## NOVEMBER 2025 Secondary Menu

Low Fat Milk

Columbia Public Schools is an Equal Opportunity Employer and Provider

Menus subject to change

\*DHS, High Road and Roseta unless indicated:

\*\*Roseta and High Road

3 Turkey & Cheese Breadsticks* (i.e. Rippers) OR Daily Entres Steamed Broccoli, Garden Bar with Fresh Red or Orange Peppers, Mixed Fruit, Fresh Fruit, Low Fat Milk	NO SCHOOL Teacher Workday	5 Hard- or Soft-shelled Beef or Bean Tacos * OR Daily Entrees Refried Beans, Garden Bar with Romaine Lettuce, Grape Tomatoes, WG Oatmeal Granola, Applesauce, Fresh Fruit, Low Fat Milk	6 Chicken Sausages with Pancakes* OR Daily Entrees Hot Spiced Apples, Garden Bar with Baby Carrots, Cucumber, Mixed Fruit, Fresh Fruit, Low Fat Milk	7 Chicken Alfredo Penne Pasta with Breadstick* OR Daily Entrees Steamed Broccoli, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk
10 Pizza Crunchers* OR Daily Entrees Spaghetti Dipping Sauce, Seasoned Peas, Garden Bar with Baby Carrots, Blueberries, Fresh Fruit, Low Fat Milk	11 Chicken Tenders* OR Daily Entrees Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk	12 Buffalo Chicken Stuffed Sandwich* OR Daily Entrées * French Fries, Garden Bar with Grape Tomatoes, Applesauce, Fresh Fruit, Low Fat Milk	13 BBQ Chicken Teriyaki with Brown Rice* OR Daily Entres Steamed Broccoli, Garden Bar with Cucumber, Pineapple Tidbits, Fresh Fruit, Low Fat Milk	NO SCHOOL Teacher Workday
17 Pizza Crunchers* OR Daily Entrees Spaghetti Dipping Sauce, Seasoned Peas, Garden Bar with Baby Carrots, Applesauce, Fresh Fruit, Low Fat Milk	18 Chicken Tenders* OR Daily Entrees Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk	19 Chicken Patty Sandwich on WG Bun* OR Daily Entrees Baked Beans, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk	20 Mandarin Orange Chicken with Brown Rice* OR Daily Entres Steamed Broccoli, Garden Bar with Fresh Peppers, Mixed Fruit, Fresh Fruit, Low Fat Milk	21 Fish Strips* OR Daily Entrees French Fries, Garden Bar, Grape Tomatoes, Applesauce, Fresh Fruit, Low Fat Milk
24 Wild Mike's Cheese Bites* OR Daily Entrees Spaghetti Dipping Sauce, Seasoned Corn, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk	25 Chicken Tenders* OR Daily Entrees Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk	NO SCHOOL	NO SCHOOL	NO SCHOOL
1 Turkey & Cheese Breadsticks* (i.e. Rippers) OR Daily Entres Steamed Broccoli, Garden Bar with Fresh Red or Orange Peppers, Mixed Fruit, Fresh Fruit,	<u>2</u> Chicken Tenders* OR Daily Entrees Dipping Sauces, Mashed Potatoes with Gravy, Green Beans, Garden Bar with Celery Sticks, WG Oatmeal Granola, Pears, Fresh Fruit, Low Fat Milk	A Hard- or Soft-shelled Beef or Bean Tacos * OR Daily Entrees Refried Beans, Garden Bar with Romaine Lettuce, Grape Tomatoes, WG Oatmeal Granola, Applesauce, Fresh Fruit,	4 Chicken Sausages with Pancakes* OR Daily Entrees Hot Spiced Apples, Garden Bar with Baby Carrots, Cucumber, Mixed Fruit, Fresh Fruit, Low Fat Milk	<u>5</u> Chicken Alfredo Penne Pasta with Breadstick* OR Daily Entrees Steamed Broccoli, Garden Bar with Cucumber, Peaches, Fresh Fruit, Low Fat Milk

Low Fat Milk