



OCTOBER 26, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

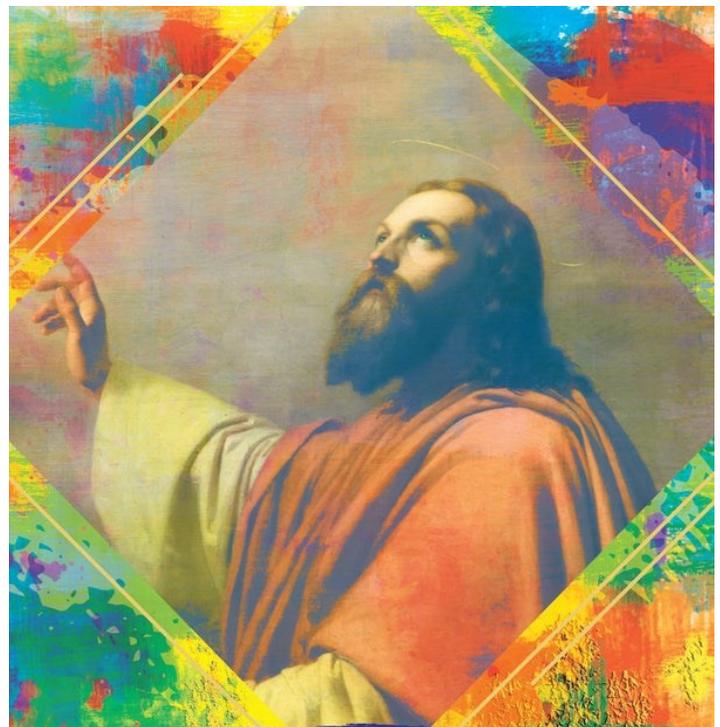
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.



30TH SUNDAY IN ORDINARY TIME

“Whoever exalts himself will be humbled, and the one
who humbles himself will be exalted.” - Lk 18:14

PARISH CALENDAR

Sunday October 26

Thirtieth Sunday in Ordinary Time

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	Sunday School
2:00 PM	Children's Sacramental Prep Class
3:00 PM	Divine Mercy - Monthly Prayer Time
5:00 PM	Mass

Monday October 27

Weekday

8:15 AM	Rosary
8:45 AM	Mass
7:00 PM	<i>Rosary Group Canceled</i>
7:00 PM	Parish Mission with Fr. Sichko

Tuesday October 28

SAINTS SIMON AND JUDE, APOSTLES

10:00 AM	Stitchers with Heart Group
6:00 PM	Bereavement Group
7:00 PM	Parish Mission with Fr. Sichko

Wednesday October 29

Weekday

8:00 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass (school attending)
4:00 PM	Middle School Youth Group at Sacred Heart
7:00 PM	Parish Mission with Fr. Sichko

Thursday October 30

Weekday

8:15 AM	Rosary
8:45 AM	Mass
2:00 PM - 4:00 PM	Eucharistic Adoration

Friday October 31

Weekday

8:15 AM	Rosary
8:45 AM	Mass
11:30 AM	Carpe Diem Halloween Luncheon

Saturday November 1

ALL SAINTS

8:00 AM	Women's Group & Men's Group
9:00 AM	All Saints Day Mass
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass

Sunday November 2

*THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED
(All Souls' Day)*

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	Sunday School
2:00 PM	Children's Sacramental Prep Class
5:00 PM	Mass

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
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James Applegate, CPA Bookkeeper/Accountant
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Bridget Darrow, Pastoral Assistant for Administration
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Robert Eubanks, Facilities Supervisor
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Linda Geere, Pastoral Assistant for Pastoral Care
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Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
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Phoebe Kwan, Pastoral Assistant for Liturgy
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Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

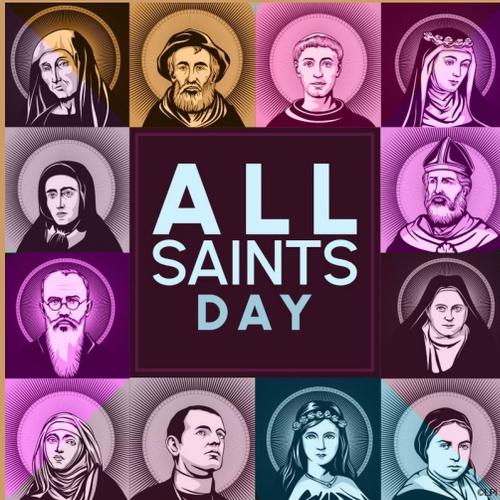
- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

**Behold the Lamb
Quick Weekly Lessons on the
Sacred Liturgy**



During the Alleluia, the Priest/Deacon bows slightly and prays quietly: "Cleanse my heart and my lips, Almighty God, that I may worthily proclaim your holy Gospel", echoing the prophet Isaiah whose lips were first purified before he was sent to prophecy (Is 6:6-7). He then presents the Book of the Gospels—which is held in special honor in the Liturgy—to the congregation before moving to the ambo, where all attention shifts.



Saturday, November 1, 2025
Mass at 9:00 AM
Sacred Heart Church

**Advocacy and Caring for Children (ACC)
Fall Bulb Sale - This Sunday, October 26th
After the 9:00 & 11:00 am Masses**

This Sunday, the St. Therese and Fr. Mychal Judge Circles from Advocacy and Caring for Children (ACC) will sell daffodil and tulip bulbs to support families in need. Generously donated by the Washington Bulb Company, each bag contains 10 bulbs for \$10.00. Look for us in the Narthex after the 9:00 am and 11:00 am Masses. Payments can be made by check or Venmo. Thank you for your support!



**HALLOWEEN
50+ LUNCHEON**



sponsored by Carpe Diem



11:30am, Friday Oct. 31st

in the Narthex, \$25/person

~ Advance sales only:

Oct 18-19 & 25-26



Masks & Costumes *encouraged*,
but **NOT** required

Info: Linda Geere, 425-54-3908 or
lgeere@sacredheart.org



**Carpe Diem invites you to our 50+
Christmas Luncheon & Concert
featuring Holy Family Handbell Choir**

Thursday Dec. 4th

+ *White Elephant Gift Exchange**

Ham Concert in church

11:30 Luncheon gathering in Narthex

**\$25 Luncheon tickets
in advance only: Nov 8-9 & 15-16**

**Please bring a small gift-wrapped item needing a new home - something you no longer want or use. No surplus? We'll have a few extra "gifts" available.
Please don't buy anything new!*

Info: Linda Geere, 425-450-3908 or
lgeere@sacredheard.org



ADMINISTRATION & STEWARDSHIP



November Meals for the Homeless Your Help is Needed - Sign Up's are Here!

This November, we will continue our Sacred Heart community tradition of generously providing nightly meals throughout the month to those in need who are part of the rotating men's shelter at **First Congregational Church in Bellevue**.

Sign up by scanning the QR code to supply a food item (main dish, side dish or dessert). *Thank you for the generosity and compassion in helping these men in their path from homelessness to stable living.*



MASS OF REMEMBRANCE Monday, November 3rd, 6:30 PM



You are invited to join us in remembrance and prayer for your deceased family members and loved ones. During the November 3rd Mass, we will honor those who have died during the past year by naming them in the Prayers of the Faithful.

Everyone is invited to bring photographs of loved ones who have died, to be placed around the church from October 31st to November 27th. Please place your photographs on a windowsill in the church and mark your name and phone number on the back of the photograph or frame.

PARISH STEWARDSHIP OF TREASURE.

WE ARE CALLED
TO SHARE
OUR TREASURE
WITH OTHERS.



As we begin our annual focus on the Stewardship of Treasure, we invite you to take a moment to reflect on how God has blessed you over the past year. This coming week, you will receive a letter from Fr. Nagel encouraging you to consider how you might return a portion of those blessings to our parish community. Next weekend at Masses, Fr. Nagel will share more about how your stewardship makes a difference in the life of our parish. It's easy to make your stewardship of treasure pledge to our parish by visiting our website to access the online giving at parish.sacredheart.org or scan the QR code.



Parish Stewardship of Treasure, Annual Catholic Appeal... What's the Difference?

The Parish Stewardship of Treasure Commitment Renewal funds the day-to-day operations of Sacred Heart. These operations include staff compensation, subsidizing Sacred Heart School, sacramental programs, liturgical ministries, faith formation programs, as well as repairs and maintenance for all campus buildings and utilities. This commitment renewal occurs annually, with pledges covering the period from January to December. All donations are processed through the parish.

The Archdiocesan Annual Catholic Appeal provides essential operating support for important ministries, offices, and programs throughout the Archdiocese of Seattle. Pledges for the Annual Catholic Appeal are made from May to April, and all donations are processed through the Archdiocese of Seattle.



The starting point of stewardship is recognizing that everything we have, everything that we are is by God's initiative—by God's grace.

-Archbishop Etienne on the Spirituality of Stewardship.



WEEKLY READINGS

Sunday 10/26

Sirach 35:12-14,16-18
 Psalm 34:2-3,17-19,23
 2 Timothy 4:6-8,16-18
 Luke 18:9-14

Monday 10/27

Romans 8:12-17
 Psalm 68:2,4,6-7b,20-21
 Luke 13:10-17

Tuesday 10/28

Ephesians 2:19-22
 Psalm 19:2-5
 Luke 6:12-16

Wednesday 10/29

Romans 8:26-30
 Psalm 13:4-6
 Luke 13:22-30

Thursday 10/30

Romans 8:31b-39
 Psalm 109:21-22,26-27,30-31
 Luke 13:31-35

Friday 10/31

Romans 9:1-5
 Psalm 147:12-15,19-20
 Luke 14:1-6

Saturday 11/1

Revelation 7:2-4,9-14
 Psalm 24:1b-4ab,5-6
 1 John 3:1-3
 Matthew 5:1-12a

Sunday 11/2

Wisdom 3:1-9
 Psalm 23:1-6
 Romans 5:5-11
 John 6:37-40

MASS INTENTIONS

Sunday 10/26

9:00 AM Mass: RIP TOM MORROW
 by Tom & Michelle Bartell

11:00 AM Mass: RIP FR. PAUL FITTERER, SJ
 by Joan Willingham

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 10/27

INT FR. JOHN MADIGAN by Sacred Heart Parishioner

Wednesday 10/29

RIP PAUL BERNARD by Jerry Harkleroad

Thursday 10/30

RIP CODY YAMAKAWA by Phoebe Kwan

Friday 10/31

INT BILL MEYER by Patrick & Kathy Shultz

Saturday 11/1

INT THE PARISHIONERS OF SACRED HEART

Sunday 11/2

9:00 AM Mass:
 RIP THE DECEASED OF SACRED HEART PARISH

11:00 AM Mass: RIP DOUG FILER
 by Marian Middleton

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Carol Jergens (St. Monica)
 Jack Dolan

The Deceased

Fr. Paul Fitterer SJ
 Angie DiPietro
 (mother of Shelley DiGirolamo-St. Monica)
 Dolores Shanks (St. Monica)

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE'S PRAYER INTENTION - OCTOBER

For Collaboration Between Different Religious Traditions

Let us pray that believers in different religious traditions might work together to defend and promote peace, justice and human fraternity.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Please Join Us for Sunday School - October 26th
Grades K—5th, 12:30 to 1:30 PM

Scan the QR code for registration or
visit sacredheart.org/Parish/



Join us for Children's Liturgy of the Word (CLOW)
at the 11:00 AM Mass

Contact Sharon at sphillips@sacredheart.org to
sign up to attend the convention along with the
Emmaus Youth Group.



Join us

November 15 | 9am–6pm
Saint Martin's University, Lacey



CATHOLIC YOUTH CONVENTION 2025

SAINTS IN THE MAKING

En camino a la santidad
Trên con đường đến sự thánh thiện
거룩함으로 가는 길에



SACRED HEART SCHOOL

Open House

Pre-K through 8th Grade

THURSDAY
NOVEMBER 6, 2025
6:00-7:30PM



REGISTER
ONLINE TODAY!

school.sacredheart.org

FILL THE HEART

MANY HEARTS, ONE MISSION

NOVEMBER 12, 2025

Join us in supporting Catholic education by giving to Sacred Heart's Annual Fund during
Fill the Heart, our community's special day of giving.

Together, with Many Hearts and One Mission, we can ensure students continue to
receive an exceptional, faith-filled education for years to come.



<https://tinyurl.com/58tz2cmc>



Youth Group This Week

Middle School: Join us this Wednesday (10/29)
at Sacred Heart's Youth Room: 4-5PM.

and

High School: Join us at Sacred Heart's Parish
Mission on Oct 29th 7-8 PM in place of our usual
Wednesday youth group meeting!

COMMUNITY OUTREACH—COMMUNITY EVENTS



Upcoming Visit from our Friends at St. Francis November 1st & 2nd

We are excited to announce that our friends from St. Francis Mission will be visiting Sacred Heart on the weekend of November 1st and 2nd. Representatives from the Mission in South Dakota will join us for a social visit and share more about their ministry on the Rosebud Indian Reservation. This past June, a group of Sacred Heart parishioners participated in a mission trip to the Reservation and we are thrilled to now welcome them to our community. They will be present at the 5:00 PM Mass on Saturday, November 1st, as well as the 9:00 AM and 11:00 AM Masses on Sunday, November 2nd. Please take some time to join us for hospitality after the Masses to meet our friends and extend a warm welcome.

To learn more about St. Francis Mission visit www.sfmission.org.



Sacred Heart Coat Drive



The weather is getting colder, and it's time to help keep our community warm! We are hosting a coat drive benefiting St. Vincent de Paul and Jubilee Reach. We are collecting clean, gently used, or brand new coats for children and adults. Drop off your donation to the designated collection bin in the Narthex by Sunday, November 2nd. Your donation will make a direct and meaningful difference to local



families as the winter season approaches. Please consider contributing a coat today!



BUNDLE SUNDAY STUFF THE TRUCK

Donation Drive at Sacred Heart Parish
for St. Vincent de Paul of Seattle | King County

RESCHEDULED DATE: SUNDAY, NOVEMBER 9th

We apologize for the inconvenience caused to our parishioners by the absence of the scheduled truck at Sacred Heart last Sunday. We have rescheduled the truck for **Sunday, November 9th**. We appreciate your understanding and flexibility as we make this adjustment.



YOUNG CATHOLIC
PROFESSIONALS
SEATTLE



Thursday, November 6

7:00 - 9:00 pm

St. Alphonsus Church,
5816 15th Ave NW, Seattle



Join us for a fireside chat with
Joe Sprague
CEO, Hawaiian Airlines

• Free entry • Open to young adults in their 20s and 30s

Rachel's Corner

Project Rachel Post Abortion Healing Retreats

To leave a confidential message please call:
English: (206) 920-6413, Spanish: (206)-450-7814 Email
projectrachel@ccsww.org. Visit us at [www.ccsww.org/
projectrachel](http://www.ccsww.org/projectrachel) Project Rachel is a program of Catholic
Community Services.

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"Matt & Christina are highly professional, take ownership of the complicated process and remember the stress and emotions that run high during the sale of a beloved home. They are highly skilled and infinitely kind. They got me top dollar in volatile market conditions!"

- Julie Nelson



Parishoners Matt & Christina with Client Julie



Matt
206-661-8624

Christina
612-987-0755



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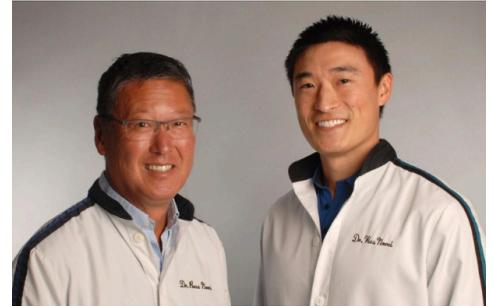
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