



HAPPY HALLOWEEN, HUSKY PUPS!

October 27th: School Community Newsletter

A GOOD NIGHT'S SLEEP & BEING ON TIME

A good night's sleep helps little ones wake up happy and ready for the day, making those morning routines a bit smoother. When children are well-rested, it's easier for families to get to school on time and start the day positively. Here are some things to keep in mind:

- **Create a Consistent Bedtime Routine.** Create a consistent bedtime routine by having the same bedtime each night and including calming activities like a bath, brushing teeth, and a story to help children fall asleep faster and wake up on time.
- **Set an Early Bedtime.** Preschoolers need **10–12 hours of sleep**; an early bedtime makes morning wake-ups calm and prevents rushing or being late.
- **Limit Screens Before Bed.** Turn off TVs, tablets, and phones at least **1 hour before bedtime** because screens make it harder for children to relax and fall asleep.
- **Create a Calm Sleep Environment.** Keep the bedroom dark, quiet, and cool; soft night-lights, white noise, or a favorite stuffed animal can make children feel safe and cozy.
- **Avoid Sugar and Caffeine in the Evening.** Chocolate, soda, and sugary snacks can make it hard for children to settle down.
- **Encourage Relaxing Activities Before Bed.** Reading, drawing, gentle music, or quiet play help their bodies and minds slow down.
- **Wake Up at the Same Time Every Morning.** A regular wake-up time supports good attendance and helps children arrive at school on time.



CPES HALLOWEEN PARADE



The CPES Halloween Parade on **Friday, October 31st at 9:30 AM** is an exciting tradition where our preschoolers can dress up, celebrate with friends and families, and build community together! To ensure a safe and fun experience, please:

- Send your child in an easy-to-move, bathroom-friendly costume (no masks or props)
- Label all costume pieces with your child's
- Make sure they wear comfortable walking shoes
- Families can watch from designated areas around of CPES (the parade route is identified below)



PARADE ROUTE/IMPORTANT DETAILS: PLEASE READ



A few highlights and important points regarding the parade route, as shown to the left:

1. The pink rectangle identifies the **START** spot of the parade
2. The blue rectangle identifies the **END** spot of the parade
3. The orange line shows the parade route
4. *The purple line (with stars a start to indicate the start and end spots) is where families can set up to enjoy the parade*

Friendly Reminder: October 31st is a 4-hour day with dismissal at 12:45 PM.

***Please note that Y-Time will be closing at 4:00 PM on the 31st, as well.**

Thank you for helping make this a memorable and safe celebration! If there are any changes to the CPES Halloween Parade, you will be notified in a timely manner. Rain, rain, stay away!

****Please note that cars will not be able to pull in or out of CPES's entrance or exit after arrival for the safety of our students and staff; please prepare and plan ahead!***

TRICK OR TREATING TIPS

These tips help ensure everyone has a fun and safe Halloween!

Before You Go:

- Choose costumes that are bright so children are visible to drivers
- Make sure costumes fit well to prevent tripping, and consider face paint instead of masks that can block vision



- Carry flashlights or glow sticks to light the way

While Trick-or-Treating:

- Always walk on sidewalks and cross streets at crosswalks
- Stay in familiar, well-lit neighborhoods
- Travel in groups and supervise young children at all times
- Remind children to never enter a stranger's home or car

Candy Safety:

- Check all treats before children eat them
- Discard any unwrapped or homemade treats from unknown sources
- Be mindful of food allergies when sorting through candy

For Drivers:

- Drive slowly in residential areas and watch for excited children who may dart into the street
- Be extra alert when entering and exiting driveways

THE OFFICIAL NAME OF THE CAMBRIDGE PARK ELEMENTARY SCHOOL HUSKY PUP



I am thrilled to announce the official name of our CPES Husky Pup mascot! This exciting journey began as a wonderful partnership with our PTO, who generously purchased the mascot costume for our school. The first Tools of the Mind theme of the year, "*Family and Me*," focused on connecting as a CPES family, and what better way to celebrate our school community than by naming our mascot together! Students and staff submitted their own creative and unique names. Then, our entire school community had the

opportunity to vote on their favorite name. The results are IN: in a tight 54% to 46% vote, the name selected is...

B U D D Y !

We can't wait to debut **Buddy, the Cambridge Park Elementary School Husky Pup**, SOON!
Stay tuned in upcoming newsletter that will give you these details!

PARENT TEACHER ORGANIZATION: WHAT'S NEW?

The PTO has a fantastic lineup of activities ahead!

Mark your calendars for upcoming events that will bring our school community together for fun, learning, and celebration!



Stay Connected & Follow along on social media!

Instagram: @ptocambridgepark

FOOD DRIVE SUCCESS

We are so excited to share that our PTO food drive collected over **320 items** to donate to the Matawan Community Food Pantry! This incredible effort shows the power of our school community coming together to give back and support local families in need. Thank you to everyone who contributed and helped make a meaningful difference right here in our own community.



We couldn't have done it without you!

Your support is the secret ingredient that makes our school so special!

HUSKY PUP WINNERS



I am pleased to announce the class for the winner of the Golden Can and the student who will have lunch with Dr. P, VIP Style.

Please help me congratulate **Tyler N. of Ms. Santora's class** on beginning the winner of Lunch with Dr. P! Way to go, Husky Pups!

Looking out for our community strengthens us all. When we support each other, we build trust and resilience that benefits everyone. Small acts of kindness create ripples of positive change!

Also, please help me in congratulating **Ms. Hoffman's class** on being the recipient of the **Golden Can** award for most items raised!

With the holiday season around the corner, this is a powerful reminder to reflect, give back and support those in our community who need it most. Whether through donations, volunteering, or simple acts of kindness, we can help ensure everyone experiences warmth and connection during this time!



POPCORN FUNDRAISER

We're excited to announce our popcorn fundraiser running from **November 1st through November 22nd!**



Every bag of delicious popcorn you purchase directly supports our school community and helps us continue providing positive, fun experiences and opportunities for our husky pups.

This a simple, tasty way to enjoy a great snack while knowing your purchase is helping support our school!

Thank you in advance for your support!

IMPORTANT DATES TO REMEMBER – OCTOBER:

- **Monday, October 27th:** BOE RAM Meeting @ MAMS (6:30 PM)
- **Tuesday, October 28th:** National First Responder Day (*Dress like a superhero*)
- **Friday, October 31st:** Halloween Parade @ CPES (9:30 - 9:40 AM)
- **Friday, October 31st:** 4-Hour School Day (12:45 PM dismissal)

IMPORTANT DATES TO REMEMBER – NOVEMBER:

- **Saturday, November 1st through Sunday, November 30th:** Ongoing PTO Popcorn Fundraiser
- **Wednesday, November 5th:** 4-Hour School Day (12:45 PM Dismissal)
- **Thursday, November 6th & Friday, November 7th:** Teacher's Convention - School is Closed!
- **Monday, November 10th:** CPES Picture Day
- **Monday, November 10th:** BOE COW Meeting @ CP (7:00 PM)
- **Tuesday, November 11th:** Veteran's Day (Wear Red, White & Blue)
- **Thursday, November 13th:** DJ Got Me Fit! Assembly (PTO Sponsored)
- **Friday, November 14th:** Governor's Educator of the Year Forms DUE!
- **Friday, November 14th:** 4-Hour School Day (12:45 PM Dismissal)
- **Monday, November 17th:** PTO Town-Square Dine Out (4:00 - Close)
- **Tuesday, November 18th & Wednesday, November 19th:** Field Trip #2 to Stop & Shop
- **Wednesday, November 19th:** Park Meet Up at Northland Park
- **Friday, November 21st:** CPES Spirit Day (Wear your CPES gear *OR* school colors)
- **Monday, November 24th:** Grateful Monday (Wear fall colors!)
- **Monday, November 24th:** BOE RAM Meeting @ Ravine Drive (7:00 PM)
- **Wednesday, November 26th:** 4-Hour Day (12:45 PM Dismissal)
- **Thursday, November 27th through November 30th:** Thanksgiving Break!



Dr. P

Supervisor of Cambridge Park Elementary School



Dr. Paone-Hurd brings a decade of experience in education to the Cambridge Park Elementary School community. Now, as a proud member of the Cambridge Park team, Dr. Paone-Hurd is excited to bring her knowledge and passion to help every student thrive in our preschool building!

