

NOVEMBER | 2025



Middle and High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|---|---|---|---|
| <p>3</p> <p>Pop-Tarts w/ Banana</p> <p>Spaghetti w/ Meat Sauce Breadstick Broccoli Fruit Milk</p> | <p>4</p> <p>Breakfast Muffin</p> <p>Chicken and Cheese Quesadilla Refried Beans Corn Apple Slices Milk</p> | <p>5</p> <p>French Toast Sticks</p> <p>Ole Miss Bowl Corn Muffin Corn Milk</p> | <p>6</p> <p>Mini Cinni</p> <p>Chicken Wrap Carrots Applesauce Milk</p> | <p>7</p> <p>Donut Holes</p> <p>Pizza Ripper Salad Fruit Milk</p> |
| <p>10</p> <p>Pot-Tarts w/ Banana</p> <p>Mini Corn Dogs Mac n Cheese Broccoli Banana Milk</p> | <p>11</p> <p>Breakfast Muffin</p> <p>Nacho Supreme Beans Apple Slices Milk</p> | <p>12</p> <p>French Toast Sticks</p> <p>Salisbury Steak Mashed Potatoes Green Beans Apples Milk</p> | <p>13</p> <p>Mini Cinni</p> <p>Cheeseburger on Bun Chips Peas Carrots Apples</p> | <p>14</p> <p>Donut Holes</p> <p>Chicken Nuggets French Fries Applesauce Milk</p> |
| <p>17</p> <p>Pop-Tarts with Banana</p> <p>Grilled Cheese Chili Salad Apple Slices Milk</p> | <p>18</p> <p>Breakfast Muffin</p> <p>Walking Taco Beans Mixed Fruit Milk</p> | <p>19</p> <p>French Toast Sticks</p> <p>THANKSGIVING DINNER Chicken Noodles Mashed Potatoes Green Beans Pumpkin Dessert Fruit Milk</p> | <p>20</p> <p>Mini Cinni</p> <p>Tenderloin on Bun Tater Tots Fruit Milk</p> | <p>21</p> <p>Donut Holes</p> <p>Big Daddy Pizza Green Beans Applesauce Milk</p> |
| <p>24</p> <p>Pop-Tarts w/ Banana</p> <p>Spaghetti w/ Meat Sauce Breadstick Broccoli Fruit Milk</p> | <p>25</p> <p>Breakfast Muffin</p> <p>Pizza Corn Apple Slices Milk</p> | <p>26</p> <p>Happy</p> | <p>27</p>  | <p>28</p> <p>Thanks giving</p> |

News

**Thanksgiving meal is
November 19.**

**Thanksgiving Break
Nov. 26-28**

**What makes a meal
Offer vs. Serve (OVS)?**

**OVS students can
choose 3-5
components: Protein,
Grain, Vegetable, Fruit,
Dairy**

**OVS students can
choose up to 2 servings
of vegetables and 2
servings of Fruits daily
as part of a meal
Each day we offer a
variety of fresh fruits,
fresh and cooked
vegetables for students
to choose from
*Allergen Friendly
meals are available at
each school**