



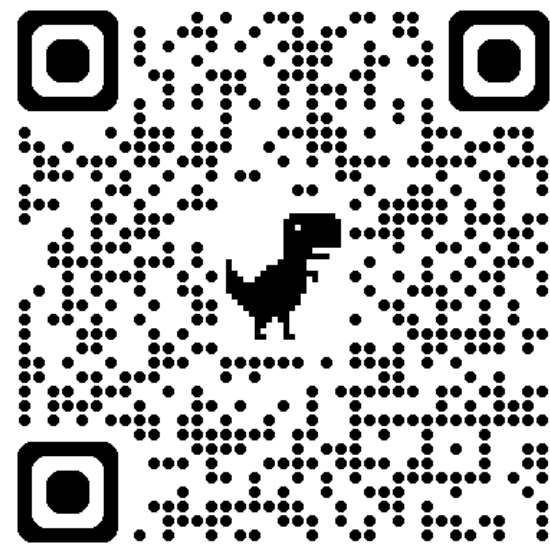
sky SCHOOLS

BREATHWORK AND WELLNESS INTRO

FOR PARENTS / FAMILY
DEC 16, 2025 6PM - 7:30PM

Try SKY for deeper sleep, more
energy and better performance in
all you do!

NEW DATE



SCAN TO REGISTER:
FREE of CHARGE

Questions: Elan Gepner-Dales 610-733-1101 Email: elan.gepner@iahv.org
Location: Millbrook HS Auditorium, 70 Church Street, Millbrook, NY 12545.