

Michigan Department of Education Local Wellness Policy Checklist

This checklist details the regulations set forth by the USDA under the Healthy, Hunger-Free Kids Act of 2010 for a local school wellness policy. For additional information on the requirements for local school wellness policies, visit the Michigan Department of Education's School Nutrition Programs website at <http://www.michigan.gov/schoolnutrition>.

Policy Document

- ☒ The district has a wellness policy.
- ☒ A copy of the written local school wellness policy is kept on file.
- ☒ The wellness policy is posted on the school website.
- ☒ The district updates the wellness policy as needed and as recommended as part of the district's Triennial Assessment.

Wellness Committee

- ☒ An identified leader, who has the authority and responsibility to ensure each school building complies with the policy, has been selected to oversee the wellness policy work in the district.
- ☒ The wellness committee has a meeting schedule to regularly meet with members.
- ☒ Participation in the wellness committee is permitted for the general public and the school community (including parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, and school administrators) to participate in the wellness policy process.

Policy Content

- ☒ The policy contains specific goals for nutrition promotion and education.
- ☒ The policy contains specific goals for physical activity.
- ☒ The policy contains specific goals for other school-based activities that promote student wellness.
- ☒ The policy contains nutrition guidelines for all foods and beverages for sale on the school campus during the school day that are consistent with Federal regulations for Smart Snacks in School nutrition standards.
- ☒ The policy contains locally developed guidelines for other foods and beverages available on the school campus during the school day, not sold (e.g. in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- ☒ The policy allows marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.

Public Updates

- ☒ The district updates the public on the wellness policy, including any updates to and about the wellness policy, at least annually.
- ☒ Documentation is kept on file of efforts to provide annual updates to the local wellness policy including who was involved in the process and how stakeholders were permitted to participate.
- ☒ Documentation is kept on file demonstrating how the policy and updates are made available to the public.
- ☒ The district updates the public on the Triennial Assessment, including progress toward meeting the goals of the policy.

Triennial Assessment

- ☒ The district assesses the wellness policy every three years, at a minimum.
- ☒ This assessment contains the following components:
 - ☒ Compliance with the wellness policy.
 - ☒ How the wellness policy compares to model wellness policies.
 - ☒ Progress made in attaining the goals of the wellness policy.
- ☒ The most recent triennial assessment is kept on file.

Section 1: General Information

School(s) included in the assessment:

Walled Lake Consolidated School District

Month and year of current assessment: July 2024

Date of last Local Wellness Policy revision: 10/10/23

Website address for the wellness policy and/or information on how the public can access a copy:

WWW.WLCSD.ORG/DEPARTMENTS/FOOD-SERVICE

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Annually

School Wellness Leader:

Name	Job Title	Email Address
Julie Forthner	Food Service Director	julieforthner@wlcso.org

School Wellness Committee Members:

Name	Job Title	Email Address
Greg Diamond	High School Principal	Gregory.Diamond@wlcso.org
Jennifer Vanwagen	Middle School Principal	jennifer.vanwagen@wlcso.org
Marci Augenstein	Elementary Principal	marci.augenstein@wlcso.org

WELLNESS POLICY ASSESSEMENT

District Name: Walled Lake Consolidated School District

Reviewer: Julie Forthner

Title: Food Service Director

Date: 09/25/24

For each item identified below, circle the number
to the right that best fits your judgment of its quality.

0 – **Not Mentioned** (This item is not included in the text of the policy or being implemented)

1 – **Weak Statement** (This item is mentioned, but the statement is vague, unclear, or confusing)

2 – **Meets or Exceeds Expectations** (This item is mentioned, being implemented and it is clear that the policy makers are committed to making the item happen)

Section 1: Nutritional Education

Subject	Not Mentioned	Weak Statement	Meets or Exceeds Expectation s	Not Applicable
1. There is a standards-based nutrition curriculum, health education, curriculum, or other curriculum that includes nutrition.	0	1	2	
2. All elementary school students receive nutrition education.	0	1	2	
3. All middle school students receive nutrition education.	0	1	2	
4. All high school students receive nutrition education	0	1	2	
5. Links nutrition education with the school food environment.	0	1	2	
6. Nutrition education teaches skills that are behavior focused.	0	1	2	
Section 2: Standards for USDA School Meals				
7. Addresses access to the USDA school Breakfast Program.	0	1	2	
8. Addresses compliance with USDA nutrition standards for reimbursable meals.	0	1	2	
9. District takes steps beyond those required by federal law/regulation to protect the privacy of students who qualify for ~~free and reduced priced~~ meals. <u>Educational Benefits</u>	0	1	2	
10. Ensures adequate time to eat.	0	1	2	
11. Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards (Available: http://www.fns.usda.gov/sites/default/files/CN2014-0130.pdf)	0	1	2	
12. Free drinking water is available during meals.	0	1	2	

Subject	Not Mentioned	Weak Statement	Meets or Exceeds Expectations	Not Applicable
13. There is a written physical education curriculum for grades K-12.	0	1	2	
14. The written physical education curriculum is aligned with national and/or state physical education standards.	0	1	2	
15. Addresses time per week of physical education instruction for all elementary school students.	0	1	2	
16. Addresses time per week of physical education instruction for all middle school students.	0	1	2	
17. Addresses time per week of physical education instruction for all high school students.	0	1	2	
18. Addresses teacher-student ratio for physical education classes.	0	1	2	
19. Addresses qualifications for physical education teachers for grades K-12.	0	1	2	
	ALL	EL	MS	HS
20. Addresses physical education waiver requirements for K-12 students (e.g. substituting physical education requirement with other activities).	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A
21. Addresses physical education exemption's for K-12 students.	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A
22. Addresses physical education substitution requirements for K-12 students (e.g. substituting physical education requirement with other activities).	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A
23. District addresses active transport for all K-12 students	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A
24. District addresses recess.	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A
25. Addresses physical activity breaks for all K-12 students.	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A	0,1,2 or N/A
Section 5: Wellness Promotion and Marketing	Not Mentioned	Weak Statement	Meets or Exceeds Expectations	Not Applicable
26. Encourages staff to model healthy eating/drinking behaviors.	0	1	2	
The following question refers to food and beverage advertising/marketing				
School marketing includes food and beverage advertising and other marketing, such as the name or depiction of products, brands, logos, trade marks, or spokespersons or characters, on any property or facility owned or leased by the school district or school (such as school buildings and campus, outside and areas adjacent to school buildings, athletic fields, school buses, parking lots, or other facilities) and used at any time for school related activities.				
Below questions address restriction of marketing of food and beverages that cannot be sold to students during the school day (do not meet USDA Smart Snack nutrition standards). Rate whether restrictions are in place for the following:				
27. On signs, scoreboards, sports equipment	0	1	2	