

# West Rusk CC ISD

## School Health Advisory Committee (SHAC) Meeting Minutes

**Date:** October 15, 2025

**Time:** 1:15 p.m.

**Location:** School Technology Building

**Attendees:** Cynthia Duncan, Kaysee Ford, Lindsey Hamilton, Lori Harris, Kathy Hlavaty, Amand Kirkendoll, Rafe Mata, Kristen Mills, Shaena Osteen, Kevin Roy, Leisha Smith, Antwan Starling, Megan Wriggle

### 1. Call to Order

The meeting was called to order for the first SHAC meeting of the 2025–2026 school year.

### 2. Approval of Previous Minutes

- The committee reviewed minutes from **December 2024**, the only SHAC meeting held last year due to DOI status and student enrollment size.
- Motion to approve the 2024 minutes was made and seconded.
- **Action:** Minutes approved unanimously.

### 3. Student, Community, and District Reports

#### Student Activities & Community Involvement:

Presented by **Cynthia Duncan**

- **Blood Drive:** Scheduled for **November 4** from 11:00 a.m. to 4:00 p.m., with strong participation so far. Staff will be covered to allow donations.
- **Community Participation:** Last year's drives earned a \$500 recognition for success.
- **Student Council:** Monthly community service projects beginning with a **Thanksgiving food drive** in November.
- **National Honor Society:** Collecting **socks** in November to replenish campus supplies.

### 4. Nursing and Health Services Report

Presented by **Megan Wriggle**

- **Vaccination Compliance:** 95% coverage in all but two areas (Kindergarten and 7th grade), both due to valid exemption forms.
- **Screenings:** Vision and hearing screenings are underway for Pre-K, K, 1st, 3rd, 5th, and 7th grades. Referral letters have been sent home for students needing follow-up.

- **Upcoming:** Scoliosis screenings to begin before the semester's end.
- **Flu Clinic:** 29 staff members received flu vaccinations.
- **Bloodborne Pathogen Policy:** Hepatitis B series offered; no staff requested participation.
- **Emergency Medication:**
  - Dr. Robertson (Crossroads) will serve as the new **Narcan standing order provider** and will also issue an **EpiPen standing order**.
  - The district received **10 boxes of Narcan** from the East Texas Substance Abuse Network to replace expiring stock.
- **Health Consent Forms:** Discussion around Senate Bill 12 compliance and potential Skyward integration for future digital signatures.
- **Emergency Protocol:** Narcan may be administered without prior written consent in life-threatening emergencies.

## 5. Counseling and Guidance Reports

### High School:

- **Sources of Strength** program restarting; training scheduled within two weeks.
- **Consent Forms:** Approximately 50% of students have returned forms; follow-up planned.

### Elementary (Grades K–2):

- Monthly guidance lessons on respect, responsibility, and manners using **Choose Love** and **Character Strong** programs.
- Most counseling consent forms returned; few opt-outs.
- Upcoming **Fall Festival:** October 25, 2–5 p.m.

### Intermediate & Junior High:

- Preparing for **Red Ribbon Week**; lessons on drug and vaping awareness.
- **Backpack Program:** Serving ~40 students weekly with food support.
- Continued effort to collect remaining counseling consent forms.

## 6. Safety and Emergency Operations

Report by **Chief Roy**

- **Intruder Detection Audit (Region 7):** One finding involving an unlocked board; corrective training completed.
- **Sentinel Safety Program:** a statewide system for safety tracking and staff training.
- **Emergency Operations Plan (EOP):** Submitted and reviewed by the Texas School Safety Center; minor corrections resubmitted for approval.
- **Guardian Program:** Plans to implement additional guardians pending completion of requirements.

## 7. Physical Education & Athletics

Report by **Coach Mata**

- **FitnessGram Testing:** Pre-tests completed early; students will be tested twice this year.
- **TeamBuilder App:** Implemented to provide individualized workouts and track student progress.
- **Facility Updates:** Reviewing gym protocols to ensure care and maintenance of gym floors.

## 8. Grants and Equipment Updates

- The district used **\$10,000 grant** funds to install the Perry Weather Alert System for lightning and weather detection, which includes a public-facing widget and administrative access for coaches, all campus administrators, and PE teachers. Remaining grant funds will support **CPR and Stop the Bleed** training.
- The district plans to **reapply for the grant** next year for continued health and safety improvements for the school and community.

## 9. Future Meetings and Participation

- Next SHAC meeting tentatively scheduled for **December 2025**, with two additional meetings planned in the spring.
- Members agreed that **daytime meetings** are preferred to accommodate cafeteria staff.
- Community and parent involvement encouraged—members should invite interested participants to join future meetings.

## 10. Adjournment

The meeting adjourned after all reports and discussions concluded.