

Executive Functioning

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Course Description:

In this class, identified students will receive direct instruction and practice in all 5 areas of Executive Functioning Skills. Lessons will be in person and in a group setting.

Course Objectives:

- Develop executive functioning skills in all 5 areas:
 - Working Memory
 - Inhibitory Control
 - Cognitive Flexibility
 - Planning and Organizing
 - Self-Monitoring
- Strengthen self-advocacy skills.
- Communicate appropriately with peers and adults in multiple settings.
- Work on Executive Functioning Goals
- Skills that come up in real time

Course Logistics:

15-20 minutes	Small group lessons
60 minutes	Homework support
5-10 minutes	Individual check-ins

Communication:

- Class Updates/ Changes:
 - Updates and changes will be emailed directly to your school email and posted in Schoology. You should check one of these daily.
- Email message:
 - agukeisen@west-fargo.k12.nd.us
 - I will respond to emails between the hours of 8:00 – 3:30 Monday- Friday. My hope is a 24-hour turnaround, so if you do not hear from me within 24 hours you may need to re-email me.
- Phone: 701-499-1891
Voicemail will be checked daily (M-F) between 12:30-2:00

The best way to get ahold of me is through my email, as I am in multiple meetings and classrooms throughout the day.

Participation:

You are in this class because you have an Individualized Education Plan (IEP) and have been identified as needing Executive Functioning Skills instruction and practice. You will participate in whole group and

individual skill building in order to increase your ability to navigate through life in high school and beyond using executive functioning skills.

Grading:

- You will receive your grade based on the following
 - Participation in skills lessons (willingness to complete them to your full potential).
- **Eligibility**
 - Educators are expected to update gradebooks weekly, the evening before eligibility is pulled, and learners must plan accordingly if they expect updated grades for missing or redone assignments.

Materials:

- Daily:
 - WFPS issued iPad and charging accessories