The Puffins' Post

Friday 19th September 2025

Snapshots of the Week

This week in Year 1, we have been learning all about healthy diets. We have discussed what makes a balanced diet and have looked closely at the different food groups before designing our own balanced meal. We have also been looking at the past and things that have happened during our lives. We have created our own timelines to display our achievements and growth. As artists, we are beginning to create our own self portraits in the styles of Frida Kahlo.

Looking Ahead to Next Week

As scientists, we will be looking closely at what happens to our heart rate and our breathing when we exercise compared to when we are sitting still. As historians, we will be comparing life in the present to life in the past through different media. As artists, we will be continuing to develop our painting skills using different brush strokes to create depth and texture to our pieces. In English, we continue to follow our Drawing Club scheme of work and in Maths we will be looking at one more and one less.

Phonics Meeting – Tuesday 24th September 5:45pm.

Little Wandle Phonics

The graphemes we revised this week are:

igh, ee, oa, ng, ar, or

The Tricky Words we revised this week are:

- do
- so
- come
- some
- were

Reading books and diaries will be sent home next week.

How you can help your child at home

Playing turn-taking games is a great way to help your child understand the need to share and follow rules within a game. Simple board games like Snakes and Ladders or Connect Four are great! They also provide opportunities for your child to learn how to cope with winning and losing.

Practising getting changed is a fantastic way to increase your child's independence and self-care skills. Try and provide opportunities everyday for your child to practise this skill, such as putting on their coat and shoes.

Notices

Please ensure PE kits are labelled clearly with your child's name. PE days are Wednesdays and Fridays this term.