelous Mac N' Cheese with Peas (V) Or Bagel Fun Lunch (V) | <div>5</div> American Chop Suey Roasted Ranch Broccoli Breadstick Or Fruit and Cheese Fun Lunch (V) | <div>6</div> Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V) | <div>7</div> Buttermilk Pancakes (V) Sausage, Real Maple Syrup Apple Cranberry Bake Or Muffin Fun Lunch (V) |
| <div>10</div> Chicken & Cheese Quesadilla Baked Beans, Honey Carrots Or Sunny Bar Fun Lunch (V) | <div>11</div> Veterans' Day No School | <div>12</div> "Sticks & Stones" Mozzarella Sticks & Saucy Meatballs (V) Veggie Pasta Salad Or Fruit and Cheese Fun Lunch (V) | <div>13</div> Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V) | <div>14</div> Crispy Chicken Tenders Roasted Baby Potatoes Buttered Corn Apple Cranberry Kale Salad |
| <div>17</div> Grilled Cheese (V) Tomato Soup Or Sunny Bar Fun Lunch (V) | <div>18</div> Muchos Nachos (V) Tortilla Chips with Seasoned Beef Or Bagel Fun Lunch (V) | <div>19</div> Chicken Parm or Eggplant Parm Sandwich (V) Smilie Fries Kale Caesar Salad Or Fruit and Cheese Fun Lunch (V) | <div>20</div> Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V) | <div>21</div> Cheese Omelet (V) Sausage, Hashbrown Potatoes Blueberry Muffin Or Muffin Fun Lunch (V) |
| <div>24</div> Pulled Pork BBQ Sandwich Mashed Sweet Potatoes Braised Beans and Greens Or Sunny Bar Fun Lunch (V) | <div>25</div> Saucy Lasagna Roll Ups (V) Garlicky Grean Beans Dinner Roll Or Bagel Fun Lunch (V) | <div>26</div> Early Dismissal Before Lunch | <div>27</div> Thanksgiving Recess NO SCHOOL | <div>28</div> Thanksgiving Recess NO SCHOOL |
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- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.

