

# School Wellness Plan 2025-2026

*School Way Café*

**School Name:** Galaxy Middle School

**Principal's Name or Person Responsible for Plan:** Dr. Eidle Velez ext.: 44408

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:** Mr. Tony Goodin ext: 44420

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit [www.fns.usda.gov/tn/](http://www.fns.usda.gov/tn/).

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

**Part I: Goals** - List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café [schoolwaycafe@groups.volusia.k12.fl.us](mailto:schoolwaycafe@groups.volusia.k12.fl.us) and a copy to your Area Superintendent by **September 19, 2025**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

**Part II: Evaluation** – At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café [schoolwaycafe@groups.volusia.k12.fl.us](mailto:schoolwaycafe@groups.volusia.k12.fl.us) and a copy to your Area Superintendent by **May 29, 2026**.

**Note: Documentation is required to validate completion of your goals.**

<b>Part I – Complete by September 19, 2025</b>	<b>Part II - Complete by May 29, 2026</b>
<b>Goals for 2025-2026</b>	<b>Implementation Evaluation</b>
Dental Health: Have a dentist visit the school to teach the importance of brushing, flossing and overall dental health.	<input type="checkbox"/> <b>Goal was successfully implemented.</b> <input type="checkbox"/> <b>Goal was partially implemented.</b> <i>Comments:</i>  <input type="checkbox"/> <b>Goal was not implemented this school year.</b> <i>Comments:</i>  <input type="checkbox"/> Documentation is available at school site and easily accessible for audit.

Part I – Complete by <b>September 19, 2025</b>	Part II - Complete by <b>May 29, 2026</b>
<p><b>Goals for 2025-2026</b></p>	<p>Implementation Evaluation</p>
<p>The school will take a proactive stance to fighting and Seasonal Flu outbreaks, Norovirus, addressing the H1N1 (Swine Flu) and the MRSA viruses by stressing universal precautions via multi-media presentations and in the classrooms</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>School spaces and facilities could be available to students, staff, and community members before, during, and after the school day, on weekends, and during school vacations. These spaces and facilities could also be available to community agencies and organizations offering physical activity and nutrition programs. School policies concerning safety will always apply.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>
<p>Use the cafeteria to provide learning opportunities by decorating the area with wellness educational posters and nutrition materials.</p>	<p><input type="checkbox"/> Goal was successfully implemented.</p> <p><input type="checkbox"/> Goal was partially implemented.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Goal was not implemented this school year.</p> <p><i>Comments:</i></p> <p><input type="checkbox"/> Documentation is available at school site and easily accessible for audit.</p>