



## Earn rewards for taking care of your health

Get support and motivation for you and your family to live healthier with My Rewards. As a HealthPartners member, you can earn rewards for completing simple activities.

### All the perks, all in one place

Healthy habits and getting the most out of your plan aren't the only perks that come with My Rewards. For completing activities, you can **earn up to \$245 on a reloadable reward card** to spend however you want. My Rewards is included in your health plan at no additional cost. So get in on an experience that's designed to inspire and reward a healthier you.

### Activities and rewards that work for you

My Rewards is designed to meet you where you're at in your health journey. Activities with rewards available are:

#### Get to know your online account

Make sure your account information is up to date, go paperless, and visit our new medical cost estimator tool.

#### Understand your plan

See what your health plan has to offer by completing tasks designed to help you better manage costs and get the most out of your health insurance.

#### Take charge of your preventive care

Ensure you get essential screenings and care that puts your long-term health first when you take advantage of preventive care.

### Manage your medications

Connect with a clinical pharmacist who will work closely with your doctors to make sure your prescriptions are working together as they should.

### Support your mental health

Mental health is just as important as physical health. Review our mental health hub, find resources to support you and your family, and help us identify what's working and areas of improvement.

### Live your best life with Living Well

Complete your health assessment and activities for better physical and mental well-being.

### Start earning today

No more searching around for your plan incentives. My Rewards has everything in one easy-to-find place. Sign in to your account at **healthpartners.com** and click on the trophy icon at the top of the page to access My Rewards. Check back regularly to see if new rewards are available!