For Parents

# Meet the Counselor
# Mrs. Horton

## Who Am I:

👋 Hi! I'm Ms. Horton, the school counselor. I'm here to support students' social, emotional, and academic growth, and I believe every child deserves to feel safe, seen, and supported at school.

## 📌 When Might a Student See Me?

Students may talk with me if they:

- Are feeling sad, worried, or overwhelmed
- Need help with friendships or social situations
- Have a family change or are going through a hard time
- Want help solving problems or staying motivated

## 💬 What Do I Do?

I work with students through:

✓ Individual check-ins
✓ Small groups
✓ Whole-class lessons
✓ Crisis support & problem-solving
✓ Positive behavior and coping skills
✓ Building confidence, friendships, and focus

## 🎉 A Bit About Me:

🎓 Graduate of UNC Greensboro & NC A&T
🧠 Former school social worker
🎒 Target is my happy place
🍎 This will be my 5th year as a school counselor and my 8th year in education.

## 📍 How to Reach Me:

📞 336-370-8202
Email:
hortond2@gcsnc.com