

PHMS Mental Health Resource Map



Service Provider	Service Overview	Sites	Tier	Student Criteria
INTERNAL RESOURCES				
PHMS Teaching Staff & Peer Volunteers	Peer Mentoring Peer engagement to address social, emotional, and academic needs; improve mental health wellness, problem solving skills, and support students in learning conflict resolution strategies	PHMS	2	Student self-referral, staff referral
PHMS Teaching & Counseling Staff	Check in/Check out Staff mentoring for social skill building, academic support, and to foster positive staff/student connections. Goals address: anxiety; social skills; and academic needs.	PHMS	2	Staff referral based on academic achievement and social/behavioral challenges
School-Counselors	Lunch bunch Student isolation prevention, addressing goals related to social skills and relationship building, depression, anxiety, social phobia, character development, other mental health concerns.	PHMS	2	Staff identification and referral, counseling staff referral
School Counselors	Individual counseling	PHMS	2 & 3	Counseling referral, I&RS referral
MHAC Counselor	Small Group (on-site) Goals address: social, emotional and academic needs; improved mental health wellness; and overall all wellbeing	PHMS	2	Counseling staff referral
BCBA (Board Certified Behavior Analyst)	Behavioral Assessments BCBA develops behavioral plans and provides guidance to teachers to address challenging behaviors. Helps students strengthen self-awareness by implementing problem solving skills.	PHMS	3	I&RS referral, Administration referral,
MHAC Counselor	Individual counseling, treatment planning	PHMS	3	I&RS referral, crisis response

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SAC Counselor	SAC Assessment Helps identify substance abuse and related problems for supports and services	PHMS	3	Staff referral, administration referral
Teaching Staff	Project Success/RISE	PHMS	2 & 3	I&RS Referral
EXTERNAL RESOURCES				
Navigate 360	Positive Behavior/SEL Learning Goals: behavior improvement; OCR reduction; positive behavior promotion; developing community	PHMS	1,2	School-wide PBIS rewards, Tier 2 infraction (detention/AIR)
Care Solace	Referral Goals: improving health (mental, physical needs); assessing community needs	Community Off-Site	3	Counseling staff referral, student/parent request
NJ4S, Alcove, CCYD	Small Group (community) Goals: social, emotional and academic needs; improving mental health wellness; addressing grief & loss	PHMS and Community Off-Site	3	Counseling referral

For more information please contact your student's school counselor.

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