



## HUMAN SERVICES

The Human Services Career Cluster focuses on preparing individuals for employment in career pathways that relate to families and human needs such as counseling and mental health services, family and community services, personal care services, and consumer services.

### Health & Wellness

The Health & Wellness program of study focuses on opportunities associated with promoting physical, emotional, and mental health and wellness. This program of study includes assisting patients in planning for their health and wellness, responding to crisis, providing education or counseling, making referrals, and addressing barriers to accessing health and wellness services.

## Health & Wellness Course Pathway

Investigation	◆ Principles of Human Services
Navigation	◆ Child Development
Preparation	◆ Counseling & Mental Health
Application	◆ Food Science ◆ Career Preparation for Program of Study



**ALIGNED ENDORSEMENT:** Successful completion of the Health & Wellness program of study fulfills the requirements of the Public Services endorsement.

### ALIGNED OCCUPATIONS

#### Dietetic Technician

- ◆ Median Wage: \$28,919
- ◆ Annual Openings: 160
- ◆ 10-year Growth: 18%

#### Community Health Workers

- ◆ Median Wage: \$39,520
- ◆ Annual Openings: 501
- ◆ 10-year Growth: 25%

#### Dietitians & Nutritionists

- ◆ Median Wage: \$63,687
- ◆ Annual Openings: 475
- ◆ 10-year Growth: 21%

### WORK-BASED LEARNING

- ◆ Intern as a peer counselor or at a non-profit organization
- ◆ Job shadow a dietician

### EXPANDED LEARNING

- ◆ FCCLA participation

### INDUSTRY-BASED CERTIFICATIONS

- ◆ Food Safety & Science Certification

### POSTSECONDARY LEARNING

#### Apprenticeships

- ◆ Community Health Worker

#### Associate Degrees

- ◆ Social Work
- ◆ Community Health Services Counseling

#### Bachelor's Degrees

- ◆ Social Work
- ◆ Mental Health Counseling

#### Master's, Doctoral and Professional Degrees

- ◆ Nutrition Sciences
- ◆ Dietetics

#### Stackable IBCs/Licensures

- ◆ Dietician



## Health & Wellness Course Details

COURSE	GRADE LEVEL	PREREQUISITES	COURSE CODE BISD CODE COURSE CREDIT	ALIGNED IBC	CAMPUS
Principles of Human Services* (Level 1)	9-12	None	13024200 27501 1 credit		BHS LBHS
Child Development* (Level 2)	10-12	Recommended pre- or co- requisite: Prin. of Human Services	13024700 27570 1 credit		BHS LBHS
Counseling & Mental Health* (Level 3)	11-12	Recommended pre-requisite: Prin. of Human Services or Prin. of Law, Public Safety, Corrections, and Security	13024600 27580 1 credit		BHS LBHS
Food Science* (Level 4)  (Satisfies a science requirement)	11-12	Biology Chemistry	13023000 27590 1 credits	Food Safety & Science Certification, TBA	BHS LBHS
Career Prep for Program of Study* (Level 4)  (Related job placement Required—10 hrs/wk)	12	2+ courses for 2+ credits (with level 2 or higher course) in aligned POS	12701121 27516 2 credits		BHS LBHS
Ext. Career Prep for Program of Study* (Level 4)  (Related job placement Required—15 hrs/wk)	12	2+ courses for 2+ credits (with level 2 or higher course) in aligned POS	12701141 27517 3 credits		BHS LBHS

\*Course is included in additional programs of study.



## Health & Wellness Course Descriptions

Principles of Human Services	Principles of Human Services is a laboratory course that will enable students to investigate careers in the Human Services Career Cluster, including counseling and mental health, early childhood development, family and community, personal care, and consumer services. Each student is expected to complete the knowledge and skills essential for success in high-skill, high-wage, or high-demand human services careers.
Child Development	Child Development is a course that addresses knowledge and skills related to child growth and development from prenatal through school-age children. Students use these skills to promote the well-being and healthy development of children and investigate careers related to the care and education of children.
Counseling & Mental Health	In Counseling and Mental Health, students model the knowledge and skills necessary to pursue a counseling and mental health career through simulated environments. Students are expected to apply knowledge of ethical and legal responsibilities, limitations, and the implications of their actions. Professional integrity in counseling and mental health care is dependent on acceptance of ethical and legal responsibilities.
Food Science	In Food Science, students examine the nature and properties of foods, food microbiology, and the principles of science in food production, processing, preparation, and preservation; use scientific methods to conduct laboratory and field investigations; and make informed decisions using critical thinking and scientific problem solving. This course provides students a foundation for further study that leads to occupations in food and beverage services; the health sciences; agriculture, food, and natural resources; and human services.
Career Preparation	Career Preparation I provides opportunities for students to participate in a work-based learning experience that combines classroom instruction with business and industry employment experiences. The goal is to prepare students with a variety of skills for a changing workplace. Career preparation is relevant and rigorous, supports student attainment of academic standards, and effectively prepares students for college and career success.

