

Frontier
Cedarcrest
Liberty
Bethel
Spanaway
Cougar Mt.

SPSL MIDDLE SCHOOL - WRESTLING SCHEDULE

First Day of Practice October 27, 2025

Minimum Practices Required: 9

Meet Starting Time: 3:30 pm

Commissioner: Linda Foreman Cedarcrest MS Middle

VARSITY & JV SCHEDULE

<p>1 Friday, November 14, 2025</p> <p>Cedarcrest @ Cougar Mt</p> <p>Bethel @ Frontier</p> <p>Liberty @ Spanaway</p>	<p>2 Tuesday, November 18, 2025</p> <p>@CMMS Cedarcrest @ Bethel</p> <p>@ CMMS Spanaway @ Frontier</p> <p>Cougar Mt @ Liberty</p>
<p>3 Friday, November 21, 2025</p> <p>Spanaway @ Bethel</p> <p>Liberty @ Cedarcrest</p> <p>Cougar Mt @ Frontier</p>	<p>5 Thursday, December 4, 2025</p> <p>Cedarcrest @ Frontier</p> <p>Cougar Mt @ Spanaway</p> <p>Bethel @ Liberty</p>
<p>4 Tuesday, December 2, 2025</p> <p>Frontier @ Liberty</p> <p>Cedarcrest @ Spanaway</p> <p>Bethel @ Cougar Mt</p>	<p>8 Monday, December 15, 2025</p> <p>Bethel @ Spanaway</p> <p>Cedarcrest @ Liberty</p> <p>Frontier @ Cougar Mt</p>
<p>6 Monday, December 8, 2025</p> <p>Cougar Mt @ Cedarcrest</p> <p>Frontier @ Bethel</p> <p>Spanaway @ Liberty</p>	<p>10 1/9/2026 & 1/10/2026</p> <p>SPSL League Tournament</p> <p>Location: SLHS</p>
<p>9 Wednesday, December 17, 2025</p> <p>Liberty @ Frontier</p> <p>Spanaway @ Cedarcrest</p> <p>Cougar Mt @ Bethel</p>	<p>7 Thursday, December 11, 2025</p> <p>Bethel @ Cedarcrest</p> <p>Frontier @ Spanaway</p> <p>Liberty @ Cougar Mt</p>
<p>Thursday, December 18, 2025</p> <p>JV Tournament</p> <p>LOCATION: Cedarcrest</p> <p>Start @ 3:00</p>	