

ONLY RETURN IF STUDENT IS OPTING OUT

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Dear Parents and Guardians:

In support of the Tulsa Public Schools District School Board's regulations, **Tulsa Health Department / Youth Services of Tulsa** will be providing the *Positive Prevention PLUS* curriculum to **all 9th grade students enrolled in either BRIDGE or Physical Education / ROTC class**. This 13-module, evidence-based program provides students with the knowledge, confidence, and skills necessary to reduce their risk of sexually transmitted infections (STIs), the Human Immunodeficiency Virus (HIV), and unplanned pregnancy. This curriculum has been thoroughly reviewed by the U.S. Department of Health and Human Services. All lessons are medically accurate, age-appropriate, and inclusive of all students. The curriculum will be taught by trained educators from **Tulsa Health Department or Youth Services of Tulsa**.

Positive Prevention PLUS High School covers the following information:

- Adolescent growth and development
- Goal setting for future plans
- Anatomy, human reproduction
- Abstinence, the only certain way to prevent unplanned pregnancy, and STI's, like HIV
- Local resources such as the Tulsa Health Department, Community Health Connection, and other area health centers that provide reproductive health care
- Recognizing and reducing the risk of unplanned pregnancy, and transmission of STIs, like HIV
- Social views on HIV and AIDS, Myths and Stereotypes about HIV Infection
- How HIV and other STIs are transmitted, approved methods to prevent HIV and STI's, such as abstinence and condoms
- How HIV and other STIs are treated
- How pregnancy occurs, including prevention methods
- Healthy relationships and avoiding unhealthy behaviors and situations

The goal of *Positive Prevention PLUS!* is to empower teens to make choices that will reduce their risk of an unplanned pregnancy or becoming infected with HIV and other STIs.

Student participation is voluntary and confidential. Whether or not the student participates in the *Positive Prevention PLUS!* High School curriculum is the choice of their parent or guardian. Your student's course grade will not be affected, if they do not wish to participate in the program. You can elect to remove your child from this program at any time.

Students will be surveyed to evaluate the effectiveness of the program and asked questions about abstinence, consent, sexual intent, contraceptive use, goal setting, recognizing healthy and unhealthy relationships, comfortability with subject matter and to gather demographic information. The copy of the survey can be reviewed at parent preview night. The program evaluation survey is ANONYMOUS. Any reports from the survey responses will be in summary. Reports and surveys will not identify program participants. Guardians do have the option to opt their student out of the surveys, while still participating in the program.

The school will host a Parent Preview Night where you will receive a curriculum overview of the *Positive Prevention PLUS!* curriculum.

If you are unable to attend Parent Preview Night, scan the QR code for more information:



Please check with your school's Positive Prevention PLUS site coordinator for the date of your individual school's parent preview night.

If you have other questions, please contact the Positive Prevention PLUS site coordinator at your school site.

If you would **NOT** like your child to participate either in the program or in the program surveys, please check one of the boxes below, sign, and return this form.

My student, _____, **CANNOT** participate in the program surveys, but **CAN** participate in the program.
(Print Student Name)

My student, _____, **CANNOT** participate in the program.
(Print Student Name)

Parent/Guardian Signature

Date

Student ID Number