

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch PRE-K Wednesday 1:409 - ServingDate: 11/05/2025																			
Chicken Nuggets - TR1082 (5 ea)	98	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	(M)	13.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	98	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch PRE-K Thursday 1:409 - ServingDate: 11/06/2025																			
Steak Fingers - TR2038 (4 ea.)	98	232.99	12.16	4.56	0.00	45.59	334.29	15.20	0.00	0.00	0.00	18.23	2.73	20.26	101.30	15.20	0.00	(M)	0.00
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	100	39.80	2.24	0.24	0.00	0.00	147.29	6.71	2.24	3.35	0.00(M)	0.00	0.40	33.55	9235.19	2.01	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch PRE-K Wednesday 1 :409 - ServingDate: 11/05/2025	
Chicken Nuggets - TR1082 (5 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2025 FALL Lunch PRE-K Thursday 1 :409 - ServingDate: 11/06/2025	
Steak Fingers - TR2038 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch PRE-K Friday 1 :409 - ServingDate: 11/07/2025																			
Cheeseburger - TR1897 (1 ea.)	98	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	11.30	15.83	0.00	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch PRE-K Monday 2 :409 - ServingDate: 11/10/2025																			
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	98	313.52	11.14	5.41	0.01	32.10	474.67	34.11	4.00	2.00	(M)	20.75	2.16	425.00	425.00	0.00	(M)	(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	100	27.19	0.86	0.18	0.00	0.00	120.31	3.77	2.12	1.04	0.00(M)	2.19	0.41	23.08	717.68	28.38	0.00(M)	0.00(M)	0.00(M)
Chilled Peaches - TR1505 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch PRE-K Friday 1 :409 - ServingDate: 11/07/2025	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)
2025 FALL Lunch PRE-K Monday 2 :409 - ServingDate: 11/10/2025	
Cheese Stuffed Breadsticks - TR1363 (2 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Steamed Broccoli - TR1112 (1/2 c.)	0.00(M)
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)

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Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch PRE-K Tuesday 2 :409 - ServingDate: 11/11/2025																			
Cheese Quesadilla - TR2017 (1 tortilla (	98	292.25	15.15	8.59	0.00	30.38	459.50	21.02	2.00	1.00	(M)	17.18	1.08	425.00	202.50	0.00	(M)	(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Refried Beans - TR1940 (1/2 c.)	100	161.86	2.79	0.50	0.00	2.08	158.39	25.53	4.08	1.02	0.00(M)	6.69	0.00	16.79	27.92	0.05	0.00(M)	0.00(M)	0.00(M)
Salsa Cup - TR1072 (1 ea.)	100	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fiesta Salad - TR1101 (1/2 c.)	100	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
2025 FALL Lunch PRE-K Wednesday 2 :409 - ServingDate: 11/12/2025																			
Steak Fingers - TR1081 (4 ea.)	98	322.90	20.18	5.04	0.00	35.32	332.99	19.17	4.04	1.01	(M)	16.14	2.72	40.36	0.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	100	170.00	2.00	0.50	0.00	0.00	150.00	32.00	4.00	9.00	(M)	5.00	1.44	0.00	0.00	0.00	(M)	(M)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

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Item Name (Serving Size)	Ash (g)
2025 FALL Lunch PRE-K Tuesday 2 :409 - ServingDate: 11/11/2025	
Cheese Quesadilla - TR2017 (1 tortilla (	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Refried Beans - TR1940 (1/2 c.)	0.00(M)
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
2025 FALL Lunch PRE-K Wednesday 2 :409 - ServingDate: 11/12/2025	
Steak Fingers - TR1081 (4 ea.)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Roll - TR1005 (1 ea.)	(M)
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

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2025 FALL Lunch PRE-K Thursday 2 :409 - ServingDate: 11/13/2025																			
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Stuffed Crust Pizza - TR1837 (1 slice)	98	339.90	15.99	10.00	0.00	40.99	440.87	28.99	3.00	6.00	0.00	19.99	2.00	309.90	0.00	0.00	0.00	21.14	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	100	86.83	3.50	0.50	0.00	5.00	429.03	13.44	2.15	6.22	(M)	0.00	7.73	21.46	10195.88	2.58	(M)	(M)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
2025 FALL Lunch PRE-K Friday 2 :409 - ServingDate: 11/14/2025																			
Breaded Chicken Sandwich - TR1549 (1 ea.)	98	390.00	15.00	2.50	0.00	25.00	720.00	43.00	5.00	5.00	4.00(M)	19.00	2.80	156.00	0.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	11.30	15.83	0.00	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch PRE-K Thursday 2 :409 - ServingDate: 11/13/2025	
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Stuffed Crust Pizza - TR1837 (1 slice)	0.00
Baby Carrots & Ranch - TR1156 (1/2 c.)	0.00(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
2025 FALL Lunch PRE-K Friday 2 :409 - ServingDate: 11/14/2025	
Breaded Chicken Sandwich - TR1549 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch PRE-K Monday 1 B-4-L - ServingDate: 11/17/2025																			
Turkey Sausage Link - TR1030 (1 ea)	98	60.00	4.00	1.00	0.00	30.00	80.00	0.00	0.00	0.00	(M)	6.00	0.72	20.00	0.00	0.00	(M)	(M)	(M)
Egg Patty - TR2020 (1 ea.)	98	60.00	4.00	1.00	0.00	0.00	110.00	0.00	0.00	0.00	0.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Whole Grain Buttermilk Pancake - TR1025 (1 ea.)	98	70.00	1.50	0.00	0.00	0.00	100.00	14.00	1.00	3.00	(M)	2.00	0.72	0.00	0.00	0.00	(M)	(M)	(M)
Hashbrown Rounds - TR1785 (2 ea.)	100	45.00	1.25	0.00	0.00	0.00	95.00	7.50	1.00	0.00	0.00	1.00	0.09	0.00	0.00	0.00	0.00	0.00	0.00
Chilled Peaches - TR1505 (1/2 c.)	100	65.00	0.00	0.00	0.00	0.00	5.42	15.17	1.08	14.08	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	100	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch PRE-K Tuesday 1 - ServingDate: 11/18/2025																			
Cheese Quesadilla - TR2017 (1 tortilla (	98	292.25	15.15	8.59	0.00	30.38	459.50	21.02	2.00	1.00	(M)	17.18	1.08	425.00	202.50	0.00	(M)	(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	100	76.42	2.12	0.24	0.00	0.00	100.34	15.96	2.00	2.99	0.00(M)	2.00	0.36	0.14	107.74	4.79	0.00(M)	0.05(M)	4.73(M)
Salsa Cup - TR1072 (1 ea.)	100	25.00	0.00	0.00	0.00	0.00	195.00	5.00	1.00	3.00	(M)	1.00	0.36	20.00	300.00	7.20	(M)	(M)	(M)
Banana - TR1056 (1 ea.)	100	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch PRE-K Monday 1 B-4- L - ServingDate: 11/17/2025	
Turkey Sausage Link - TR1030 (1 ea)	(M)
Egg Patty - TR2020 (1 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Whole Grain Buttermilk Pancake - TR1025 (1 ea.)	(M)
Hashbrown Rounds - TR1785 (2 ea.)	0.00
Chilled Peaches - TR1505 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
2025 FALL Lunch PRE-K Tuesday 1 - ServingDate: 11/18/2025	
Cheese Quesadilla - TR2017 (1 tortilla (	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Golden Corn - TR1095 (1/2 c.)	0.01(M)
Salsa Cup - TR1072 (1 ea.)	(M)
Banana - TR1056 (1 ea.)	0.00
Lactaid Milk - TR1367 (1 c.)	0.00

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
2025 FALL Lunch PRE-K Tuesday 1 - ServingDate: 11/18/2025																			
Texas 1% White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Fiesta Salad - TR1101 (1/2 c.)	100	5.00	0.00	0.00	0.00	0.00	3.20	1.44	0.44	0.88	(M)	0.44	0.16	6.40	218.00	2.21	(M)	(M)	0.00(M)
2025 FALL Lunch PRE-K Wednesday 1 - ServingDate: 11/19/2025																			
Chicken Nuggets - TR1082 (5 ea)	98	240.00	14.00	2.50	0.00	20.00	470.00	16.00	3.00	1.00	(M)	13.00	1.80	40.00	100.00	0.00	(M)	(M)	(M)
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	98	100.00	3.50	0.50	0.00	0.00	95.00	15.00	1.00	1.00	1.00	1.00	0.90	0.00	0.00	0.00	0.00	100.11	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	100	45.45	2.54	0.55	0.00	0.00	189.77	4.73	2.36	1.18	0.00(M)	1.18	0.42	23.64	254.54	1.42	0.00(M)	0.00(M)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	100	57.65	0.00	0.00	0.00	0.00	2.26	15.83	1.13	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	50	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch PRE-K Thursday 1 - ServingDate: 11/20/2025																			
Beef Steak Fingers - TR1937 (4 ea.)	98	240.00	13.00	5.00	0.00	35.00	230.00	16.00	3.00	1.00	0.00	16.00	3.00	35.00	0.00	0.00	0.00	424.88	0.00
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	100	39.80	2.24	0.24	0.00	0.00	147.29	6.71	2.24	3.35	0.00(M)	0.00	0.40	33.55	9235.19	2.01	0.00(M)	0.00(M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	100	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch PRE-K Tuesday 1 - ServingDate: 11/18/2025	
Texas 1% White Milk - TR1035 (1 c.)	(M)
Fiesta Salad - TR1101 (1/2 c.)	0.00(M)
2025 FALL Lunch PRE-K Wednesday 1 - ServingDate: 11/19/2025	
Chicken Nuggets - TR1082 (5 ea)	(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Breadstick Garlic 1g (240ct) - TR1655 (1 stick.)	0.00
Seasoned Green Beans - TR1085 (1/2 c.)	0.00(M)
Chilled Applesauce - TR1503 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2025 FALL Lunch PRE-K Thursday 1 - ServingDate: 11/20/2025	
Beef Steak Fingers - TR1937 (4 ea.)	0.00
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Carrot Coins - TR1086 (1/2 c.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (mcg RAE)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
2025 FALL Lunch PRE-K Thursday 1 - ServingDate: 11/20/2025																			
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	99	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
2025 FALL Lunch PRE-K Friday 1 - ServingDate: 11/21/2025																			
Cheeseburger - TR1897 (1 ea.)	98	392.00	19.60	7.40	0.00	68.00	616.00	31.00	2.00	5.00	4.00(M)	27.60	2.60	325.00	300.00	0.00	0.00(M)	0.00(M)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	1	308.98	11.00	5.50	0.00	31.80	558.97	32.86	2.60	6.00	2.13	18.80	1.64	465.88	523.97	0.00	0.04	103.79	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	1	480.00	26.00	7.50	0.00	19.00	645.00	48.00	5.00	15.00	12.50	17.50	2.16	250.00	200.00	0.00	0.00(M)	50.00 (M)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	100	190.47	5.71	0.00	0.00	0.00	323.80	28.57	3.81	0.00	(M)	3.81	0.69	0.00	0.00	6.86	(M)	399.99	0.00
Chilled Peaches - TR1504 (1/2 c.)	100	67.83	0.00	0.00	0.00	0.00	11.30	15.83	0.00	12.44	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Texas 1% White Milk - TR1035 (1 c.)	98	100.00	2.50	1.50	0.00	10.00	120.00	11.00	0.00	11.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	100	9.59	0.00	0.00	0.00	0.00	107.22	2.65	0.73	1.46	(M)	0.73	0.26	10.00	373.88	3.98	(M)	(M)	0.00(M)
Ketchup - TR1088 (2 ea.)	100	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mayo - TR1144 (1 ea.)	10	40.00	3.00	0.00	0.00	5.00	105.00	3.00	0.00	2.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Mustard - TR1145 (1 ea.)	5	5.00	0.00	0.00	0.00	0.00	85.00	1.00	0.00	0.00	(M)	1.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

Legend
(M) - Missing Nutrient Values

Report Selections
Meal Type: Lunch
Site Group: Elementary Regular
Menu Line: PreK - NOT OFFER VS SERVE
Serving Group: Ages 3-5
Nutrients Option: All

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Item Name (Serving Size)	Ash (g)
2025 FALL Lunch PRE-K Thursday 1 - ServingDate: 11/20/2025	
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
2025 FALL Lunch PRE-K Friday 1 - ServingDate: 11/21/2025	
Cheeseburger - TR1897 (1 ea.)	0.00(M)
Grilled Cheese - TR1089 (1 ea.)	0.00
Peanut Butter & Jelly Sandwich Kit - TR1484 (1 ea.)	0.00(M)
Crinkle Cut Fries - TR1527 (3 oz.)	0.00
Chilled Peaches - TR1504 (1/2 c.)	0.00(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Texas 1% White Milk - TR1035 (1 c.)	(M)
Lettuce/Tomato/Pickle - TR1165 (1/2 c.)	0.00(M)
Ketchup - TR1088 (2 ea.)	(M)
Mayo - TR1144 (1 ea.)	(M)
Mustard - TR1145 (1 ea.)	(M)

Menu Calendar Nutrient Analysis Report - November, 2025

Site: ALL
Date: 11/01/2025 - 11/30/2025

Generated on: 10/27/2025 2:06:16 PM by Kevin White