

NOVEMBER 2025



MON	TUE	WED	THU	FRI
3 ASYNCHRONOUS DAY	4 ASYNCHRONOUS DAY	5 CHICKEN PARMESAN* W/PASTA Whole grain spaghetti Broccoli florets w/ranch dressing Fruit *vegetarian "chix" parm available	6 SLOPPY JOE Whole grain bun Potato wedges Fruit Mango vegetable juice *vegetarian Sloppy Joe available	7 SOUTHWEST SHREDDED CHICKEN NACHOS* Whole grain tortilla chips Black beans Salsa Sour cream Shredded cheese Fruit *vegetarian sw "chix" nachos available
10 MEATBALL* STROGANOFF W/BUTTER NOODLES Whole grain noodles Three bean salad - COLD Fruit *Vegetarian "meat" balls available	11 BREAKFAST FOR LUNCH French toast sticks Turkey sausage* Morning-style potatoes Orange juice *Vegetarian "sausage" patty available	12 BREADED CHICKEN* SANDWICH Honey mustard Whole grain bun Broccoli Fruit Turkey bacon - HS only American cheese - HS only *Vegetarian breaded "chix" sandwich avail	13 PEPPERONI CALZONE* Marinara sauce Wango mango juice (vegetable) Green beans Breadstick - HS only Fruit *Vegetarian cheese pizza crunchers available	14 TURKEY* SANDWICH Leaf lettuce Sliced tomato American cheese Whole wheat bun Baby carrots w/ranch dressing Mayonnaise Mustard Fruit *Vegetarian hummus available
17 PHILLY CHEESESTEAK W/PEPPERS & ONIONS* Whole grain bun Corn, pepper, and onion saute Fruit *Vegetarian black bean burger available	18 BEEF TACO* Tortilla shells Salsa Sour cream Shredded cheddar cheese Black beans Fruit *Vegetarian taco crumble available	19 SMOKEY BBQ PULLED CHICKEN* SANDWICH Whole grain bun Broccoli Fruit *Vegetarian BBQ "chix" available	20 CHEESE RAVIOLI W/HOMEMADE RAGU* SAUCE Steamed carrots Garlic parmesan breadstick Fruit *cheese ravioli w/marina available	21 KUNG PAO CHICKEN* Brown rice Asian vegetable medley Fresh fruit *vegetarian kung pao "chix" available
24 BONELESS BUFFALO CHICKEN* WINGS Steamed carrots Whole grain roll Ranch dressing Fruit *vegetarian boneless "chix" wings avail	25 HARVEST CELEBRATION Turkey with gravy Mashed potatoes Stuffing, Cranberry sauce Whole grain roll Fruit *vegetarian "tofurkey" available	26 1/2-DAY Bagged Lunch	27 NO SCHOOL	28 NO SCHOOL
		THANKFUL		

1% Milk | Gluten-Free, Dairy-Free, and Vegetarian options are available everyday.