



October 23, 2025

9th Grade Parent Night

Agenda



01 *School Counseling
Overview*

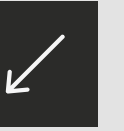
02 *Transition to
High School*

03 *Academic &
Extracurricular
Opportunities*

04 *Future
Pathways*



Agenda



01 *School Counseling Overview*



School Counseling

School counselors are:

Certified educators who improve student success for ALL students by implementing a comprehensive school counseling program. School counselors work to maximize student success, promoting access for all students. As vital members of the school leadership team, school counselors are PROACTIVE and create a school culture of success for all.

School counselors help all students:

- **apply academic achievement strategies**
- **manage emotions and apply interpersonal skills**
- **plan for future postsecondary options (higher education, military, work force)**

(American School Counselor Assoc.)



Meet the Counselors



Mrs. Megan Beatty



Mr. Brian Gregson



Mr. Rayhan Jalil



Mrs. Stacy Mandel



Mr. Jim O'Hara



Mrs. Joan Stewart

School Counseling Support

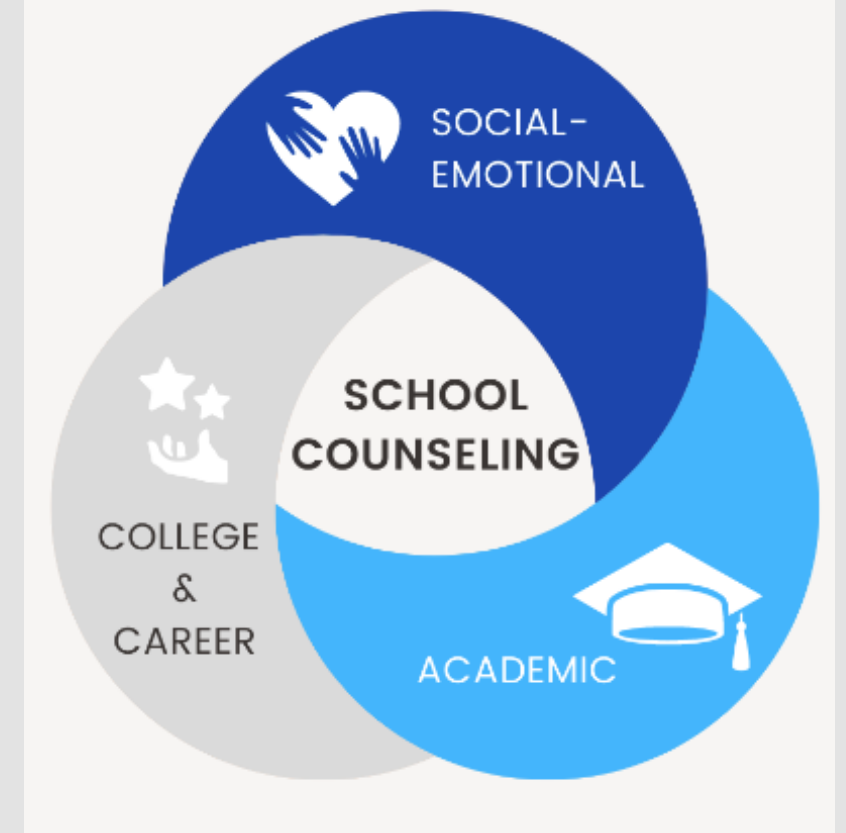


What to expect in the high school...

- Individual Meetings
- Group Push-in Lessons
- Walk in support
- Academic Support & Interventions
- Course Planning each year
- Supporting student SEL growth
- Individualized College & Career Planning
- Parent Programs each year
- Newsletters
- Website for reference



School Counseling



1. Academic

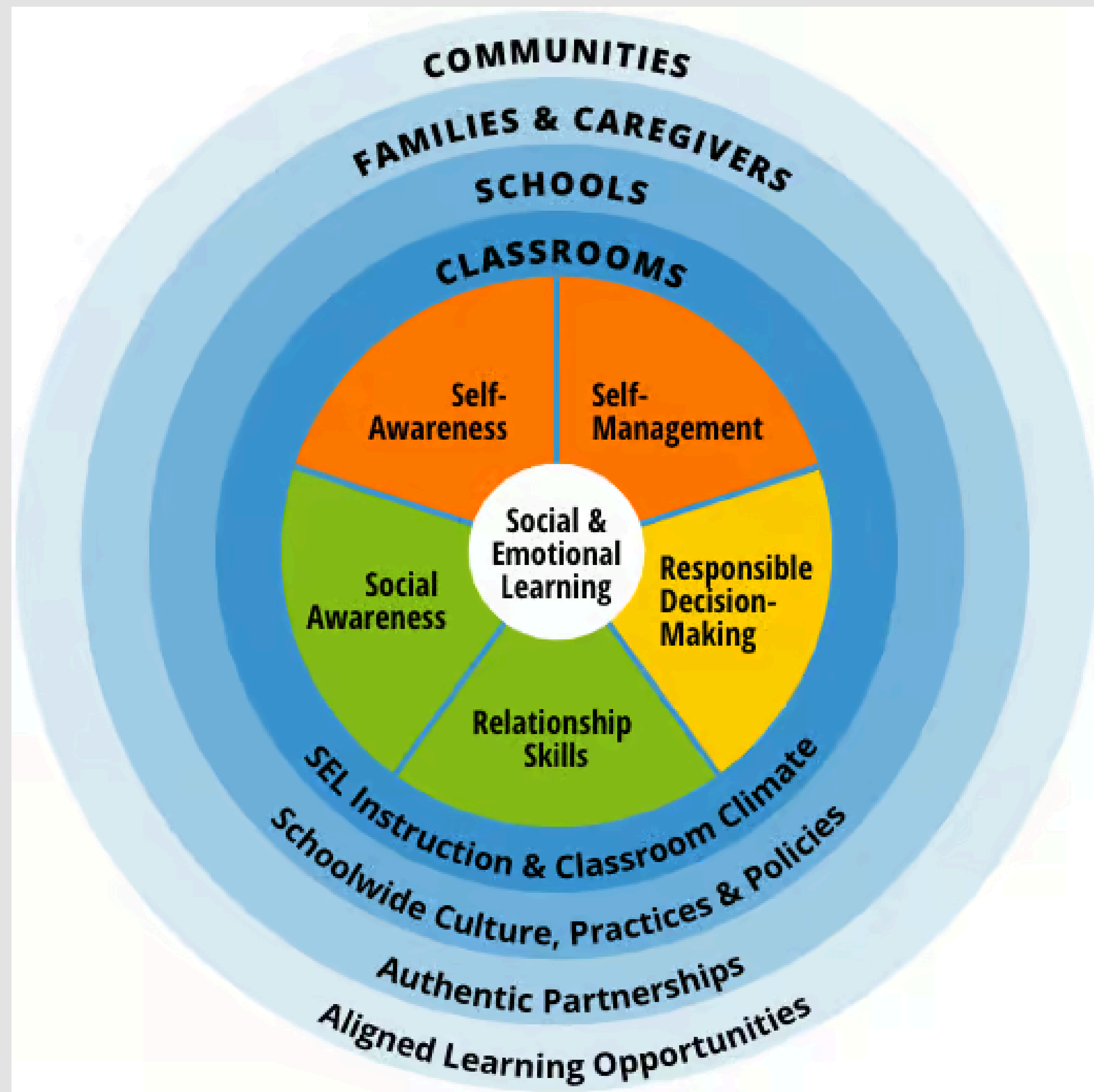
- academic support and interventions
- four year course planning
- connect to support services
- career pathway advisement

2. Social Emotional

- individual counseling
- self-awareness, self-management, decision making
- helping students better understand themselves

3. College & Career Planning

- Course Selection advising
- comprehensive college and career planning
- Junior Conferences
- College Bus Trip
- Standardized Testing Planning
- College Rep Visit Program for 11th and 12th graders





Student



Family

School

— Mahwah High School —

School Counseling Newsletter

October 2025



Mahwah in the Fall 2018

INSIDE, WE ALSO TALK ABOUT:

- Page 2-3 - College Corner
- Page 4 - Academics & Student Support
- Page 5 - Important Dates
- Page 6, 7 - More information



Dear Students and Families,

Even though the warm weather has been fooling us, October is here! We hope your students have settled into classes and are starting to get involved. Last week was our annual Club Fair, and it was great to see students learning all about our many extracurricular options.

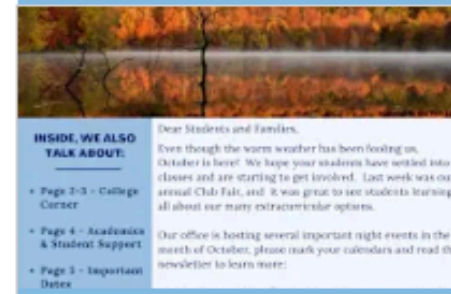
Our office is hosting several important night events in the month of October, please mark your calendars and read this newsletter to learn more:

- Monday October 6th - Healthy Kids presentation by Tim Shoemaker, 6pm Auditorium - 6pm
- Thursday October 9th - Senior Parent/Student Night - 6pm
- Tuesday October 14th - Financial Aid Night - 6pm
- Thursday October 23rd - 9th Grade Parent Night - 6pm

Jim O'Hara

Director of School Counseling, K-12

Newsletters & Presentations



October 2025 Newsletter

Counseling Newsletters contain valuable information in preparing for your post-secondary journey.



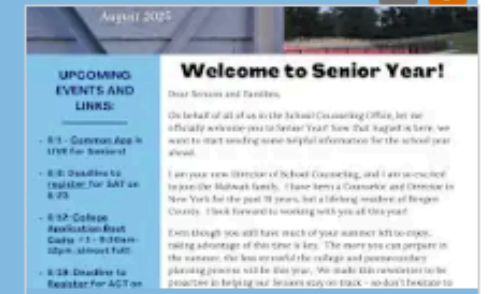
12th Grade Parent Presentations

Counseling Presentations contain valuable information in preparing for your graduation and your post-secondary journey. This presentation was given on October 9, 2025 in the auditorium.



September 2025 Newsletter

Counseling Newsletters contain valuable information in preparing for your post-secondary journey.



August 2025 Newsletter-Seniors

Counseling Newsletters contain valuable information in preparing for your post-secondary journey.

PARENT

ACADEMY

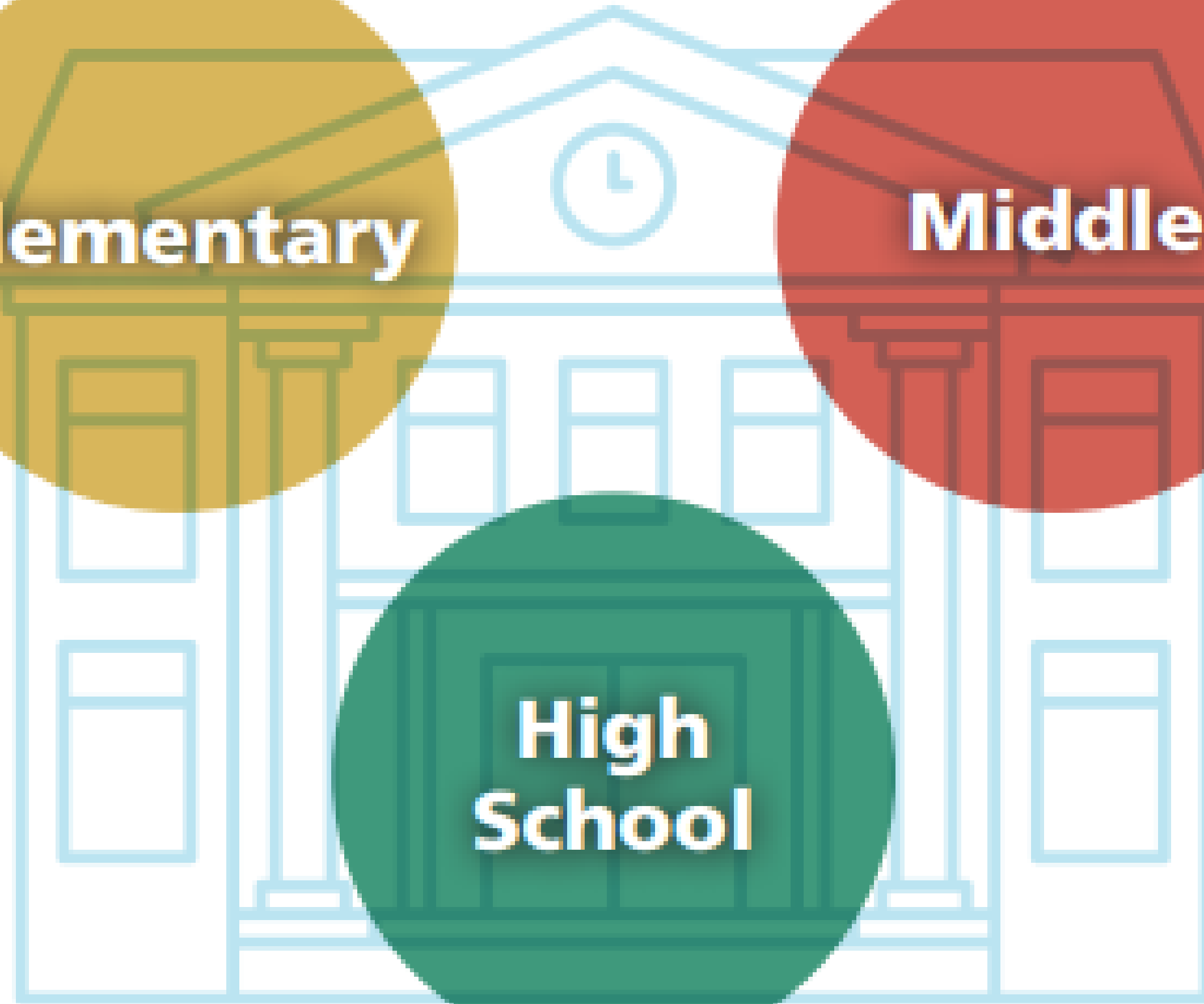
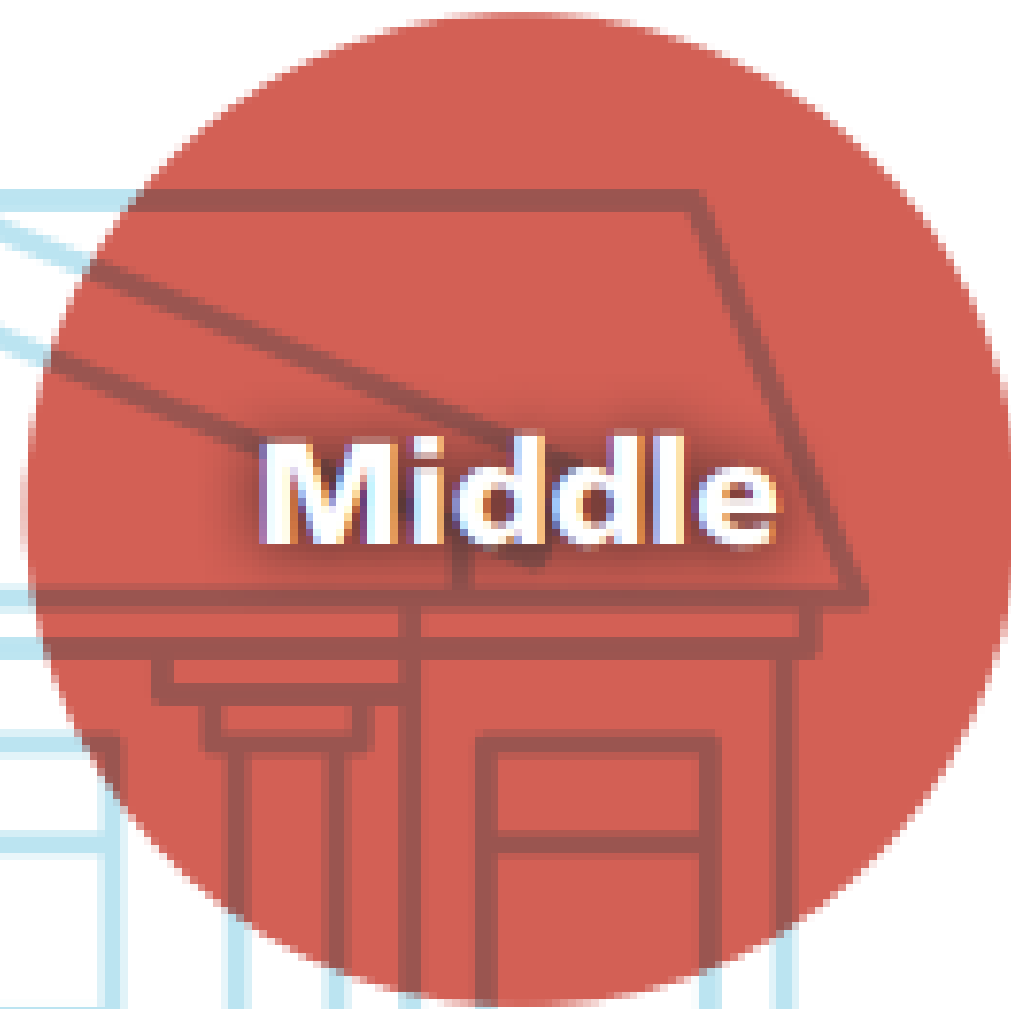
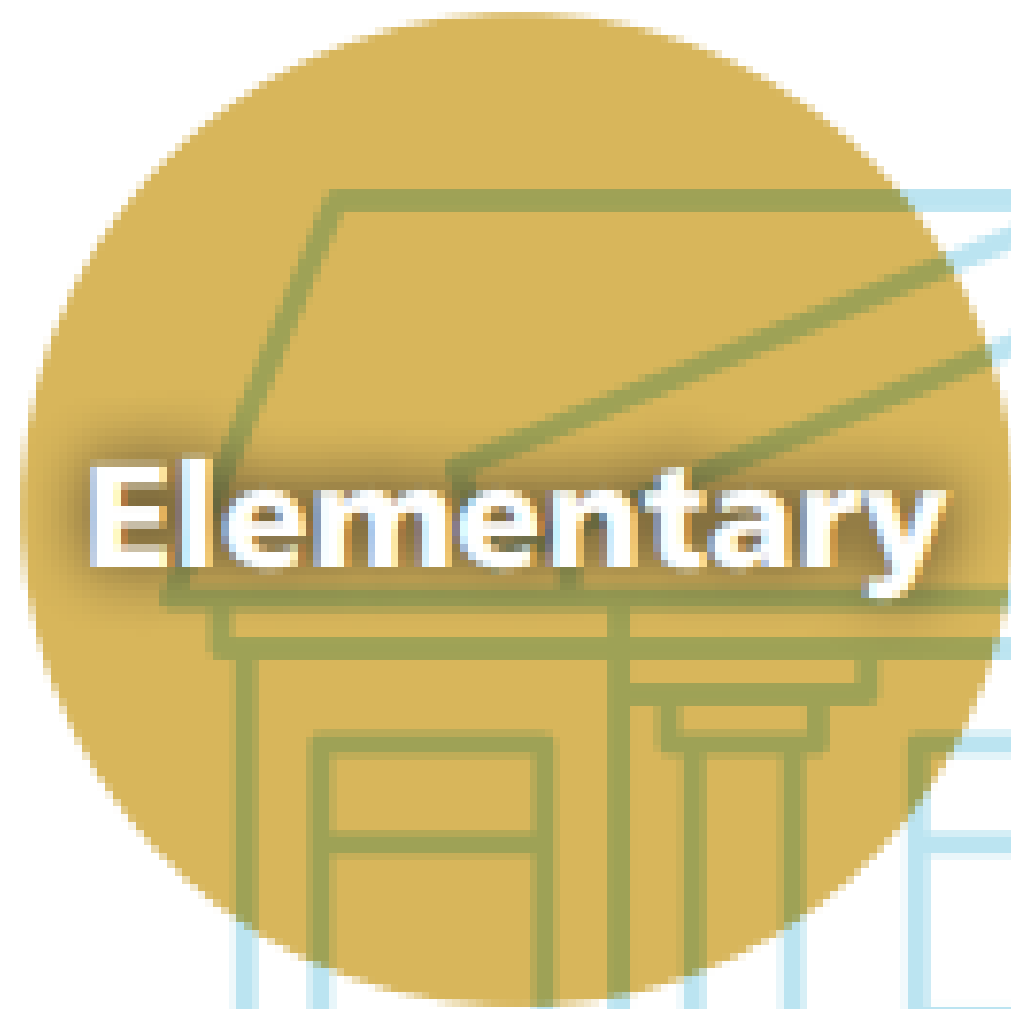
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01 *School Counseling
Overview*

02 *Transition to
High School*







What's new

- Environment
- Schedule
- Expectations
- Communication
- Reaching out for help
- Decision making

Supports Available

- 9th Grade Orientation Program - August 27th
- Freshman Advisory Program
- School Counselor
- Teachers
- NHS Tutors
- Accountability



Freshman Advisory Program

Taught by upperclassmen peer leaders (juniors and seniors) and supervised by the high school faculty.

Topics :

- *study and organizational skills*
- *time management*
- *coping skills*
- *peer pressure*
- *Habits of Mind*
- *college/post-secondary planning*



Counselor 1 on 1 Meetings

In addition to class wide assembly and Freshman Advisory Push In, this year School Counselors are implementing structured Transition Meetings with all Ninth Graders.

Sample Questions:

- *Tell me about your family?*
- *Who do you like to spend time with?*
- *Do you have any hobbies?*
- *Do you participate in any clubs or sports?*
- *Favorite subject in school?*
- *What is one goal that you have for this year?*
- *What do you want to be when your grow up?*



Academic Transition

- *Monitor Progress on Realtime Portal*
- *Review routines / habits*
- *Promote organizational skills*
- *Student - teacher communication*
- *Student - Counselor support*
- *Extra help from Teachers / NHS Tutors*



Attendance

- *Research proves that attendance is key to student success*
- *Routines AND instructional time are important*
- *Avoid extending breaks*
- *Loss of Credit*
 - *based on unexcused absences*
 - *13th absence for full year course*
 - *7th absence for semester course*



Supporting Your Child

- *Encourage your child to advocate for themselves*
- *Let them know you are monitoring progress*
- *Encourage student to make best decisions for themselves*
- *“Fail forward”*
- *Expand Connections - get involved*
- *Clean Slate & Fresh Start*

from Grown and Flown

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Sally Sample

Student ID: 12345

Counselor: Dominick Gliatta

Mahwah High School

Grade: 09

Locker: 1234 54-23-11

2018-2019 Marking Period: 1

Homeroom: 104 -

DOB: 07/08/2001

Time Block	Day One	Day Two	Day Three	Day Four
0	Symphonic Band 0711/01 Teacher: J. Bittner Room: 103	Symphonic Band 0711/01 Teacher: J. Bittner Room: 103	Symphonic Band 0711/01 Teacher: J. Bittner Room: 103	Symphonic Band 0711/01 Teacher: J. Bittner Room: 103
1	Social Media in Business 0656/01 Teacher: J. Saputski Room: 104	Effective Comm 0143/01 Teacher: J. Nahum Teacher: A. Dolan Room: 303BS	Hnrs. English 9 0114/01 Teacher: E. Lefford Room: 245	Hnrs. World Hist. 0345/01 Teacher: R. Fuchs Room: 235
2	Effective Comm 0143/01 Teacher: J. Nahum Teacher: A. Dolan Room: 303BS	Hnrs. English 9 0114/01 Teacher: E. Lefford Room: 245	Hnrs. World Hist. 0345/01 Teacher: R. Fuchs Room: 235	Social Media in Business 0656/01 Teacher: J. Saputski Room: 104
3	Hnrs. English 9 0114/01 Teacher: E. Lefford Room: 245	Hnrs. World Hist. 0345/01 Teacher: R. Fuchs Room: 235	Social Media in Business 0656/01 Teacher: J. Saputski Room: 104	Effective Comm 0143/01 Teacher: J. Nahum Teacher: A. Dolan Room: 303BS
LCH	Freshman Advisory/Lunch Cafeteria - WEDNESDAY 7: (Sup: Day 2) 1200/07 Teacher: J. Meang Teacher: A. Herrera Teacher: C. Kaiser Teacher: E. Cording Teacher: R. Fuchs Room: 240	Freshman Advisory/Lunch Cafeteria - WEDNESDAY 7: (Sup: Day 2) 1200/07 Teacher: J. Meang Teacher: A. Herrera Teacher: C. Kaiser Teacher: E. Cording Teacher: R. Fuchs Room: 240	Freshman Advisory/Lunch Cafeteria - WEDNESDAY 7: (Sup: Day 2) 1200/07 Teacher: J. Meang Teacher: A. Herrera Teacher: C. Kaiser Teacher: E. Cording Teacher: R. Fuchs Room: 240	Freshman Advisory/Lunch Cafeteria - WEDNESDAY 7: (Sup: Day 2) 1200/07 Teacher: J. Meang Teacher: A. Herrera Teacher: C. Kaiser Teacher: E. Cording Teacher: R. Fuchs Room: 240
4	Biology CPE 0524/06 Teacher: M. Devine Room: 110	Biology CPE 0524/06 Teacher: M. Devine Room: 110	Algebra 1 CPE 0415/05 Teacher: S. Scheuermann Room: 106	Spanish 2 0224/07 Teacher: C. Acosta Room: 122
5	Biology CPE 0524/06 Teacher: M. Devine Room: 110	Algebra 1 CPE 0415/05 Teacher: S. Scheuermann Room: 106	Spanish 2 0224/07 Teacher: C. Acosta Room: 122	PE 9 - PE 0913A/06 Teacher: V. Vespe Teacher: C. Diaz Teacher: C. Yeck Room: 400 GYM
6	Algebra 1 CPE 0415/05 Teacher: S. Scheuermann Room: 106	Spanish 2 0224/07 Teacher: C. Acosta Room: 122	PE 9 - PE 0913A/06 Teacher: V. Vespe Teacher: C. Diaz Teacher: C. Yeck Room: 400 GYM	Biology CPE 0524/06 Teacher: M. Devine Room: 112
A1				

<u><i>MHS GRADUATION REQUIREMENTS</i></u> <u><i>Courses</i></u>	<u><i>Years of</i></u> <u><i>Study</i></u>	<u><i>Credits</i></u>
English	4	20
Math (Algebra 1, Geometry, Algebra 2)	3	15
Science (Biology, Chemistry, & Physics)	3	18
Social Studies (World History, US I, & US 2)	3	15
World Languages (same language)	2	10
PE/Health	4	16-20
Performing/Visual Arts	1	5
21 st Century Career & Life Skills or Career & Technical Education	1	5
Financial Literacy	0.5	2.5
Electives	4	16-20
Freshman Advisory	1	1
Testing Assessment: NJGPA		
TOTAL		125

COURSES	FRESHMAN	SOPHOMORE	JUNIOR	SENIOR
1	English 9	English 10	English 11	English 12
2	World History	US History 1	US History 2	Social Studies
3	Mathematics	Mathematics	Mathematics	Mathematics
4	Biology	Chemistry	Physics	Science
5	World Language	World Language	World Language	World Language
6	Visual, Performing, or Practical Arts Elective	Visual, Performing, or Practical Arts Elective	Financial Literacy	Elective
7	Physical/Health Education 9	Physical/Driver Education	Physical/Health Education 11	Physical/Health Education 12
8	Elective	Elective	Elective	Elective
9	Lunch/Freshman Advisory	Lunch	Lunch	Lunch

NJ Department of Education requires 5 credits from Visual/Performing Arts Electives for graduation – Most courses from Visual Arts Department, Music Department, and Theater Department fulfill this requirement.

NJ Department of Education requires 5 credits from 21st Century Life & Careers OR Career-Technical Education for graduation – Most courses from Business Department, Integrative Design & Engineering Department, as well as Transition Planning, Life Skills, Structured Learning Experience fulfill this requirement.

Mahwah High School

50 Ridge Road
Mahwah, NJ 07430

Phone: 201-762-2300
Fax: 201-512-0949



Student Transcript

CEEB Code: 310-742
Accredited: NJ State Department of Education

Sample, Sally

Student ID: 3522545

NJSID: 738750888888

42 Holiday Court
Mahwah NJ 07430

Counselor: Dominick Gliatta

Graduation Date:

Cumulative Weighted GPA: 101.370

Cumulative Credits: 128.50

Parent/Guardian:

Sal & Samantha Sample

DOB: 04/19/06 Gender: F

District Entry Date: 09/07/2011

Course	Grade	Credits	Course	Grade	Credits	Course	Grade	Credits
Mahwah High School	Grade: 2020		Mahwah High School	Grade: 09 2021		Mahwah High School	Grade: 10 2022	
Algebra 1 (Opt. 2)	94	5.00	Freshman Advisory			Business & Personal Law	97	2.50
Credits Attempted: 5.00	Earned: 5.00		1:45-2:15: Lunch=Cafe	P	1.00	Chemistry CPE	93	6.00
Unweighted Average: 0.00			TUESDAY 2			Hnrs. Algebra 2	94	5.00
			Biology CPE	96	6.00	Hnrs. English 10	96	5.00
			English 9 CPE	92	5.00	Hnrs. Spanish 3	92	5.00
			Geometry CPE	97	5.00	Hnrs. US Hist 1	94	5.00
			Hnrs. Spanish 2	91	5.00	Intr Wood & Furn Design	99	5.00
			Hnrs. World Hist.	96	5.00	Marketing & Advertising	97	2.50
			PE / Health 9	100	4.00	PE (Opt.2) MP3 LD3	P	1.00
			Social Media in Business	99	2.50	PE / Dr. Ed.10	100	3.00
			Sports and Entertainment Management	97	2.50	Credits Attempted: 40.00	Earned: 40.00	
			Visual Arts	97	5.00	Unweighted Average: 95.33		
			Credits Attempted: 41.00	Earned: 41.00				
			Unweighted Average: 95.78					

Course	Grade	Credits	Course	Grade	Credits
Mahwah High School	Grade: 11 2023		Mahwah High School	Grade: 12 2024	
AP Eng Lang/Comp	96	5.00	AP Calculus BC		0.00
AP Statistics	95	5.00	AP Eng. Lit/Comp		0.00
AP US History	95	5.00	AP Govt. & Politics		0.00
Financial Literacy	95	2.50	AP Psychology		0.00
Hnrs. Physics	91	6.00	Biotech Engineering		0.00
Hnrs. Pre-Calc	95	5.00	Forensic Science		0.00
Hnrs. Spanish 4	93	5.00	Hnrs. Spanish 5		0.00
Journalism: A Study in Print Media	95	2.50	PE/Health 12		0.00
PE/Health 11	100	4.00	Credits Attempted: 38.00	Earned: 0.00	
Peer Leaders ALL LEADERS!	P	2.50	Unweighted Average: 0.00		
Credits Attempted: 42.50	Earned: 42.50				
Unweighted Average: 94.79					

Grades Legend

Marking System: Numerical- Passing Grade 65
P or P-m = Pass
F = Failing
AUD- Audit
N- No Credit Due To Attendance

AW- Admin Withdraw
W- Withdraw
WP- Withdraw Pass
WF- Withdraw Fail
WA-Withdraw Attendance

Sally has earned a Career Pathway endorsement in Government and Social Sciences. To earn this endorsement, Sally completed an academic concentration of study, participated in a co-curricular application of skills and engaged in a community-based learning experience. Info at: <https://www.mahwah.k12.nj.us/site/Default.aspx?PageID=1309>

Official Signature: _____

Date Printed: 10/04/2023

Transcript is unofficial unless signed & sealed by a school official



Course Planning

- Based on:
 - Marking Periods 1 & 2 of 9th grade
 - Recommendations from 9th grade teachers
- Academic Offerings:
 - College Prep (CP)
 - College Prep Enriched (CPE)
 - Honors (H)
 - Advanced Placement (AP)
 - Dual Enrollment
- Procedure - after 2nd Marking Period
 1. Teacher Recommendations Completed
 2. Students select elective courses for 2026-2027 school year on Realtime Portal

*Review MHS Curriculum Guide for Course Offerings



Program of Studies

2025-2026





Thank you for choosing Mahwah High School

Mahwah High School offers a comprehensive, 21st century skills-based program of studies. This program of studies is a reference guide for students, parents, and school personnel actively involved in curriculum planning at Mahwah High School. It is a complete guide of current course offerings at Mahwah High School. Each department has described its specific course offerings, highlighting the chief components of each course, as well as prerequisites for enrollment.

Planning an individual student's high school program of studies demands a cooperative effort between home and school. The program of studies that a student pursues in high school should reflect his or her career pathway, achievements, and aptitudes. Our course offerings provide students with many opportunities to meet their individual educational needs. Beyond state, district, college and career requirements, the students are encouraged to select courses that will be academically stimulating and personally enriching. It is imperative when selecting courses, to consult with parents, counselors, and teachers, each of whom can help provide insight and guidance in developing an academic plan that is appropriate for you.

Final decisions regarding the actual offerings of any particular course for the upcoming school year depend upon enrollment, class size, and staffing availability. While we are committed to providing a diverse academic program based upon interest for each student, not all courses listed in this program of studies are guaranteed to be offered every school year nor are students guaranteed enrollment in a specific class.

We are so eager to embark on this exciting academic journey with you and your family. If you have any questions about scheduling or course requirements, please reach out to your counselor.

QUICK LINKS!

General Information

- [PDF of Program of Studies](#)
- [The Course Planning Process](#)
- [Graduation Requirements](#)
- [Assessment Graduation Requirements](#)
- [Credit Attainment/Grade Promotion](#)
- [Career Pathways](#)
- [AP Programs](#)
- [Dual Enrollment Programs](#)
- [Special Programs](#)
- [NCAA Eligibility](#)

Departments

- [Business Education](#)
- [English Language Arts](#)
- [Gifted & Talented - Enrichment](#)
- [Guidance](#)
- [Integrated Design and Engineering](#)
- [Mathematics](#)
- [Option Two](#)



Marking Period Dates

*Marking Period 1:
September 4 - November 5*

*Marking Period 2:
November 10 - January 30*

*Marking Period 3:
February 2 - April 17*

*Marking Period 4:
April 20 - June 18*

*Exams:
June 19-24*



Get Involved!

Student Leadership:

Student Government Association (SGA)

SGA and Class Officers

Clubs - Publications:

Graphic Arts Design Collective

Literary Magazine - Calliope

Newspaper Tom-Tom

Yearbook - Thunderbird

Clubs - Service Clubs:

Asian American Awareness

Athletes in Action

Club of Cultural Appreciation

Fellowship Christian Athletes

Girls Learn International

G S A Genders & Sexualities Alliance

Habitat For Humanity

H O P E Helping Our Peers Everyday

INTERACT Rotary Club

Leo Club USR Lions Club

R E B E L Reaching Everyone By Exposing Lies

TEEEMS

Academic & STEAM:

Academic Decathlon

Automobile Club

Battle of Books

Bergen County Mathematics League

Chess Club

Current Events Club

Distributive Education Club of America

Future Medical Professionals

Girls Excelling in Math and Science GEMS

Mock Trial

Model UN

New Jersey Mathematics League

Robotics Club Team 1672

School Store

Science Club and NJ Science League

Sports Talk Club

Technology Student Association (TSA)

Woodworking Club

Young Politicians Club

Clubs- Performance and Art:

Animation Club

Art Club

Audio Visual Team

Chamber Voices

Digital Photography Club

Graphic Arts Design Collective

Jazz Ensemble

Marching Thunderbirds Color Guard

Marching Thunderbirds

Select Strings

Theater Set Construction

Theater Set Design

Theater Stage Crew

Theater Drama Club

Thunderbird Indoor Percussion

Thunderbird Winterguard



Sports

Fall	Winter	Spring
Boys' & Girls' Cross Country	Boys' & Girls' Basketball	Baseball
Cheerleading	Boys' & Girls' Bowling	Boys' & Girls' Lacrosse
Football	Wrestling	Softball
Boys' & Girls' Soccer	Boys' & Girls' Indoor Track	Boys' & Girls' Golf
Volleyball	Ice Hockey	Boys' & Girls' Track & Field
Girls' Tennis	Cheerleading	Boys' Tennis
	Swimming/Diving	

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Career Pathways Program

● Mahwah High School

Thunderbirds: What's your *Flight Path?*

Collaborate • Innovate • Transform

✓ Biotechnology Research & Health Science

✓ Business Administration

✓ Engineering & Technology

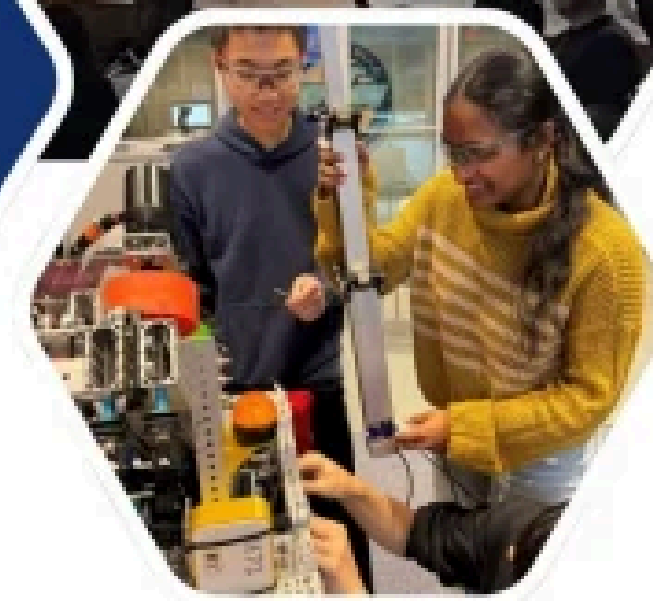
✓ Government & Social Sciences

✓ Information & Computer Science Technology

✓ Performing & Communication Arts






✓ Technical, Career & Community

✓ Visual Integrated Design



Contact Your Guidance Counselor Today!

Pathway: Engineering and Technology

Career Cluster: Science, Technology, Engineering, Arts, and Mathematics			
Recommended Course Plan	Required Core Science and Mathematics Courses	Engineering and Technology Pathway	Occupations Related to this Pathway
4 years English Language Arts 4 years Social Studies 4 years Science 4 years Mathematics 4 years World Languages 4 years Physical Education/Health 1 year Visual/Media/Performing Arts 1 year Business/Practical Arts 1 Semester Financial Literacy Freshman Advisory Note: The career pathways are suggested courses based on career interest. Students are not locked into one pathway and may select any course as long as they have met all co-requisites and prerequisites.	Biology Algebra 1/Geometry/Algebra 2  Chemistry Geometry/Algebra2/Pre-calc  Physics Algebra 2/Pre-calc/Hon Calculus	(9,10,11) Technology and Engineering Principles Honors Future problem Solving  (10,11,12) Computer Modeling Computer Programming and Design Entrepreneurship Humanoid Robotics Interior and Structural Design Honors CPS T ³ Innovations and Inventions  (11,12) Advanced Interior & Structural Design AP Chemistry AP Statistics Honors STEAM: Design and Research Statistics  (12) AP Physics Honors STEAM Capstone: Research/Internship	Aeronautical Engineer, Aerospace Engineer, Agricultural Engineer, Agricultural Technician, Application Engineer, Architectural Engineer, Automotive Engineer, Biomedical Engineer, Biotechnology Engineer, CAD Technician, Chemical Engineer, Civil Engineer, Communications Engineer, Computer Engineer, Computer Programmer, Construction Engineer, Electrical Engineer, Electronics Technician, Geothermal Engineer, Industrial Engineer, Manufacturing Engineer, Manufacturing Technician, Marine Engineer, Mechanical Engineer, Metallurgist, Mining Engineer, Nuclear Engineer, Petroleum Engineer, Product/Process Engineer, Survey Technician, Systems Engineer, Transportation Engineer



Options

Post-Graduation Plans

	2025	2024	2023
Graduates	205	226	198
4 - Yr. Colleges	83%	82%	86%
2 –Yr. Colleges	10%	7%	5%
Career Education /Postgraduate	3%	4%	3%
Other (Employment, Military, etc.)	4%	7%	6%

Forging New Paths

M





Thank you for attending

