

HENKING, LYON, WESTBROOK

NOVEMBER 2025 LUNCH MENU

All lunch entrees offered with choice of fruit(s), vegetable(s), and milk (optional)

Complete Lunch \$3.50
Milk Only \$0.75



MON

3

Cheeseburger
(cheese optional)
or
Vegan Burger

Smiley Potatoes
Locally Grown
Honeycrisp Apple

TUE

4

Mini Chicken Bites
or
Vegan Nuggets
with Soft Pretzel

Sweet Corn
Orange Wedges

WED

5

Personal Cheese
Pizza

Maple Roasted
Carrots
Honeydew

THU

6

*Celebrate National
Nacho day!*
Beef Nachos
or
Bean & Cheese
Nachos

Refried Beans
Apple Slices

FRI

7

Grilled Cheese

Tomato Soup
Grapes

10

Mini Pancakes with
Chicken Sausage
or
Mini Pancakes with
Veggie Sausage

Hash Brown
100% Juice

11

Popcorn Chicken
or
Vegan Chicken
Nuggets with
Goldfish Crackers

Mashed Potatoes with
gravy on the side
Peach Cup

12

Cheese Pizza
Slice

Carrot & Celery
Sticks
Fresh Pear

13

Mini Turkey
Corn Dogs
or
Vegan Chicken
Nuggets

Tossed Salad
Mandarin Oranges

14

Mac & Cheese with
Fresh Baked
Cornbread

Veggie of the month:
Roasted Brussel
Sprouts
Banana



17

French Toast with
Turkey Sausage
or
French Toast with
Veggie Sausage

Tater Tots
Apple Slices

18

Chicken Tenders
or
Vegan Chicken
Nuggets with
Pumpkin Bread

Cucumber Slices
Pineapple Cup

19

Personal Cheese
Pizza

Sautéed Green
Beans
Cantaloupe

20

Pasta & Meatsauce
or
Pasta with Marinara
& Mozzarella Cheese
with Garlic Bread

Caesar Salad
Strawberry
Applesauce Cup

21

All Beef Hot Dog
or
Bean & Cheese
Burrito

Crinkle Cut Fries
Baked Beans
Grapes

24

Belgian Waffle with
Chicken Sausage
or
Belgian Waffle with
Veggie Sausage

Hash Brown
Orange Wedges

25

Orange Chicken &
Rice or
Orange Vegan
Chicken & Rice
and Fortune Cookie

Garlic Broccoli
Mango Cup

26

No School

27

No School

28

No School



View the menu in real time
www.GetChoosi.com

Joke of the Month
What kind of key won't
open any doors?

Answer:
A tur-key



TRY THE VEGGIE OF THE MONTH ON NOV 14TH:
BRUSSEL SPROUTS

They are full of vitamins that help keep bodies strong and minds sharp. Packed with fiber for healthy bellies and antioxidants to help fight off germs. Plus, when roasted, they taste sweet and crunchy. Give them a try!

DAILY COLD LUNCH OPTIONS
YOGURT PACK WITH GRANOLA, CHEESE, & CRACKERS
PB&J UNCRUSTABLE WITH CHEESE & CRACKERS

OFFERED ON FRIDAYS: BYO PIZZA KIT WITH FLATBREAD, MARINARA, & CHEESE

MENU SUBJECT TO CHANGE
This institution is an equal opportunity provider