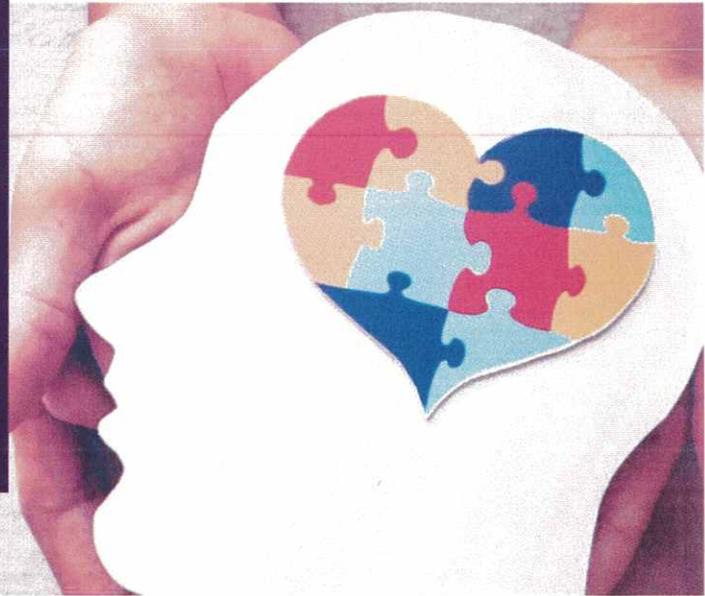




Northwest Educational Service District 189

Together We Can

School-Based Mental Health Services



SERVICES INCLUDE



Mental health intake assessment with the student and family. Mental Health Professionals work collaboratively with staff, parents and students.



Individualized plan that builds on student strengths and addresses student's emotional and behavioral needs.



Individual and group intervention and support using best and evidence-based practices.

PROGRAM BACKGROUND

The goal of the program is to improve access to services for youth who may not be able to be seen otherwise. All students are eligible regardless of ability to pay.



REFERRAL PROCESS

Students will usually be referred by the school counselors within the building. Students may also self-refer and parents are welcome to request services as well. Referral forms are available through the school counseling team.



IMPORTANT NOTE

Efforts are made to include parents/caregivers and other supportive adults in the therapeutic process. **Youth 13 and older are legally able to access their own services without additional consent. They must give permission for information to be shared.**



WHO WE SERVE

- Students struggling with mental health needs, such as anxiety and/or depression.
- Students experiencing symptoms that are interfering with their school and/or home life.
- Students adversely affected by family issues, such as divorce or loss.

Therapist Marguerite Berg, M.Ed., M.Psy., LAMFT

