

Did you know?

BENEFIT RESOURCES CONTACT INFORMATION

Benefit Resource	Phone	Email/Website
Health - VEHI BCBS Customer Service RX Hinge Health	800-344-6690 RX 877-493-1949 HH 855-902-2777	Bluecrossvt.org Bluecrossvt.org/vtbluerx
Dental - CBA Blue Customer Service	888-222-9206	Group #50670
FSA – Health Equity Customer Service	866-382-3510	Replacing MyMoneyFurther; effective 1/1/2026
VSTR or VMERS Public Pension	802-828-2305 800-642-3191	TRE.RetirementCorrespondence@vermont.gov Retire.vermont.gov
403b Epic Participant Service Desk	800-716-3742	www.go-retire.com
EAP – Employee Assistance Program	800-287-2173	www.investeap.org

HEALTH INSURANCE (VEHI BCBS) & HRA (Health Reimbursement Account)

- Only the Gold CDHP health insurance plan has an aggregate deductible. All the other plans have a stacked deductible. "Aggregate" is the total deductible for all the members in your plan while the "stacked" deductible has to be met by each member under your plan.
- BCBS provides for one annual eye exam per year through VSP (Vision Service Plan): www.vsp.com.
- Your HRA pays toward the deductible first. Once spent, you will need to pay your share of the deductible.
- You can check on your HRA balance to know when you will need to pay your portion of the deductible.
- You can check to see what medical bills have been paid and not paid by logging onto Equity Health.
- If you have a medical bill that is 60 days old, you probably owe. Log on to your BCBS account or call to confirm.
- HRA funds do not rollover. If there are funds left over at the end of the plan year, those funds go back to the plan to be redistributed the next plan year.
- Have you heard of Hinge Health? Free physical therapy for people with joint and muscle pain: hinge.health/vehi

FSA (Flexible Spending Account)

- We are changing carriers! Effective January 1, 2026 HealthEquity will be our new FSA carrier. Any rollover funds will be brought over from MyMoneyFurther.
- You can check your FSA balance and review what IRS eligible expenses were paid.
- FSA medical funds rollover up to the IRS allowed amount; 2026 is \$680.

CHILDCARE

Childcare Financial Assistance Program: Go to <https://dcf.vermont.gov/benefits/ccfap> or 800-649-2642

RETIREMENT

- The WCUUSD life insurance benefit decreases at age 65 to 65% of the benefit, and again at age 70 to 50% of the benefit.
- Shutting off the pre-tax feature on your health insurance will show a larger income for the purpose of your monthly social security check figures.
- Social Security requires a 6-month notice to start social security benefits. Visit ssa.gov for more info.
- Medicare Info: <https://www.medicare.gov/plan-compare>
- Agency on Aging: 800-642-5119; <https://www.vermont4a.org>