

# SHS A09: RSE Policy

## Introduction

This policy outlines the approach to Relationships and Sex Education (RSE) at St Hugh's School, in accordance with the [Relationships Education, Relationships and Sex Education and Health Education guidance \(publishing.service.gov.uk\)](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/714212/Relationships_Education_Relationships_and_Sex_Education_and_Health_Education_guidance_(publishing.service.gov.uk).pdf). Our RSE program (including the EYFS) is designed to equip students with the knowledge, skills, and values to form healthy, respectful relationships, understand human sexuality, and make informed decisions about their well-being.

## Policy Aims

- To promote the spiritual, moral, cultural, mental, and physical development of pupils.
- To prepare pupils for the responsibilities and experiences of adult life.
- To provide pupils with accurate information about relationships, sex, and sexual health.
- To create a safe and supportive learning environment where pupils feel comfortable discussing sensitive topics.

## Statutory Requirements

This policy complies with the DfE statutory guidance on Relationships Education, Relationships and Sex Education (RSE), and Health Education (2024). The guidance outlines that RSE is compulsory for all pupils receiving primary and secondary education.

## Roles and Responsibilities

- **Governing Body:** Ensure the RSE policy is developed and implemented effectively.
- **Deputy Head Pastoral:** Oversee the delivery of the RSE program and ensure compliance with statutory requirements.
- **Head of PSHE:** Plan and coordinate the RSE curriculum, provide training for staff, and monitor the effectiveness of the program.
- **Teachers:** Deliver the RSE curriculum in a sensitive and age-appropriate manner, respecting the diverse needs of students.

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- **Parents/Carers:** Engage with the school to support their child's learning and development in RSE.

### Curriculum Design

The RSE curriculum is part of the school's broader Personal, Social, Health, and Economic (PSHE) education program which uses Jigsaw from Year 3-11 and the Family Links Nurturing Programme in Pre-Prep as its basis. It is designed to be age-appropriate, culturally sensitive, and inclusive of all pupils, irrespective of their gender, sexual orientation, or family background.

#### **Primary Education Focus:**

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

#### **Secondary Education Focus:**

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

### Delivery of RSE

- **Teaching Methods:** RSE will be delivered through a combination of classroom instruction, discussions, group activities, and external expert-led sessions.
- **Safe Environment:** Classrooms will be safe spaces where pupils can ask questions and discuss topics without fear of judgment or embarrassment.
- **Confidentiality:** Teachers will maintain confidentiality but will follow safeguarding protocols if any disclosures indicate a risk to the pupil's safety.

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### **Inclusivity**

Our RSE program is inclusive and respectful of all pupils. We acknowledge and celebrate diversity, including different family structures, sexual orientations, gender identities, and cultural backgrounds.

### **Parental Engagement**

We believe in working in partnership with parents/carers. Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE, except for those parts included in the National Curriculum for Science. Parents wishing to withdraw their child should discuss this with the Headmaster and make a formal request in writing.

### **Monitoring and Evaluation**

The RSE program will be regularly reviewed and evaluated to ensure it meets the needs of pupils and complies with current guidance. Feedback will be sought from pupils, parents, and staff to inform future development.

### **Training**

Staff involved in the delivery of RSE will receive appropriate training to ensure they are confident and competent in delivering the curriculum effectively.

### **Safeguarding**

All aspects of the RSE program will adhere to the school's safeguarding policy. Any safeguarding concerns arising during RSE lessons will be addressed according to these policies.

### **Policy Review**

This policy will be reviewed annually by the Head of PSHE and the governing body. Any changes will be communicated to all stakeholders.

### **Contact Information**

For further information or any queries regarding the RSE policy, please contact: Deputy Head Pastoral [clarker@st-hughs.co.uk](mailto:clarker@st-hughs.co.uk).

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