RURAL AREA MENTAL HEALTH PROFESSIONAL ENHANCEMENT AND DEVELOPMENT

RAMPED

June 2023 - Vol. 1

RAMPED Goals & Objectives

Goal 1: Increase the Number of School Mental Health Providers

Goal 2: Improve the School Climate on Each RAMPED Program Campus

Goal 3: Improve Parental Involvement

Goal 4: Increase Student Academic Achievement

RAMPED funding is made available through the U.S. Department of Education's Mental Health Service Professional Demonstration Grant.

The RAMPED program, through strategic planning and coordinated efforts is designed to make school mental health providers accessible to students and staff across five districts and twelve campuses. The RAMPED team is comprised of trained school educator mental health professionals who have partnered to train, mentor, and supervise school-based mental health services providers from various universities to expand the number of these professionals available to address the shortages of school-based mental health services providers in high-need schools in rural and low-income school districts.

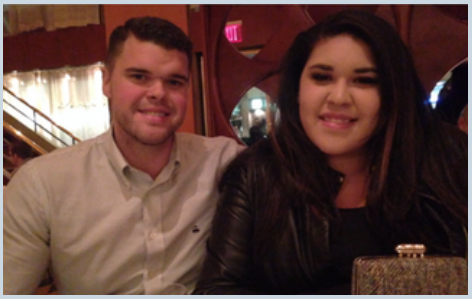
The RAMPED program has a robust management plan that includes the mechanisms necessary to ensure high-quality products and services are provided. Through this unique experience, the RAMPED program will provide increased access to school mental health services for 2,806 students and families across the five districts, therefore limiting or removing potential health disparities and barriers to quality mental health and wellness.

RAMPED I.S.D. PARTNERS

Karnes City **Kenedy** **Pawnee** **Pettus** **Runge**

Meet Your RAMPED Team:

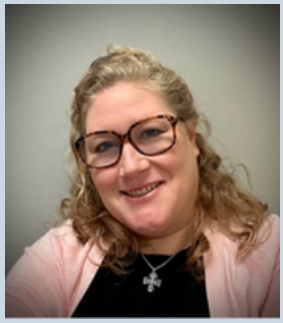
Grant Project Director - Dr. Yvette Buehring Ed. D



My journey servicing young learners began 34 years ago, first as an enthusiastic teacher, then as an enthusiastic administrator. My first assignment was teaching science at McCollum HS in San Antonio, then a year at Kenedy HS, then 20 years at Karnes City HS. My husband Jerry and I proudly raised two phenomenal kids in Karnes City. Weston, our Aggie, graduates from medical school in New York in May, pursuing a Texas residency in Orthopedic Surgery. Tara, our LONGHORN, is an Epidemiologist in Los Angeles where she and her husband Joey live.

I am very grateful to the programs and rural community that helped raise my two children decades ago when times were simpler and less difficult for young people to navigate. I am truly blessed as RAMPED Director to have the opportunity to assist our Superintendents with providing students with much needed support through more mental health services.

Social Worker Supervisor - Frances Ehrlich



Hi there! I'm the Social Work Supervisor with the RAMPED Program. I received my bachelor's and master's degrees in social work from Texas State University, and I'm a Licensed Master Social Worker with over 25 years of experience working with at-risk populations through grant-funded programs. I started in case management in non-profit organizations and later transitioned to education. For 16 1/2 years, I worked in afterschool programs both locally and statewide. Now, I'm excited to be back at Karnes City ISD to join the RAMPED grant. I've lived in Karnes County since 1998, and I'm a proud mom of two boys and a coach's wife. My goal is to help our communities and improve access to mental health services in education.

Counselor Supervisor - Patricia Huber

I come to the RAMPED team with a Master's of Education in School Counseling and 26 years of experience at Goliad ISD serving in many capacities such as a teacher/coach, middle school counselor, high school counselor, assistant principal, principal, and HR Director. My husband Brandon and I, have 4 children, all of which are pursing their goals and ambitions. Raising children requires a community of invested people and we certainly could not have done it without the guidance and help of so many.

My passion in education has always been to support students as they grow and develop into who they want to become while recognizing and realizing their optimum potential. Growing up can be challenging today and I am thankful to be part of the RAMPED team to assist current and future school counselors be of service to our youth through mental health services.

Administrator Assistant - April Peralta

Hi, my name is April Peralta, and I am currently the Administrative Assistant for the RAMPED Grant. I was born in Houston, and raised in Huntsville, Texas. I am married and have three children. My daughter Courtney is the oldest, a college graduate, she is married and has three handsome boys, Kason 2, Easton 6, and Jaxon 10. My son Jacob is currently attending UT Health Science Center in San Antonio majoring in Nursing. The youngest, Sophia is going to be 7 in July and will be in the second grade. My husband, Manuel Peralta is a retired prison warden and currently a teacher/adjunct instructor for KCHS and Coastal Bend College. He teaches Criminal Justice and Spanish. He is also an assistant coach for the Varsity Football, Basketball and Softball teams. When I am not working, you can usually find me at a Karnes City athletic event!

Psychologist Supervisor

We are currently searching for our RAMPED Psychologist Supervisor

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UNIVERSITY PARTNERS

RAMPED is proud to collaborate with Institutions of Higher Education such as The University of Texas at San Antonio, Our Lady of the Lake University, Texas A&M-San Antonio, and Lamar University to help us meet our goals and objectives by providing a residency experience unlike any other. Efforts are currently being executed to add more partners to the RAMPED program.

DEMONSTRATION SERVICES

- CRISIS INTERVENTION
- BEHAVIOR MANAGEMENT
- SCHOOL CONNECTEDNESS
- COMMUNITY OUTREACH
- ACADEMIC ADVISING & POST SECONDARY READINESS
- DAEP TRANSITION SUPPORT
- ATTENDANCE CONCERNS
- FAMILY ENGAGEMENT
- ADDITIONAL SERVICES AS DEEMED NECESSARY

THE FIVE DISTINCT PHASES OF THE RAMPED PROGRAM

(1) Filling the Gap - Involves recruiting school mental health professionals seeking to complete their fieldwork in a RAMPED school.

(2) Growing Your Own - Will open the RAMPED program to local area school staff who wish to re-specialize by securing a credential as a school mental health professional.

(3) Community Re-Specialization - RAMPED will accept referrals from community members willing to re-specialize and obtain a school mental health credential.

(4) Building Capacity - Ensuring school mental health professionals are always available in the community to fill open positions.

(5) Sustaining the Program - Results of the RAMPED program's rigorous evaluation will be utilized to help secure local and state funding to sustain those components of the program that are deemed effective.

Rural Area Mental Health
RAMPED
Professional Enhancement and Development