



# NOVEMBER 2025

## Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>3</div> Chicken Fajitas with Soft Tortilla Sauteed Onions & Peppers (V) Salsa & Sour Cream Mexican Rice	<div>4</div> Marvelous Mac N' Cheese with Peas (V) Dinner Roll	<div>5</div> American Chop Suey Roasted Ranch Broccoli Breadstick	<div>6</div> Pizza Party! (V)	<div>7</div> Buttermilk Pancakes (V) Sausage, Real Maple Syrup Apple Cranberry Bake
<div>10</div> Kayem Lite Hot Dog On a Bun Or All Beef Hot Dog Baked Beans, Honey Carrots	<div>11</div> <b>Veterans' Day</b> <b>No School</b>	<div>12</div> <b>"Sticks &amp; Stones"</b> Mozzarella Sticks & Saucy Meatballs (V) Veggie Pasta Salad	<div>13</div> Pizza Party! (V)	<div>14</div> Crispy Chicken Tenders Roasted Baby Potatoes Buttered Corn Apple Cranberry Kale Salad
<div>17</div> Grilled Cheese (V) Tomato Soup	<div>18</div> Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans	<div>19</div> Chicken Parm or Eggplant Parm Sandwich (V) Smilie Fries Kale Caesar Salad	<div>20</div> Pizza Party! (V)	<div>21</div> Cheese Omelet (V) Sausage, Hashbrown Potatoes Blueberry Muffin
<div>24</div> Pulled Pork BBQ Sandwich Mashed Sweet Potatoes Braised Beans and Greens	<div>25</div> Saucy Lasagna Roll Ups (V) Garlicky Green Beans Dinner Roll	<div>26</div> <b>Early Dismissal</b> <b>Before Lunch</b>	<div>27</div> <b>Thanksgiving Recess</b> <b>NO SCHOOL</b>	<div>28</div> <b>Thanksgiving Recess</b> <b>NO SCHOOL</b>

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit [ashland.k12.ma.us/Nutrition](https://ashland.k12.ma.us/Nutrition) or scan the QR code.

