

## Social Emotional Learning

Angie Gukeisen

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701-499-1891 or agukeisen@west-fargo.k12.nd.us

### Course Description:

In this class, identified students will receive direct instruction and practice in all 5 areas of Social Skills. Lessons will be in person and in a group setting.

### Course Objectives:

- Develop positive social skills in all 5 areas:
  - Self-Awareness
  - Self-Regulation
  - Social Awareness
  - Relationship Skills
  - Responsible Decision-Making
- Strengthen self-advocacy skills.
- Communicate appropriately with peers and adults in multiple settings.
- Work on Social Skills Goals
- Skills that come up in real time

### Course Logistics:

15-20 minutes	Small group lessons
60 minutes	Homework support
5-10 minutes	Individual check-ins

### Communication:

- Class Updates/ Changes:
  - Updates and changes will be emailed directly to your school email and posted in Schoology. You should check one of these daily.
- Email message:
  - agukeisen@west-fargo.k12.nd.us
  - I will respond to emails between the hours of 8:00 – 3:30 Monday- Friday. My hope is a 24-hour turnaround, so if you do not hear from me within 24 hours you may need to re-email me.
- Phone: 701-499-1891  
Voicemail will be checked daily (M-F) between 12:30-2:00

*The best way to get ahold of me is through my email, as I am in multiple meetings and classrooms throughout the day.*

### Participation:

You are in this class because you have an Individualized Education Plan (IEP) and have been identified as needing Social Emotional Learning instruction and practice. You will participate in whole group and

individual skill building in order to increase your ability to navigate through life in high school and beyond using pro-social skills.

**Grading:**

- You will receive your grade based on the following
  - Participation in skills lessons (willingness to complete them to your full potential).
  - Practicing self-regulation using skills that work for you.
  - Participation in peer interaction time using the skills that we have practiced in class.
  
- **Eligibility**
  - Educators are expected to update gradebooks weekly, the evening before eligibility is pulled, and learners must plan accordingly if they expect updated grades for missing or redone assignments.

**Materials:**

- Daily:
  - WFPS issued iPad and charging accessories