

"Beautiful Me" Workshops

Our "Beautiful Me" workshops are safe, encouraging spaces.

What We Do:

- › Discover their strengths and gifts
- › Social media presence
- › Learn how to handle conflict in healthy ways
- › Practice speaking up and setting boundaries
- › Celebrating what makes them unique



Why It Matters

- When girls know their worth, they make choices that protect and honor themselves.
- They become leaders, encouragers, and change-makers.
- Mylah's Mission is more than a workshop - it is a movement to raise confident, compassionate young women who will make their mark on the world.



Our Story

Mylah's Mission was founded in loving memory of Mylah O'Hara - a beautiful soul whose life continues to inspire change. We exist to remind every girl that she is valuable, capable, and one of a kind.

Our Mission

To empower young girls with the tools, confidence, and community they need to shine brightly in every stage of life.

Our Core Values

- Worth: Every girl is priceless.
- Confidence: Every voice matters.
- Individuality: Be yourself, unapologetically.
- Sisterhood: We rise together.

Workshop Highlights

- › Fun, interactive activities
- › Creative projects that encourage self-expression
- › Empowering group discussion

Who Can Join?

Girls from the ages of 12 to 17 who are ready to grow in confidence, character, and community.