

AHS Freshmen Presentation: Graduation Requirements & Academic Planning



SHOW YOUR HORNET

*Classroom/
Smart Period*



P repared	• Be on time to class • Have required materials for class
R espectful	• Attend regularly • Respect school property and the property of others • Follow classroom rules and expectations
I nclusive	• Help others around you who need help or are confused • Respect each individual's differences
D edicated	• Stay on task • Finish work and assignments • Use gym equipment or classroom supplies appropriately
E ngaged	• Be an active participate in class • Listen to the teacher during instruction • Listen to peers during group work/activities • Take notes • Utilize SLANT daily

Objective

- To let 9th graders know about graduation requirements, post-secondary options and introduce 4-year Academic Plans.



Rationale

- To ensure that all freshmen understand the graduation requirements and how to prepare for four years of high school.



AHS Counselor Department



Ms. Jurkovich, Ms. Loy, Ms. Patil, Ms. Payumo,
Ms. Mendoza (Office Manager) & Mr. Poole



Counselor Assignments

Counselor	Caseload	
Ms. Loy	Gr 9	A - D
Mr. Poole	Gr 9	E - Ha
Ms. Jurkovich	Gr 9	He - Lew
Ms. Patil	Gr 9	Li – R
Ms. Payumo	Gr 9	S - Z

Graduation Requirements for the Class of 2029



**Credit
Requirements
220**

**Minimum
GPA of 1.75**

**Meet
Subject
Requirements**

**20 Hours of
Community
Service**

Credit Requirements for Graduation

English	40 Credits		Navigating Life	5 Credits
Social Studies	30 Credits		Ethnic Studies	5 Credits
Math	20 Credits		Visual Perf. Art / CTE	10 Credits
Science (Lab) ○ 1yr Bio. Life ○ 1 yr. Physical	20 Credits		World Language / CTE	10 Credits
Physical Education	20 Credits		Electives	60 Credits
			Total Credits Needed	220

How Are Credits Earned?

- 5 credits per class each semester only if you earn a passing grade of a D or higher! Credit is NOT earned if you receive a F.

Semester 1

(August – December)

- | | |
|------------------|---|
| • English | 5 |
| • Spanish | 5 |
| • Biology | 5 |
| • Math | 5 |
| • PE | 5 |
| • Ethnic Studies | 5 |

1st Semester = 30

Semester 2

(January – June)

- | | |
|-----------------|---|
| English | 5 |
| Spanish | 5 |
| Biology | 5 |
| Math | 5 |
| PE | 5 |
| Navigating Life | 5 |

2nd Semester = 30

= 60 Credits Per School Year!



Mock 9th Grade Transcript

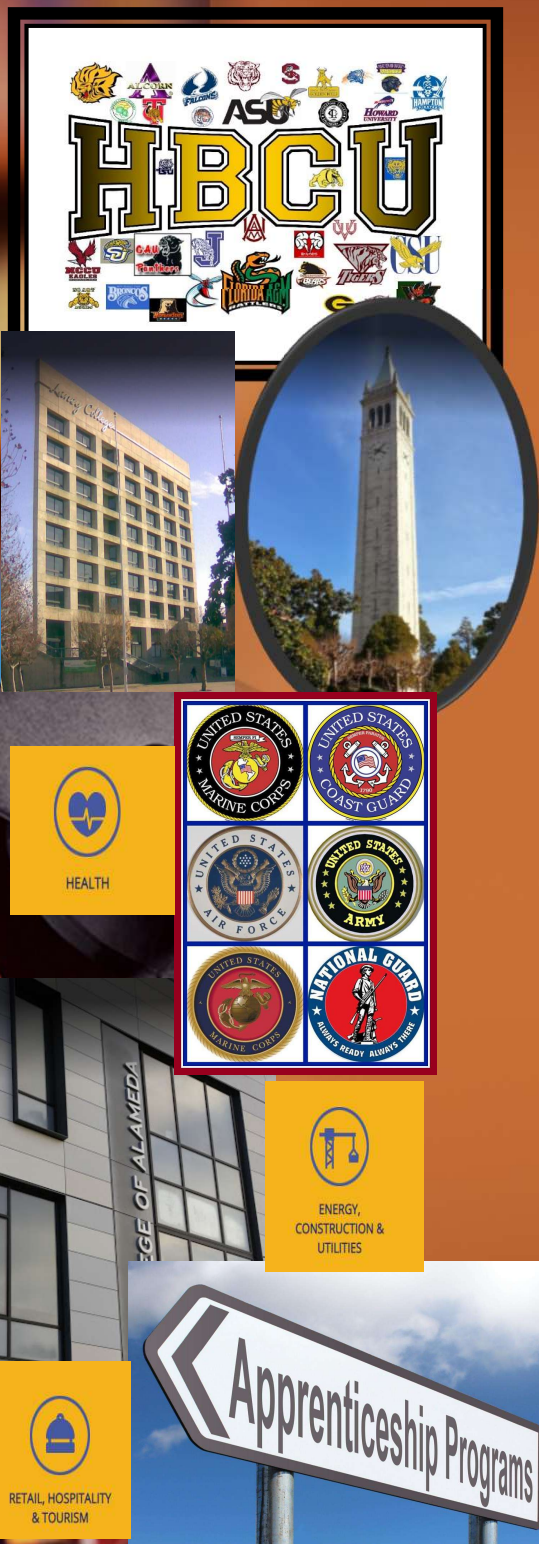
	Crs-ID	Course Title	Mark	Att/Comp
	Grade 9	1st Semester		
	Alameda	High School		
p	EECD	English 1P	F	5.00 0.00
p	FSCD	Spanish 1P	B	5.00 5.00
p	SJCI	IntroEthStud P	A	5.00 5.00
p	MICD	Integ. Math 1P	D	5.00 5.00
*	PZGD	Phys Ed 9	F	5.00 0.00
p	QBCI	Biology P	D	5.00 5.00
Credit Att: 30.0 Cmp: 20.0 TGPA: 1.5				
	Grade 9	2nd Semester		
	Alameda	High School		
p	EECD	English 1P	B	5.00 5.00
p	FSCD	Spanish 1P	A	5.00 5.00
p	DDGD	Navigating Life	A	5.00 5.00
p	MICD	Integ. Math 1P	C	5.00 5.00
*	PZGD	Phys Ed 9	D	5.00 5.00
p	QBCI	Biology P	F	5.00 0.00
Credit Att: 30.0 Cmp: 25.0 TGPA: 2.33				

	CREDIT SUMMARY		
Subject Area	Credit required	Comp	Needed
Navigating Life	5.00	5.00	0.00
English	40.00	5.00	35.00
Visual/PerfArt/CTE	10.00	0.00	10.00
World Lang/CTE	10.00	10.00	0.00
HS Algebra	10.00	10.00	0.00
Mathematics	10.00	0.00	10.00
Life Science	10.00	5.00	5.00
Physical Science	10.00	0.00	10.00
World History	10.00	0.00	10.00
US History	10.00	0.00	10.00
Government	5.00	0.00	5.00
Economics	5.00	0.00	5.00
Physical Education	20.00	5.00	15.00
Ethnic Studies	5.00	5.00	0.00
Electives	60.00	0.00	60.00
TOTALS	220.00	45.00	175.00

	Weighted	Non-Wgtd
Acad GPA (9-12)	2.20	2.20
Acad GPA (10-12)	0.00	0.00
Total GPA (9-12)	1.91	1.91

Post Secondary Plans

- 4-year college
- Community college options:
 - Transfer to a 4-year college
 - Complete an Associates degree in a Vocational program to prepare for the world of work.
- Military
- Apprenticeship programs
- Employment



**G) College Prep
Elective**

1 Year

A) History

2 years

B) English

4 Years

**F) Visual/
Performing
Art**

1 Year

UC/CSU A-G

**Minimum Course
Requirements
Grades of C or better
required.**

C) Math

**3 Years
(Alg. 1, Geom.,
Alg. 2 or
Int. Math 1 - 3)
4 Recommended**

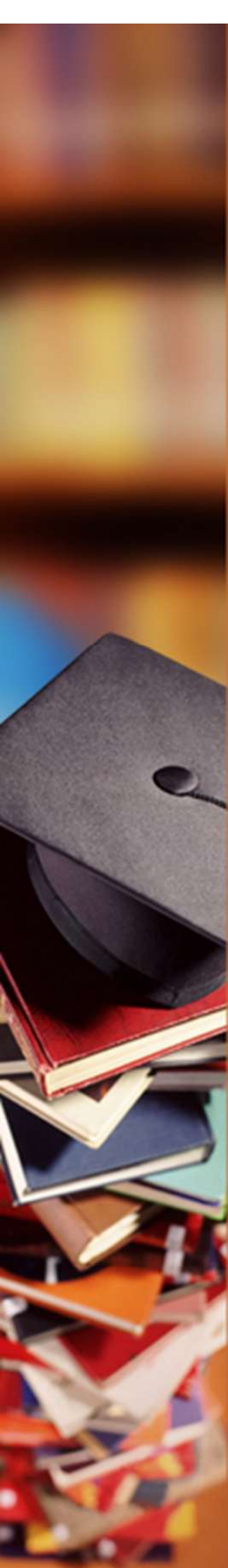
**E) Foreign
Language**

**2 Years
3 Recommended**

D) Science

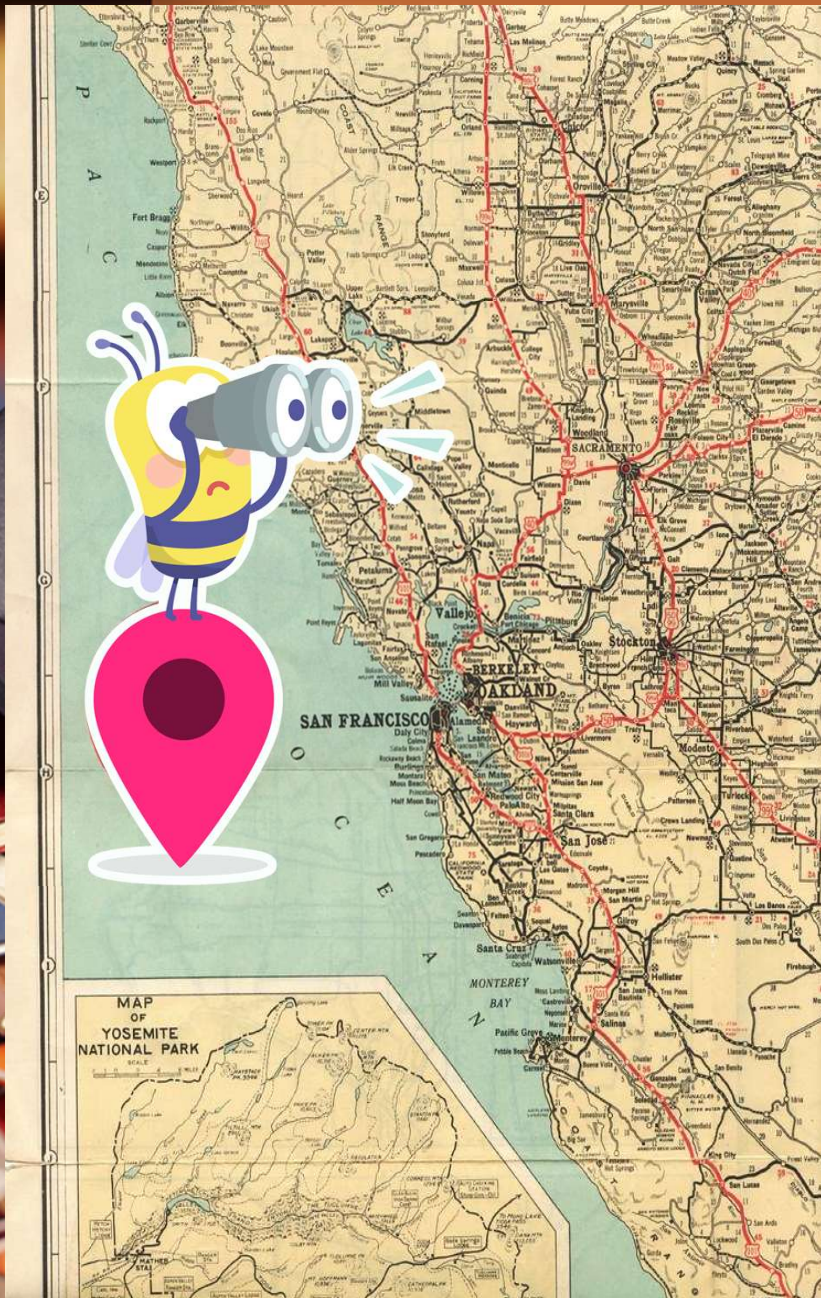
**2 Years Lab
Science
3 Recommended**





Academic 4-year Planning

Planning



- It is important to be **Prepared**.
- All students will create an Academic Plan in Aeries to help them map out their High School journey and prepare for their post-secondary goals.
- Once created, students will have the opportunity to update their plan each year during Course Selection.

Developing your 4-year Plan

- ❖ Students need to make sure that they take the classes required for graduation.
 - ❖ Students need to make sure they are meeting all the requirements necessary for their post-high school goals (e.g., meeting the A-G requirements for college admissions).
- AP/honors classes are advanced classes. Before signing up for an advanced class, make sure you understand the rigor and commitment you are making by choosing it. Students can take a maximum of 4 AP/honors classes each year.
- ❖ Students are allowed to take only 1 math class and 1 science class each year.



MATH SEQUENCE

- Students must select the correct math course in sequence

Class Completed

Enroll in:

Next Class

Integrated Math 1
(passed with a grade of C or higher)



Integrated Math 2
(required for 4-year college admissions)

Integrated Math 2
(passed with a grade of C or higher)



Integrated Math 3 or Advanced Integrated Math 3
(fast paced class recommended for strong math students who received B's or higher in both IM 1 and IM 2) or **IM 3/Precalculus Compacted** (A's in IM 1 & IM 2, placement test, spring & summer assignments)
(required for 4-year college admission)

Integrated Math 3 or Advanced Integrated Math 3 (passed with a grade of C or higher)



Precalculus or Honors Precalculus (rec. for students who received a C or higher in Advanced Integrated Math 3)
or
Statistics (11th-12th grade only)

Precalculus or PreCalculus HP or IM3/Precalc compacted or Statistics (passed with a grade of C or higher)



Calculus, AP Calculus AB, AP Statistics (11th-12th grade only) or AP Calculus BC upon completion of AP Calculus AB. See Course Catalog for prerequisite details

- Two years of PE are required for graduation.
- Options for the 2nd year of PE: PE, Dance, Jujitsu
- Students are encouraged to take their 2nd year of PE as sophomores
- A student may qualify for a PE Exemption for the 2nd year of PE based on successful participation on school sports teams.
- Completion of two seasons on a school athletic team will exemption one year of PE. One season will exempt one semester of PE.

COURSE CATALOG

ALAMEDA HIGH SCHOOL

Course Catalog 2025-2026

2200 Central Avenue, Alameda, California 94501 Telephone: (510) 337-7022

GENERAL INFORMATION: This catalog is a listing and description of possible courses offered at Alameda High School, a four-year comprehensive public high school serving students in grades nine through twelve in the Alameda Unified School District. Alameda High School is accredited by the Western Association of Schools and Colleges and recognized as a Blue Ribbon School by the U.S. Department of Education. The college preparatory program meets the requirements of all major universities and military academies in the United States.

NONDISCRIMINATION STATEMENT

The Alameda Unified School District (AUSD) is committed to ensuring equal, fair, and meaningful access to employment and education services. The AUSD does not discriminate in any employment practice, education program, or educational activity on the basis and/or association with a person or group with one or more of these actual or perceived characteristics of age, ancestry, color, disability, ethnicity, gender, gender identity or expression, genetic information, marital status, medical condition, national origin, political affiliation, pregnancy and related conditions, race, religion, retaliation, sex (including sexual harassment), sexual orientation, Vietnam Era Veterans' status, or any other basis prohibited by California state and federal nondiscrimination laws respectively.

TABLE OF CONTENTS

Administrative & Counseling Staff.....	1
AUSD Graduation Requirements.....	2
College Admissions Requirements.....	3
English.....	4
Mathematics.....	6
History/Social Science.....	8
Science.....	10
Visual Arts & Performing Arts.....	12
World Language.....	17
Physical Education.....	20
UC/CSU Electives.....	22
Other Electives.....	24
Career Technical Education.....	25

January 17, 2025

ADMINISTRATIVE & COUNSELING STAFF

Angela Barrett, Principal
Michael Lee, Assistant Principal
Allison Krasnow, Assistant Principal
Jacqueline Gerosolimo-Snowden, Dean

Kristen Jurkovich, Counselor
Janice Loy, Counselor
Sayalee Patil, Counselor
Monica Ann Payumo, Counselor
Izelle Poole, Counselor
Kat Mendoza – Counseling Office Manager

COURSE DESIGNATORS

At the request of the University of California State University systems, the designator "P" is used to identify college preparatory classes (e.g., English 3P). "HP" is used to identify Honors classes (e.g., Pre-Calculus HP) and "AP" is used to identify Advanced Placement classes.

HOMEWORK POLICY

Each teacher will present a classroom management policy at the beginning of the semester that will explain the student homework requirement, the grading policy, and class rules.

STUDENT CLASS STANDING

Grade Level	Required Credits
Freshman (9 th grade)	0 - 55
Sophomore (10 th grade)	56 - 110
Junior (11 th grade)	111 - 170
Senior (12 th grade)	171 - 220

Students earn credits by earning grades of "D" or higher in their classes at the semester. For each class passed, five (5) credits will be issued per semester for a total of ten (10) credits per class per year. Unless otherwise noted in the course catalog descriptions, a student can only earn a maximum of ten (10) credits per course. If a student chooses to repeat a class for which he/she has already earned a passing grade and credits, the previously earned credits will be removed from the student's credit total and potentially create credit deficiencies toward graduation. Students should consult with their counselor prior to repeating a course.

- Refer to the AHS Course Catalog for details and questions about classes.
- The Catalog is available on the website under "Students".



The screenshot shows the Alameda High School website. At the top is the Alameda High School logo featuring a hornet and the text "ALAMEDA HIGH SCHOOL" and "HOME OF THE HORNETS". Below the logo is a navigation bar with four tabs: "OUR SCHOOL", "ACADEMICS", "STUDENTS", and "FAMILIES". The "STUDENTS" tab is highlighted with a red arrow pointing down to it. Below the navigation bar, there is a section with a photo of two students and a yellow star icon. To the right of the photo, the text reads "AHS Buzz (Student Broadcast)" and "AHS Course Catalog & Selection".

Sophomore Course Requirements

Sophomores are required to take 6 classes.

1. English 2
2. World History– Choose between MW History P or AP World History
3. Math
4. PE or Elective
5. Science or Elective
6. Foreign Language or Elective



Junior Course Requirements

Juniors are required to take 6 classes.

1. English 3 – Choose between English 3 P and AP English 3
2. US History– Choose between US History P or AP US History or AP African American Studies
3. Math or Elective
4. Science or Elective
5. Elective
6. Elective



Senior Course Requirements

Seniors are required to take a minimum of 5 classes. Students may only have a free period if they will have a minimum of 180 by the end of your junior year.

1. English: Choose between English 4 P & AP English 4
2. Government (semester) + Economics (semester) or AP Government (semester) + Economics (semester).
3. Elective
4. Elective
5. Elective
6. Elective or free period



A cartoon bee with a yellow body, black stripes, and a friendly face is holding a white sign with a black border. The sign says "Hornet Pride!" in a bold, black, sans-serif font. The bee has two antennae and is positioned in the upper left corner of the slide.

**Hornet
Pride!**

REMINDERS

- 
- A stack of several books in various colors (red, blue, yellow, green) is shown on the left side of the slide. A black graduation cap is placed on top of the books. The stack is slightly messy, with some papers and book edges visible.
- Create your Academic Plan with care. Make sure you have chosen classes that will meet your requirements for graduation and your post-secondary plans.
 - Aim for a balanced 4-year plan where you meet all requirements plus have time to enjoy your non-academic related interests.
 - Make sure you have met all prerequisites as listed in the Catalog.
 - Make sure you understand what category each of your classes is counting for towards graduation purposes as listed in the Catalog.
 - **The Plan you are creating is a plan. Adding a class to your Plan does not guarantee that you will get into that class in the future.**

Creating your own 4-year Plan



Step 1.

- . Complete your 4-year plan worksheet

Subjects	Grade 9	Grade 10	Grade 11	Grade 12	High School Graduation Requirements <u>D's or higher</u>	4 Year College A-G Admissions Requirements <u>C's or higher</u>
Navigating Life/Adulting(semester)	Navigating Life				1 Semester = 5 credits	No Requirement
English	English 1	English 2	English 3 Or AP	English 4 Or AP	4 years = 40 credits	4 years
Foreign Language *					* Choose 2 out of 3 areas and complete one year in each subject. = 20 credits	2 years required. 3 years rec.
Visual and Performing Art *						1 year
Career Technical *						No Requirement
Math	Class Name: _____	Class Name: _____			2 years = 20 credits Algebra required	IM 1, IM 2, & IM 3 required. 4 years recommended.
PE	PE 9				2 yrs. = 20 cr.	No Requirement
Science	Biology				Biology = 10 cr. Physical = 10 cr.	2 years Lab Science required. 3 years rec.
History		MW History or AP	US History or AP or AP African American Studies	Govt & Econ or AP Govt & Econ	World Hist. = 10 U.S History = 10 Govt./Econ. = 10	2 years World History, U.S. History
Ethnic Studies (semester)	Ethnic Studies				1 semester = 5 credits	No Requirement
Elective Choices					60 Credits	1 year College Prep. Elective

Creating your own 4-year Plan



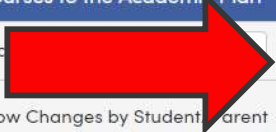
Step 2.

- In Aeries, go to Classes and select Academic Plan
- Your 9th grade classes are already entered so you just need to plan for 10-12th grades.

[illegible]

How to Add a Class

Add Courses to the Academic Plan Show Legend

Subject:  Course: None Add To Plan Add Course Set By: Multi-Year Grade Status:

☒ Show Changes by Student/Parent ☐ Select All Changes ☐ Show all grade levels Reject the Selected Changes Accept all Changes Send Parent Approval Request

High School Graduation View UC College Requirements View CSU College Requirements View

Subject Area	Credits Needed	9th Grade					10th Grade					11th Grade					12th Grade				
		Semester1		Semester2		Summer	Semester1		Semester2		Summer	Semester1		Semester2		Summer	Semester1		Semester2		Summer
		Qtr 1	Qtr 2	Qtr 3	Qtr 4		Qtr 1	Qtr 2	Qtr 3	Qtr 4		Qtr 1	Qtr 2	Qtr 3	Qtr 4		Qtr 1	Qtr 2	Qtr 3	Qtr 4	
A-Navigating Life	0/5	Navigating Life (DDGD)																			
B-English	0/40	English 1P (EECD)		English 1P (EECD)			English 2P (EECE)					English 3P (EECF)					English 4P (EECG)				

Add Courses to the Academic Plan

Subject: All Course: None Add To Plan Add Course Set By:

☒ Show Changes by Student/Parent

High School Graduation View UC College Requirements View CSU College Requirements View

lagd

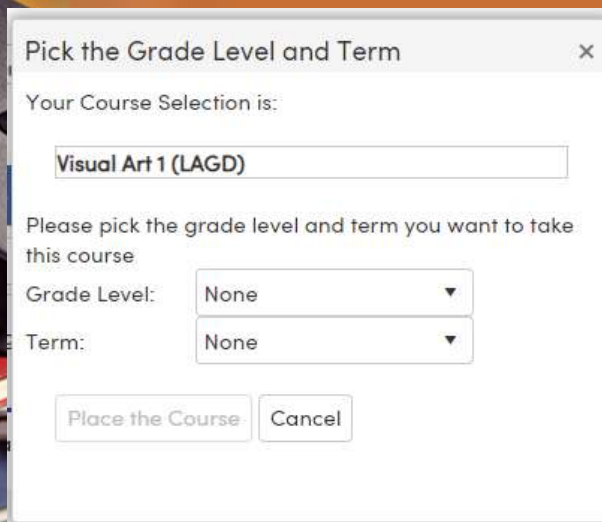
None

Visual Art 1 (LAGD)

UC: Visual and Perf Arts CSU: Visual and Perf Arts

1. Type in the code for the class you would like to add.
2. Select the class.
3. Click on the "Add to Plan" button

1. After you choose “add” you get this screen



Pick the Grade Level and Term x

Your Course Selection is:

Visual Art 1 (LAGD)

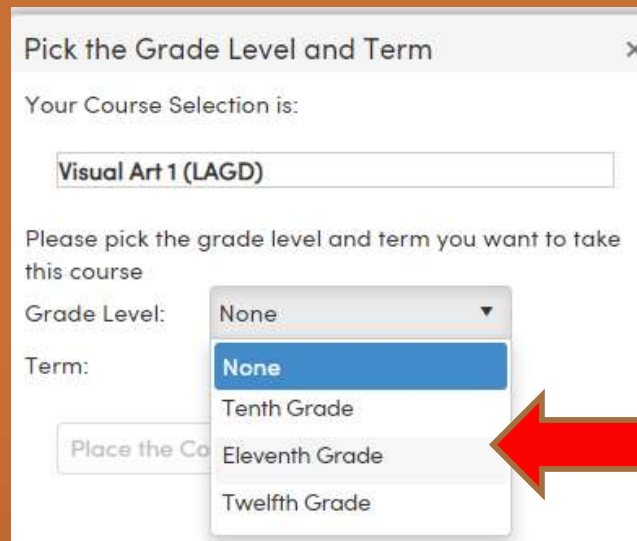
Please pick the grade level and term you want to take this course

Grade Level: None ▼

Term: None ▼

Place the Course Cancel

2. Choose what grade level you want to take the class.



Pick the Grade Level and Term x

Your Course Selection is:

Visual Art 1 (LAGD)

Please pick the grade level and term you want to take this course

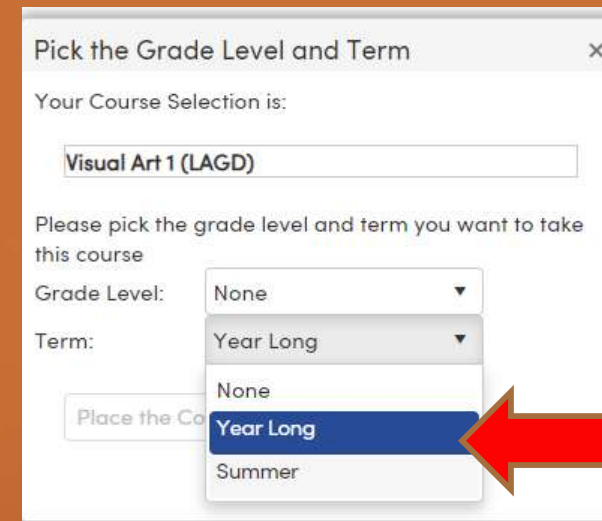
Grade Level: None ▼

Term: None ▼

Place the Co

None
Tenth Grade
Eleventh Grade
Twelfth Grade

3. Choose “Year Long” for the term



Pick the Grade Level and Term x

Your Course Selection is:

Visual Art 1 (LAGD)

Please pick the grade level and term you want to take this course

Grade Level: None ▼

Term: None ▼

Place the Co

None
Year Long
Summer

Do NOT Choose Summer for the Term!



Status : Pending Submission

▼

Submit My Plan For Counselor Review

7. If you make a mistake or want to change a class that has been pre-populated, use the trashcan to delete the class.



Reminder: Do NOT choose
SUMMER for the term!



Creating your own 4-year Plan



- Follow the printed instructions if you need more detailed support.
- Your 4-year plan must be in entered in Aeries by **October 31**.
- You will have the opportunity to update your 4-year plan again during Course Selection.