



SECONDARY BREAKFAST MENU

Breakfast Cereal Options:

- Cocoa Puffs, Cinnamon Toast Crunch, Trix, Cinnamon Chex, Blueberry Chex

Breakfast Pop Tart Options:


- Strawberry, Cinnamon, Fudge

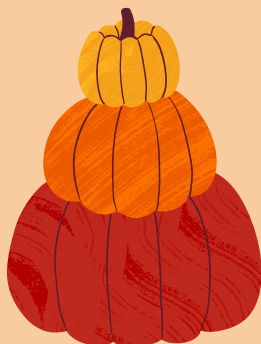
Daily fruit choices may include:

Fresh, frozen, or canned (in 100% juice or light syrup) or 100% Fruit Juice

High Schools:

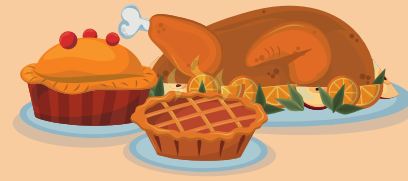
- Tues & Thurs - Iced Coffee (Vanilla & Caramel)

 Indicates a meatless entrée or meatless option is available. Not all meatless options are vegan.



November

2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 Choice of Cereal Choice of Pop Tart Bagel w/ Cream Cheese Yogurt Smoothie Yogurt w/ Muffin or Bar Blueberry Donut Holes WG Blueberry Bread Choice of Fruit Milk	4 French Toast Sticks w/ Syrup Choice of Pop Tarts WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	5 Waffle Wednesday Choice of Cereal WG Blueberry Donut Holes Bagel w/ Cream Cheese Choice of Fruit Milk	6 KCPS Breakfast Sandwich - Sausage & Egg Biscuit Choice of Pop Tart WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	7 NO SCHOOL
10 Choice of Cereal Choice of Pop Tart Bagel w/ Cream Cheese Yogurt Smoothie Yogurt w/ Muffin or Bar Blueberry Donut Holes WG Blueberry Bread Choice of Fruit Milk	11 Breakfast Pizza Choice of Pop Tarts WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	12 Strawberry Pancake Bowl Choice of Cereal WG Blueberry Donut Holes Bagel w/ Cream Cheese Choice of Fruit Milk	13 KCPS Breakfast Sandwich - Sausage & Egg Biscuit Choice of Pop Tart WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	14 WG Cinni Minis Choice of Cereal Bagel w/ Cream Cheese WG Blueberry Donut Holes Choice of Fruit Milk
17 Choice of Cereal Choice of Pop Tart Bagel w/ Cream Cheese Yogurt Smoothie Yogurt w/ Muffin or Bar Blueberry Donut Holes WG Blueberry Bread Choice of Fruit Milk	18 French Toast Sticks w/ Syrup Choice of Pop Tarts WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	19 Waffle Wednesday Choice of Cereal WG Blueberry Donut Holes Bagel w/ Cream Cheese Choice of Fruit Milk	20 KCPS Breakfast Sandwich - Sausage & Egg Biscuit Choice of Pop Tart WG Blueberry Bread Yogurt w/ Muffin or Bar Choice of Fruit Milk	21 WG Strawberry Bagel Choice of Cereal Bagel w/ Cream Cheese WG Blueberry Donut Holes Choice of Fruit Milk
24 NO SCHOOL - FALL BREAK	25 NO SCHOOL - FALL BREAK	26 NO SCHOOL - FALL BREAK	27 NO SCHOOL - FALL BREAK	28 NO SCHOOL - FALL BREAK