

Menu Calendar Nutrient Analysis Report - November, 2025

Site: Tomball Early Excellence Academy
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 Fall Connections Breakfast Wednesday - ServingDate: 11/05/2025																			
Apple Strudel - TR1874 (1 ea.)	100	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 Fall Connections Breakfast Thursday - ServingDate: 11/06/2025																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	100	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 Fall Connections Breakfast Friday - ServingDate: 11/07/2025																			
Breakfast Donut - TR1582 (1 ea.)	100	230.00	11.00	4.00	0.00	0.00	260.00	29.00	2.00	6.00	0.00(M)	5.00	1.44	100.00	0.00	6.00	0.00	188.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	100	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)

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Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 Fall Connections Breakfast Wednesday - ServingDate: 11/05/2025	
Apple Strudel - TR1874 (1 ea.)	0.00
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Banana - TR1056 (1 ea.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 Fall Connections Breakfast Thursday - ServingDate: 11/06/2025	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 Fall Connections Breakfast Friday - ServingDate: 11/07/2025	
Breakfast Donut - TR1582 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: Tomball Early Excellence Academy
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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Connections Breakfast Friday - ServingDate: 11/07/2025																			
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 Fall Connections Breakfast Monday - ServingDate: 11/10/2025																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	100	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 Fall Connections Breakfast Tuesday - ServingDate: 11/11/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	100	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	100	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Orange Wedges - TR1057 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

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Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 Fall Connections Breakfast Friday - ServingDate: 11/07/2025	
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 Fall Connections Breakfast Monday - ServingDate: 11/10/2025	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 Fall Connections Breakfast Tuesday - ServingDate: 11/11/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

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Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Connections Breakfast Wednesday - ServingDate: 11/12/2025																			
Apple Strudel - TR1874 (1 ea.)	100	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 Fall Connections Breakfast Thursday - ServingDate: 11/13/2025																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	100	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 Fall Connections Breakfast Friday - ServingDate: 11/14/2025																			
Breakfast Donut - TR1582 (1 ea.)	100	230.00	11.00	4.00	0.00	0.00	260.00	29.00	2.00	6.00	0.00(M)	5.00	1.44	100.00	0.00	6.00	0.00	188.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	100	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)

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Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 Fall Connections Breakfast Wednesday - ServingDate: 11/12/2025	
Apple Strudel - TR1874 (1 ea.)	0.00
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Banana - TR1056 (1 ea.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 Fall Connections Breakfast Thursday - ServingDate: 11/13/2025	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 Fall Connections Breakfast Friday - ServingDate: 11/14/2025	
Breakfast Donut - TR1582 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Connections Breakfast Friday - ServingDate: 11/14/2025																			
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 Fall Connections Breakfast Monday - ServingDate: 11/17/2025																			
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	100	210.00	6.00	1.00	0.00	10.00	320.00	35.00	4.00	11.00	(M)	4.00	2.70	60.00	500.00	0.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 Fall Connections Breakfast Tuesday - ServingDate: 11/18/2025																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	100	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	100	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)
Orange Wedges - TR1057 (1 ea.)	100	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

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Item Name (Serving Size)	Ash (g)
2025 Fall Connections Breakfast Friday - ServingDate: 11/14/2025	
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 Fall Connections Breakfast Monday - ServingDate: 11/17/2025	
Whole Grain Mini Pancakes - TR1026 (1 pkg.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 Fall Connections Breakfast Tuesday - ServingDate: 11/18/2025	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)
Orange Wedges - TR1057 (1 ea.)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Connections Breakfast Wednesday - ServingDate: 11/19/2025																			
Apple Strudel - TR1874 (1 ea.)	100	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	100	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	13.00	0.00	0.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 Fall Connections Breakfast Thursday - ServingDate: 11/20/2025																			
Whole Grain Mini Waffles - TR1020 (1 pkg.)	100	200.00	5.00	1.50	0.00	0.00	220.00	35.00	4.00	10.00	(M)	4.00	2.70	100.00	500.00	0.00	(M)	(M)	(M)
100% Apple Juice - TR2040 (1/2 c.)	100	50.00	0.00	0.00	0.00	0.00	0.00	13.00	0.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	100	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 Fall Connections Breakfast Friday - ServingDate: 11/21/2025																			
Breakfast Donut - TR1582 (1 ea.)	100	230.00	11.00	4.00	0.00	0.00	260.00	29.00	2.00	6.00	0.00(M)	5.00	1.44	100.00	0.00	6.00	0.00	188.00	0.00
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
100% Berry Juice - TR2041 (1 ea.)	100	41.67	0.00	0.00	0.00	0.00	0.00	9.72	0.00	8.33	0.00	0.00	0.00	0.00	0.00	0.00	(M)	48.61	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: Tomball Early Excellence Academy
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 Fall Connections Breakfast Wednesday - ServingDate: 11/19/2025	
Apple Strudel - TR1874 (1 ea.)	0.00
100% Juice Fruit Punch Peterson - TR2042 (1/2 c.)	(M)
Banana - TR1056 (1 ea.)	0.00
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 Fall Connections Breakfast Thursday - ServingDate: 11/20/2025	
Whole Grain Mini Waffles - TR1020 (1 pkg.)	(M)
100% Apple Juice - TR2040 (1/2 c.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 Fall Connections Breakfast Friday - ServingDate: 11/21/2025	
Breakfast Donut - TR1582 (1 ea.)	0.00
Granny Smith Apple - TR1054 (1 ea.)	(M)
100% Berry Juice - TR2041 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: Tomball Early Excellence Academy
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 Fall Connections Breakfast Friday - ServingDate: 11/21/2025																			
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	50	110.00	0.00	0.00	0.00	5.00	170.00	18.00	0.00	18.00	6.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Texas 1% White Milk - TR1035 (1 c.)	50	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Breakfast
Site Group: Elementary Regular
Menu Line: Connections Breakfast
Serving Group: K-12
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - November, 2025

Site: Tomball Early Excellence Academy
Date: 11/01/2025 - 11/30/2025

Generated on: 10/27/2025 2:17:55 PM by Kevin White

Item Name (Serving Size)	Ash (g)
2025 Fall Connections Breakfast Friday - ServingDate: 11/21/2025	
Texas Fat-Free Chocolate Milk - TR1033 (1 c.)	(M)
Texas 1% White Milk - TR1035 (1 c.)	(M)