

Growing Our Readers The Power of Daily Reading

Why 20 Minutes a Day Makes a Difference: Volume XIII

Amy Wilson- Elementary School Director



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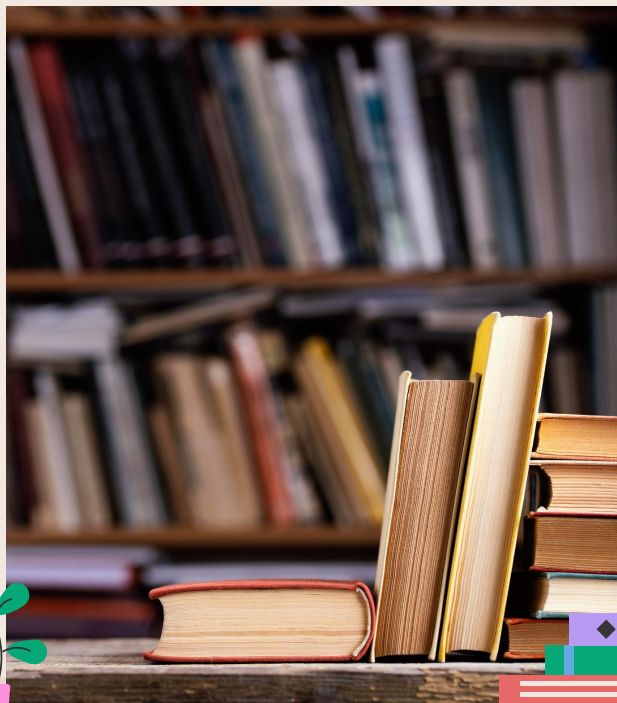
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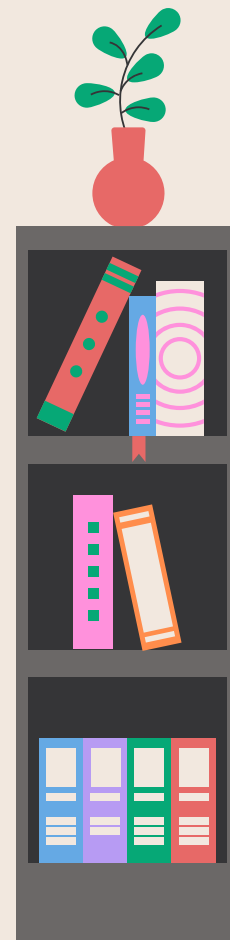
Why 20 Minutes Matters

- **Consistent reading time builds strong readers.**
Students who read 20 minutes a day are exposed to **1.8 million words per year**, compared to only **8,000 words** for students who read just one minute a day.
- **Vocabulary grows naturally.**
The more children read, the more words they encounter — boosting comprehension, writing, and speaking skills.
- **Reading builds empathy and imagination.**
Stories allow children to experience new perspectives and ideas.
- **Daily reading strengthens focus and stamina.**
Regular reading helps kids build attention spans and persistence for learning tasks.

Family Reading Strategies

Make It a Routine

- Pick a consistent time (bedtime, after dinner, morning quiet time).
- Keep books within easy reach — baskets in the living room, car rides, or backpacks.



Read Together

- Take turns reading pages or roles in a story.
- For younger readers: Let them “read” by describing pictures or retelling the story.

Talk About What You Read

- Ask open-ended questions:
 - “What was your favorite part?”
 - “Why do you think the character did that?”
 - “What do you think will happen next?”



Model Reading

- Let children see you reading newspapers, recipes, or novels.
- Share something interesting you learned from your own reading.

Celebrate Reading Progress

- Track days read with a family reading chart or sticker calendar.
 - Celebrate small goals — “10 days in a row!” or “finished a chapter book!”
- 



Helpful Tools and Resources



StoryLine Online

Celebrities read picture books aloud with engaging animations.



Unite for Literacy

Free online picture books with narration in multiple languages.



PBS Kids Reading Games

Literacy-based games featuring favorite characters.



Epic! Books for Kids

Digital library with fiction, nonfiction, and read-to-me books



● Printable Trackers and Challenges



20 Minutes a Day Reading Log

Track your progress and add your reading minutes

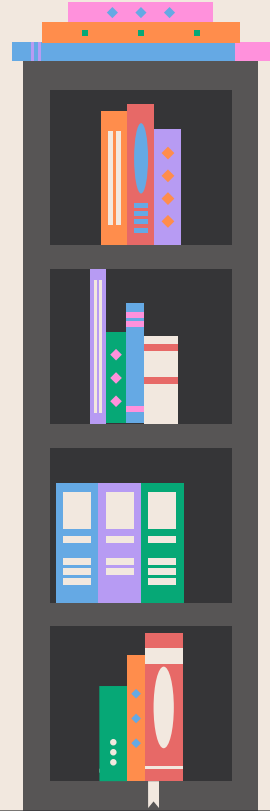
[Reading Reward Chart](#) [Daily Reading Chart for Kids](#)



Family Reading Bingo

challenges like read under a blanket fort, read to a pet, read a nonfiction book.

[Reading Bingo Boards](#)



Book Choice Matters!

- Encourage kids to read widely across different genres.
- Build a diverse home library.
- Make lots of trips to the school and public library.
- Press play on audiobooks.
- Highlight graphic novels.
- Showcase series books.
- Book Finder Tool
- Themed Book Lists



“Just 20 minutes of reading a day adds up to over **121 hours of reading a year!** Small daily habits make big lifelong readers.”



○ We appreciate your feedback!

Was this resource helpful?

Take a moment to answer three short questions to help guide future Growing our Readers Newsletters.

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