



**Margaret's Place Presents
Parent Workshop**

The Stigma of Mental Health

MP Counselor Jaileen Gutierrez is inviting all Waite Middle School parents/guardians to learn more about the stigma, myths, and benefits of mental health support and how you can support your students.

English/Spanish Session 1:

October 29, 2025 at 8:45am In-Person in Room 60

or

English/Spanish Session 2:

October 29, 2025 at 5pm Virtual over Zoom

Zoom Meeting ID: 897 567 9654

**Questions? Reach out to MP Counselor Jaileen Gutierrez
at jaileen@joetorre.org or 562-210-4370 x6190**