

# November 2025

## High School Menus

### St. Charles Parish Public Schools

This institution is an equal opportunity provider.  
Menus are subject to change.

#### Monday, November 3

Red Beans w/Sausage	Pizza
Steamed Brown Rice	Grill: Totchos with Carnitas
Seasoned Mustard Greens	Bar: Brunch
Steamed Carrots	G&G: Turkey Sandwich
Cornbread	and Sunbutter Sandwich
Fruit or Juice Choice	

#### Tuesday, November 4

Beef & Cheese Macaroni	Grill: Philly Cheese Steak Hoagie
Cucumber & Tomato Salad	Bar: Southwest Bar
Green Beans, Garlic Bread	G&G: Salad, Turkey Hoagie
Fruit or Juice Choice	

#### Wednesday, November 5

Salisbury Steak	Pizza
Mashed Potatoes, Broccoli	Grill: Honey Island Chicken Sand.
Dinner Roll	Bar: Fresh Bar
Fruit or Juice Choice	G&G: Ham & Cheese Wrap

#### Thursday, November 6

Turkey Stew	Grill: Hamburger/Cheeseburger
Brown Rice, Candied Yams	Bar: Potato Bar
Steamed Cabbage	G&G: Chicken Salad Sandwich
Dinner Roll	
Fruit or Juice Choice	

#### Friday, November 7

Pastalaya	Pizza
Peas	Grill: Mesquite Legs & Fries
Garden Salad	Bar: Hot Dog Bar
Dinner Roll	G&B: Tuna Salad on Salad
Fruit or Juice Choice	

## BREAKFAST

All Breakfast meals are served with your choice of Fruit or Fruit Juice.  
Items rotate weekly.

### MONDAY

Grits/Parfait 🍁 Pancake on a Stick  
Breakfast Pizza

### TUESDAY

Chicken Biscuit

### WEDNESDAY

Donut  
Cinnamon Roll

### THURSDAY

Sausage Biscuit

### FRIDAY

Cinnamon Roll 🍁 Egg Bites  
Scone

### DAILY OPTIONS:

Cereal w/Graham Crackers  
Yogurt w/Tiger Bites

#### Monday, November 10

Chicken Nuggets	Pizza
Mashed Potatoes & Gravy	Grill: Totchos w/Carnitas
Cal Blend Veggies	Bar: Asian Bar
Dinner Roll	G&G: Turkey Sandwich and
Cinnamon Apple Slices	Sunbutter Sandwich

#### Tuesday, November 11

Jambalaya	Grill: Turkey Pit Sliders
Broccoli Florets	Bar: Southwest Bar
Carrots	G&G: Salad, Turkey Hoagie
Dinner Roll	
Fruit/Fruit Juice Choice	

#### WEDNESDAY, NOVEMBER 12

**TEACHER & STAFF  
PROFESSIONAL DEVELOPMENT DAY  
NO SCHOOL**

#### Thursday, November 13

Fish Nuggets	Grill: Hamburger/Cheeseburger
Macaroni & Cheese	Bar: Potato Bar
Green Beans, Tomato Salad	G&G: Chicken Salad Sandwich
Fruit or Juice Choice	

#### Friday, November 14

General Tso Chicken	Pizza
Noodles, Dinner Roll	Grill: BBQ Rib on Bun w/Fries
Edamame, Asian Salad	Bar: Hot Dog Bar
Fruit or Juice Choice	G&G: Tuna Salad on Salad

#### Monday, November 17

Chicken Tenders	Pizza
Waffles w/Syrup	Grill: Totchos w/Carnitas
Green Beans	Bar: Brunch
Carrots	G&G: Turkey Sandwich
Fruit or Juice Choice	Sunbutter Sandwich

#### Tuesday, November 18

Orange Chicken, Fried Rice	Grill: Philly Cheese Steak Hoagie
Stir Fry Vegetable	Bar: Southwest Bar
Asian Chopped Salad	G&G: Salad, Turkey Hoagie
Dinner Roll	
Fruit or Juice Choice	

#### Wednesday, November 19

Spaghetti & Meatsauce	Pizza
Broccoli Florets	Grill: Honey Island Chicken
Italian Salad	Bar: Fresh Bar
Garlic Bread	G&G: Ham & Cheese Wrap
Fruit/Fruit Juice Choice	

#### Thursday, November 20

#### **Thanksgiving Lunch**

Sliced Turkey & Gravy	Grill: Hamburger/Cheeseburger
Rice or Cornbread Dressing	G&G: Chicken Salad Sandwich
Sweet Potato Soufflé	
Green Beans, Dinner Roll	
Strawberry Shortcake	
Fruit/Fruit Juice Choice	

#### Friday, November 21

BBQ Pit Turkey, Cole Slaw	Pizza
Mac & Cheese, Ranchero Beans	Grill: Chicken Tenders w/Fries
Jalapeno Cornbread	Bar: Hot Dog
Fruit or Juice Choice	G&G: Tuna Salad on Salad

EVERY COMPLETE MEAL WE SERVE  
COMES WITH YOUR CHOICE OF  
LOW FAT OR NONFAT MILK!

*Happy Thanksgiving*  
*We will be closed Mon., Nov. 24—Fri., Nov. 28*  
*In observance of the Thanksgiving Holiday*

