

# December 2025 - NHS Swimming Schedule

## Updated 16Oct2025 – (Subject to Change)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Seeking Excellence Together!</b>						
	<b>1</b> <b>NO SCHOOL</b> <i>Team Talk</i> P 3:00-6:00 DL B 3:00-5:30 DL	<b>2</b>  4:30 @ <b>SHIPPENSBURG</b>	<b>3</b>  P 3:20-6:00 DL B 3:20-5:30 DL	<b>4</b>  <b>5:00 HOME</b> <b>DOVER</b>	<b>5</b> P 3:20-6:00 DL B 3:20-5:30 DL <b>Dover Invite</b> <b>DIVING</b>	<b>6</b> <b>Dover</b> <b>Invitational</b> <b>SWIMMING</b> <b>(All Day)</b>
<b>7</b> DL: Dryland For Dryland: Must have <u>ATHLETIC SHOES,</u> shorts & shirt	<b>8</b> <i>Team Talk</i> P 3:00-6:00 DL B 3:00-5:30 DL <b>7:00 Booster Mtg</b>	<b>9</b>  <b>5:00 HOME</b> <b>James</b> <b>Buchanan</b>	<b>10</b> <b>Team &amp; Individual</b> <b>Photos</b>  P 2:50-6:00 DL B 2:50-5:30 DL	<b>11</b>  <b>5:00 HOME</b> <b>Lower Dauphin</b> <b>&amp; Carlisle</b>	<b>12</b>  P 3:20-6:00 DL B 3:20-5:30 DL	<b>13</b> P 8:00-10:00 B 8:00-9:30
<b>14</b>	<b>15</b> P 3:20-6:00 DL B 3:20-5:30 DL	<b>16</b>  5:00 @ <b>Boiling Springs</b>	<b>17</b>  P 3:20-6:00 DL B 3:20-5:30 DL	<b>18</b>  <b>5:00 HOME CV</b> <b>&amp; MECH</b>	<b>19</b>	<b>20</b> P 8:00-11:00 B 8:00-11:00 <b>Including Team</b> <b>Breakfast!</b>
<b>21</b>	<b>22</b>  P 3:20-6:00 DL B 3:20-5:30 DL	<b>23</b> <b>Early Dismissal</b> <i>Team Talk</i> P 11:15-2:00 B 11:15-1:30	<b>24</b>  ALL Swimmers 8:00-11:00 AM	<b>25</b>  <b>Merry</b> <b>Christmas!!!</b>	<b>26</b> <b>NO SCHOOL</b> <i>Mandatory</i> <i>Resting &amp;</i> <i>Relaxing</i>	<b>27</b>  <b>10:00AM-1:00PM</b> <b>“Swim-a-Mile,</b> <b>Bring-a-Smile”</b> <b>Fundraiser</b>
<b>28</b>	<b>29</b> <b>NO SCHOOL</b>  P 3:20-6:00 DL B 3:20-5:30 DL	<b>30</b> <b>NO SCHOOL</b>  P 3:20-5:30 B 3:20-5:00	<b>31</b> <b>NO SCHOOL</b>  P 3:20-6:00 DL B 3:20-5:30 DL	<b>Jan 1</b> <b>NO SCHOOL</b> HAPPY  NEW YEAR!!!	<b>Jan 2</b> <b>NO SCHOOL</b>  P 3:20-6:00 DL B 3:20-5:30 DL	