

Cycle Menus - 2025-2026 School Year



Week A



Week B



Week C

August

| | M | T | W | TH | F |
|---|----|----|----|----|----|
| A | 11 | 12 | 13 | 14 | 15 |
| B | 18 | 19 | 20 | 21 | 22 |
| C | 25 | 26 | 27 | 28 | 29 |

September

| | M | T | W | TH | F |
|---|----|----|----|----|----|
| A | X | 2 | 3 | 4 | 5 |
| B | 8 | 9 | 10 | 11 | 12 |
| C | 15 | 16 | 17 | 18 | 19 |
| A | 22 | X | 24 | 25 | 26 |
| B | 29 | 30 | | | |

October

| | M | T | W | TH | F |
|---|----|----|----|----|----|
| B | | | 1 | X | 3 |
| C | 6 | 7 | 8 | 9 | 10 |
| A | X | 14 | 15 | 16 | 17 |
| B | 20 | 21 | 22 | 23 | 24 |
| C | 27 | 28 | 29 | 30 | 31 |

November

| | M | T | W | TH | F |
|---|----|----|----|----|----|
| A | 3 | 4 | 5 | 6 | 7 |
| B | 10 | 11 | 12 | 13 | 14 |
| C | 17 | 18 | 19 | 20 | 21 |
| | X | X | X | X | X |

December

| | M | T | W | TH | F |
|---|----|----|----|----|----|
| A | 1 | 2 | 3 | 4 | 5 |
| B | 8 | 9 | 10 | 11 | 12 |
| C | 15 | 16 | 17 | 18 | 19 |
| | X | X | X | X | X |
| | X | X | X | | |

January

| | M | T | W | TH | F |
|---|----|----|----|----|----|
| | | | | X | X |
| A | 5 | 6 | 7 | 8 | 9 |
| B | 12 | 13 | 14 | 15 | 16 |
| C | X | 20 | 21 | 22 | 23 |
| A | 26 | 27 | 28 | 29 | 30 |

February

| | M | T | W | TH | F |
|---|----|----|----|----|----|
| B | 2 | 3 | 4 | 5 | 6 |
| C | 9 | 10 | 11 | 12 | 13 |
| A | X | 17 | 18 | 19 | 20 |
| B | 23 | 24 | 25 | 26 | 27 |

March

| | M | T | W | TH | F |
|---|----|----|----|----|----|
| C | 2 | 3 | 4 | 5 | 6 |
| A | 9 | 10 | 11 | 12 | 13 |
| B | 16 | 17 | 18 | 19 | 20 |
| C | 23 | 24 | 25 | 26 | 27 |
| | X | X | | | |

April

| | M | T | W | TH | F |
|---|----|----|----|----|----|
| C | | | X | X | X |
| A | 6 | 7 | 8 | 9 | 10 |
| B | 13 | 14 | 15 | 16 | 17 |
| C | 20 | 21 | 22 | 23 | 24 |
| A | X | 28 | 29 | 30 | |

May

| | M | T | W | TH | F |
|---|----|----|----|----|----|
| A | | | | | 1 |
| B | 4 | 5 | 6 | 7 | 8 |
| C | 11 | 12 | 13 | 14 | 15 |
| A | 18 | 19 | 20 | 21 | 22 |
| B | X | 26 | 27 | 28 | 29 |



@ETHSNUTRITIONSERVICES

Menus are subject to change due to food availability.
This institution is an equal opportunity provider.