




Fresh Eats

CAFETERIA

Director of Food & Nutrition

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Monday	Tuesday	Wednesday	Thursday	Friday
3 BREAKFAST CHICKEN PANCAKE WRAP NUGGETS ASSORTED JUICE LUNCH BREADED CHICKEN SANDWICH ASSORTED FRESH VEGETABLES SNACK ASSORTED POPTARTS	4 NO SCHOOL	5 BREAKFAST CINNAMON ROLL APPLESLICES LUNCH TURKEY & CHEESE MUNCHABLE DICED FRUIT SNACK OATMEAL ROUND	6 BREAKFAST ASSORTED YOGURT W/CRACKERS MIXED FRUIT LUNCH CHEESEBUGER ASSORTED FRESH VEGETABLES ORANGE WEDGES SNACK WAFFLE SNAPS	7 BREAKFAST MINI CHOCOLATE CHIP FRENCH TOAST ORANGE WEDGES LUNCH YOGURT PARFAIT CUCUMBER SLICES SNACK WG CHEESE CRACKERS APPLESAUCE
10 BREAKFAST BREAKFAST PIZZA APPLESLICES LUNCH CHICKEN NUGGETS STEAMED CORN MIXED FRUIT SNACK CEREAL BAR	11 BREAKFAST MINI CHOCOLATE CHIP FRENCH TOAST ORANGE WEDGES LUNCH PASTA & MEATBALLS MIXED FRUIT SNACK WG CHEESE CRACKERS APPLESAUCE	12 BREAKFAST OATMEAL ROUND APPLE SLICES LUNCH MAC & CHEESE CUCUMBER SLICES MIXED FRUIT SNACK WG CRACKERS	13 BREAKFAST ASSORTED MUFFINS APPLESLICES LUNCH TURKEY & CHEESE HOAGIE ASSORTED FRESH VEGETABLES MIXED FRUIT SNACK SCOOPY DOO GRAHAM CRACKERS	14 BREAKFAST STRING CHEESE W/ CRACKERS APPLESLICES LUNCH CHEESE PIZZA CUCUMBER SLICES MIXED FRUIT SNACK ASSORTED POPTARTS
17 BREAKFAST FRENCH TOAST STICKS ASSORTED JUICE LUNCH BREADED CHICKEN SANDWICH ASSORTED FRESH VEGETABLES DICED PEACHES SNACK ASSORTED POPTARTS	18 BREAKFAST EGG AND CHEESE SANDWICH MANDARIN ORANGES LUNCH CHEESE PIZZA ASSORTED FRESH VEGETABLES ORANGE WEDGES SNACK OATMEAL ROUND	19 BREAKFAST DUTCH WAFFLE APPLE SLICES LUNCH MEATBALLS & MASHED POTATOES MIXED FRUIT SNACK CINNAMON BELLY BEARS	20 BREAKFAST SAUSAGE EGG & CHEESE SANDWICH MANDARIN ORANGES LUNCH CHEESEBUGER ASSORTED FRESH VEGETABLES ORANGE WEDGES SNACK ASSORTED MUFFINS	21 BREAKFAST STRING CHEESE W/ CRACKERS APPLESLICES LUNCH TURKEY & MASHED POTATOES ASSORTED FRESH FRUIT AND VEGETABLES CRANBERRY SAUCE SNACK ASSORTED POPTARTS
24 BREAKFAST ASSORTED YOGURT W/CRACKERS MIXED FRUIT LUNCH TURKEY AND CHEESE SANDWICHES ASSORTED FRESH VEGETABLES ORANGE WEDGES SNACK WAFFLE SNAPS	25 BREAKFAST STRING CHEESE W/CRACKERS MIXED FRUIT LUNCH CHEESE SANDWICHES ASSORTED FRESH FRUIT AND VEGETABLES SNACK WG CRACKERS APPLESAUCE	26  NO SCHOOL	27  NO SCHOOL	28  NO SCHOOL

Happy Thanksgiving

Nutrition fuels your brain and body.

MILK OPTIONS

Fat Free White, 1% White

LACTOSE FREE AVAILABLE UPON REQUEST