

NOVEMBER 2025

Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| 3 Chicken Fajitas with Soft Tortilla Sauteed Onions & Peppers (V) Salsa & Sour Cream Mexican Rice | 4 Marvelous Mac N' Cheese with Peas (V) Dinner Roll | 5 American Chop Suey Roasted Ranch Broccoli Breadstick | 6 Pizza Party! (V) | 7 Buttermilk Pancakes (V) Sausage, Real Maple Syrup Apple Cranberry Bake |
| 10 Kayem Lite Hot Dog On a Bun Or All Beef Hot Dog Baked Beans, Honey Carrots | 11 Veterans' Day No School | 12 "Sticks & Stones" Mozzarella Sticks & Saucy Meatballs (V) Veggie Pasta Salad | 13 Pizza Party! (V) | 14 Crispy Chicken Tenders Roasted Baby Potatoes Buttered Corn Apple Cranberry Kale Salad |
| 17 Grilled Cheese (V) Tomato Soup | 18 Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans | 19 Chicken Parm or Eggplant Parm Sandwich (V) Smilie Fries Kale Caesar Salad | 20 Pizza Party! (V) | 21 Cheese Omelet (V) Sausage, Hashbrown Potatoes Blueberry Muffin |
| 24 Pulled Pork BBQ Sandwich Mashed Sweet Potatoes Braised Beans and Greens | 25 Saucy Lasagna Roll Ups (V) Garlicky Green Beans Dinner Roll | 26 Early Dismissal Before Lunch | 27 Thanksgiving Recess NO SCHOOL | 28 Thanksgiving Recess NO SCHOOL |
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- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.

