**Mental Health Service Levels** 

Descriptions and Providers

/ Tier III

INTENSIVE INTERVENTION

Individual student and family supports

Mental Health Specialist Intervention Specialist Syntero STUDENTS EXHIBITING SEVERE EMOTIONAL CONCERNS

Therapeutic interventions are intensive and individualized

Student Plan, MTSS, 504 or IEP process and plan/ongoing progress monitoring

Weekly services based on student need

Crisis response and collaboration for intensive support and student safety

Therapeutic Intervention: coping skills, emotional regulation, executive functioning, attendance, etc.

Collaboration with family and community resources (clinicians, psychiatrist, case managers. hospitals)

# Tier II

## INTERVENTION

Early detection, identification and response to mental health concerns

School Counselor
Syntero
Intervention Specialist
General Education Teacher
Mental Health Specialist (Consult)

## STUDENTS WHO NEED ADDITIONAL SUPPORT

Interventions are targeted

Groups or individual sessions

Up to 1 time per week, specified number of sessions

Coping skills, emotional regulation, executive skills, attendance, etc.

Collaborate with family and community resources

Mental health crisis screening and support

## Tier I

#### **PREVENTION**

Practices promoting healthy social and emotional development for ALL students

School Counselor
Syntero
Intervention Specialist
General Education Teacher
Health Teacher

### **ALL STUDENTS**

Universal programming, gen ed setting

Safe and caring learning environments

PD for staff, families and community

Health course of study, PBIS, Hope Squad, Counselor Framework, Signs of Suicide, Panorama, Panorama Playbook

Community and parent partnerships

Substance use prevention

**Character Strong**